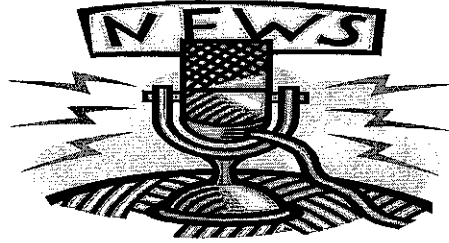


**TOWN OF MOUNT PLEASANT**  
**Recreation & Parks Department**  
**742-2310**

# **SENIOR**



# **FLASH**

**Upcoming Events**

**MAY 2018**



All residents of the Unincorporated Town of Mt. Pleasant who are at least 55 years old are eligible to participate in senior citizen trips. This monthly flyer detailing upcoming senior activities is available on the first workday of each month at the Recreation Department.

**IF YOU HAVE ANY QUESTIONS,  
PLEASE CALL:**

**SENIOR CLUBS: 742-2310**

Please call this number for Senior bus pick up, for Club meetings, Senior exercise class, and Senior registration questions.

**NUTRITION: 592-6441**

Please call this number for information on Home Delivered Meals, Lunch Bunch, Bradhurst Senior Day Center, Health and Support Services and Pick up for Tuesdays shopping trips.

**REGISTRATION POLICY**

*REGISTRATION IS ONGOING FOR ACTIVITIES LISTED IN THIS FLYER*

**Please make checks payable to:  
Town of Mt. Pleasant**

**The Mount Pleasant Public Library**

offers a Special Home Delivery Service for homebound patrons of the Town of Mount Pleasant and the Village of Pleasantville. contact Martha Mesiti 914-769-0548 ext. 211, or at [reference@mountpleasantlibrary.org](mailto:reference@mountpleasantlibrary.org)

**SENIOR CLUB MEETING SCHEDULE**

ALL MEETINGS ARE HELD AT THE COMMUNITY CENTER FROM 12:00 NOON TO 2:30 P.M.

Club meetings include crafts, cards, and bingo. Coffee, Tea, and Refreshments are available.

**Thornwood Neighborhood Group**

Mondays, May 7, 14, and 21. No Meeting on May 28, 2018 – Memorial Day  
From 12:00 p.m. to 2:30 p.m.  
Group President – Tony Sardanelli  
914-769-6167

**Pleasant Seniors of Mt. Pleasant**

Thursdays, May 3, 10, 17, 24 and 31.  
From 12:00 p.m. to 2:30 p.m.

**FOR QUESTIONS REGARDING SENIOR PROGRAMS,  
PLEASE CALL**

Jim Martorano 914-742-2380  
Or Email at  
[JMartorano@MtPleasantNY.com](mailto:JMartorano@MtPleasantNY.com)

**EXERCISE PROGRAMS**

The exercise programs listed below are available to Town Residents 55 years old and above. You may join these programs at any time throughout the year. **They are "Pay as you participate" programs. Sneakers are required to participate in all exercise programs.**

**SENIORCIZE STRENGTHEN & TONE WITH  
LAURA SANTUCCI, MONDAYS,  
10:00-10:45 A.M.**

This program is designed to help you maintain muscle strength, balance, and flexibility. Exercises are done by the chair and the class includes a stretching segment in order to achieve a total body workout. Weights are optional but preferred. **\$3.00 FEE**  
**NO CLASS MAY 28, 2018**

**TAI CHI CLASS,  
MONDAYS, 11:00 A.M.-12:00 P.M.**

This is a Chinese system of slow and graceful movements that improve health and well-being. Tai Chi reduces stress, anxiety and improves balance. Anyone can take this class. **\$3.00 FEE**  
**NO CLASS ON MAY 28, 2018**

**QI GONG FOR HEALTHY AGING WITH NANCY  
TUESDAYS, 10:45-11:30 A.M. \$3.00 FEE**

A modified fitness class for older adults and it can be practiced sitting or standing. Qi Gong consists of three components: slow breathing, gentle stretching movements, and mind full meditation. It is relaxing yet energizing. Anyone can take this class!  
**No Class May 1, 2018.**

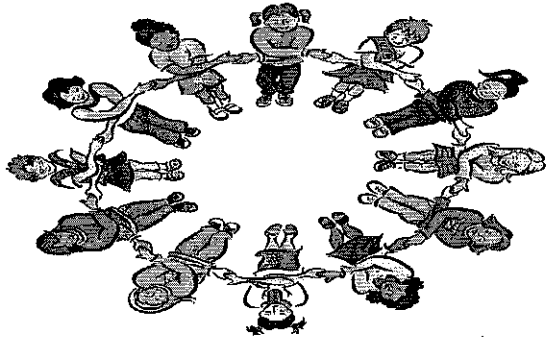
**FIT & FLEX WITH CAROL MIGLIORELLI  
ISCA/Promise Certified Instructor-TUESDAYS,  
12:30- 1:15 P.M.**

One of the most helpful things you can do for your arthritis is to exercise wisely. A proper balance of exercise can help relieve stiffness and maintain or improve your joint mobility and muscle strength.  
**\$3.00 FEE**

**LINE DANCE WITH CAMERON KELLY  
WEDNESDAYS, 11:05-11:50 A.M.**

This program combines music and Line Dance in order to create an atmosphere of fun as well as a great workout. Get your dancing shoes on and get ready to rock and roll!  
**\$3.00 FEE**

## SENIOR EXERCISE CONTINUED



### SENIORCIZE WITH STACEY CRISTIANO THURSDAYS, 11:00-11:45 A.M \$3.00 FEE

A safe and enjoyable program of movement and stretching designed for the mature adult. Stay in shape as you limber up, exercise and dance to great music. Simple routines and an occasional line dance add to the fun! This is not an "aerobic" program. Please bring 3-5 lbs. weights.

**\*\*\*NEW CLASS\*\*\* STARTS MAY 24, 2018**

### ZUMBA GOLD, THURSDAYS, 12 – 1:00 P.M.

Designed for older active adults and those who are just starting a fitness program, Zumba Gold® combines Latin and international dance rhythms such as salsa, merengue, tango, and cha-cha into an energizing cardio workout. It is a safe and effective total body workout that feels more like a dance party. Movements will be modified to accommodate physical limitations, and those who wish to participate by sitting in chairs for some or all of the class are welcome to do so. Please wear comfortable

### DELUXE STRENGTH & TONE WITH STACEY CRISTIANO FRIDAYS, 10:15-11:00 A.M. \$3.00 FEE

A combination of strength and stretch class done on a floor mat. This class is designed to increase joint mobility, muscle flexibility and strengthen the abdominal area. This class ends with a refreshing, relaxing total body stretch that includes spine strengthening and range of motion moves that are excellent for arthritis and osteoporosis. An exercise mat is required for this class.

### STAY STRONG AND FIT WITH KAREN KIM FRIDAYS, 11:15 A.M.–12:15 P.M. - \$3.00 FEE

Strong and Fit is back by popular demand. Exercise to improve balance, agility, cardiovascular endurance, flexibility, and strength.

## SENIOR PROGRAMS

### "TIPS" ON THURSDAYS

11:00 A.M. to 1:00 P.M.

Have your vital signs checked twice a week by a trained technician? Comprehensive needs assessment services will be available for participants. This is a free service provided by Westchester County and Pace University. Call the Recreation Dept. for more information 914-742-2310.

### 50<sup>th</sup> ANNUAL SALUTE TO SENIORS WEDNESDAY, MAY 2, 2018 AT WESTCHESTER COUNTY CENTER

Time: 9:30am to 2:30 pm

Spend the day enjoying fantastic entertainment, Health Screenings, Expos Discoveries and much more. See enclosed flyer.

### MT. PLEASANT TOWN POOL REGISTRATION

Enjoy the town pool this summer. We are currently accepting Registration at the Recreation Office. Discounted Rates for Senior Town Residents will be \$83.00 and Senior Village Residents will be \$112.00. Please bring two proofs of residency. Higher rates will be in effect on June 2, 2018.

**POOL SEASON – MAY 26, 2018 thru SEPTEMBER 3, 2018**

Come and try out the Mt. Pleasant Pool free on the Memorial Day Weekend with special hours 10:00 a.m. to 6:00 p.m.

Bring your towel, bathing suit and proof of residence on Memorial Day. Once you see the pool, we are confident that you will join.

### THORNWOOD NEIGHBORHOOD GROUP MONDAY, MAY 14, 2018

Come join us for a Mother's Day celebrations of Meatball wedges, salad, raffle and prizes. (Some dues are still out there, we are trying to close the books for 2018.)

**FEE: \$5.00 for members**

**Late comers Fee: \$8.00**

**(Do not be a late comer)**

New Members always welcomed.

### BOOK CLUB,

The next meeting is scheduled for,  
**TUESDAY, May 22, 2018.**

**Community Center Rec. Rm. 12:00-1:00 P.M.**  
Pre-registration is not required. New members  
always welcome. Call the Recreation Dept. for  
further details at 914-742-2310.

### FOXWOODS CASINO

**TUESDAY, MAY 15, 2018**

Join us for the day at Foxwoods Casino.  
You will receive a Keno play voucher  
and a meal voucher.

**Fee: \$25 per person Activity #914004F**

**Depart Community Center at 8:15 A.M. Return  
Community Center at 6:30 P.M.**

**Activity # 914004F**



### "NAME THAT TUNE" WITH JOHN CARUSO

**WEDNESDAY, MAY 23, 2018**

Are you ready to have some fun?

**Name That Tune** is an American television game  
show that put two contestants against each other  
to test their knowledge of songs.

Come and test your knowledge and play  
**NAME THAT TUNE** with Johnny C.

OEA will serve lunch noon, and

**Name That Tune** will immediately follow.

### NEW YORK BOTANICAL GARDENS

**TUESDAY, MAY 29, 2018**

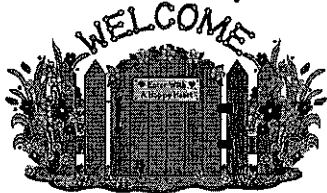
**Leaving 9 am – return at 5 pm**

Come enjoy the Tram-Car Tour, a relaxing and  
informative way to see the renowned gardens and  
architecture of NYBG. Highlights include dramatic  
rock outcroppings, a river and waterfall, ponds,  
and rolling hills.

If you would like to explore more, you will have full  
access pass to the gardens for the remainder of  
the day after the tram-car tour.

**Leave the Com. Ctr. at 9 am – return at 5 pm**

**Cost - \$65.00 Activity #914004Q**



### DANBURY MALL/CHRISTMAS TREE SHOP

**SATURDAY, JUNE 2, 2018**

Do you want to spend the day shopping?

Come to the Community Center at 10:00 am and  
John Caruso will drive you to Danbury Mall and the  
Christmas Tree Shop. You will return to the  
Community Center at 3:00 pm.

Limited spots available



### WESTCHESTER COUNTY MOBILE PASSPORT COMES TO THE COMMUNITY CENTER

**TUESDAY, JUNE 5, 2018**

Getting a U.S. Passport just got easier.

Westchester County Clerk Timothy Idoni's  
Community Outreach Staff will take your photo  
and process your application when they come to  
visit the Mt. Pleasant Community Center from  
11:00 am to 2:00 pm. See the enclosed flyer for  
further details.

**Get Pre-register forms from Jim.**



### PLEASANT SENIORS

**47<sup>th</sup> ANNIVERSARY LUNCHEON**

**THURSDAY, JUNE 7, 2018**

Come Celebrate with us at Stone Manor 101 in  
Hawthorne for our 47<sup>th</sup> Anniversary Luncheon.

Advanced reservations are necessary.

Reservations will be held at club meetings by the  
Entertainment Committee (Camille Camarda,  
Marion Sheenan and Elaine Russell) on  
Thursday, MAY 10, 17, and 24, 2018.

**Cost: \$20.00 per person for members**

**\$35.00 per person for non-members**

**Van Service available**

### AARP DEFENSIVE DRIVING

**JUNE 20<sup>TH</sup> AND 22<sup>TH</sup>, 2018**

**9:00 A.M. TO 1:00 P.M.**

Participants must attend both days.

Fee: \$20.00 AARP Members

\$25.00 Non-Members

Please make checks out to "AARP"

**Call 742-2310 to sign-up – Space is limited**

## ATLANTIC CITY

TUESDAY, JUNE 19, 2018

Spend the day walking the Famous Atlantic City Boardwalk or you can shop the outlets or just try your luck in the Casinos. This is a perfect time of year to be in Atlantic City, so get your friends together and make some memories.

**Leave Community Center at 8:00 am and return at 8:00 pm.**

**Fee: 30.00**

**Activity #914004G**

## ACE IN THE HOLE

"THE FABULOUS TOMMY WALKER"

WEDNESDAY, JUNE 27, 2018

Tommy Walker pays tribute to the greatest singer of all time such as Elvis Presley and Frank Sinatra. This is wonderful afternoon enjoying great food with two free beverages and entertainment. So don't miss out.

**Leave Community Center at 9:30 am and return at 5:30 pm.**

**Fee: \$75.00 Activity # 914004H**

## ESSEX STEAM TRAIN AND RIVERBOAT

TUESDAY, JULY 24, 2018

We are happy to be offering this memorable day on the rails and water. This special lunch excursion includes a three-course meal on a 1920s-era luxury dining car, followed by a 1 ½ hour cruise aboard the Mississippi-styled Becky Thatcher riverboat.

**Leave Community Center at 9:00 am**

**Return at 5:30 pm**

**Fee: \$74.00 Activity #914004R**

## SANDS CASINO

TUESDAY, AUGUST 21, 2018

Try your luck at Sands Casino in Bethlehem, PA.

**Fee: \$25 per person Activity #914004J**

**Depart Community Center at 8:15 A.M. Return Community Center at 6:30 P.M**

JIM PASSABET 3<sup>rd</sup> ANNUAL APPLE ORCHARD & WINERY TRIP-TUESDAY, SEPTEMBER 10, 2018

Visit the Weed Orchards & Winery in Marlboro, NY. Save the date - more information will follow.

Activity #914004K



## RESORTS WORLD CASINO

TUESDAY, SEPTEMBER 18, 2018

Nestled among the beauty of the Catskill Mountains, Resorts World Catskills Casino Resort offers an unmatched experience in excitement, entertainment, and luxury.

**Fee: \$25 per person Activity #914004F**

**Depart Community Center at 9:00 A.M.**

**Return Community Center at 6:30 P.M.**

**Activity # 914004L**

## SHRED MOBILE WILL BE AT THE

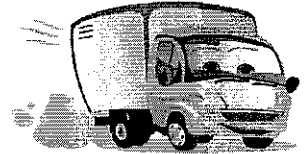
COMMUNITY CENTER from 9:00 am to 12:00

OCTOBER 11, 2018

Residents can bring up to four file-sized (10"x12"x15") boxes of confidential papers per household. Please remove all large binder clips and covers.

Place all material to be shredded in your trunk and drive up to the shred mobile.

For questions about recycling, call (914) 813-5425, Recycling Helpline.



## **UPCOMING EVENTS**

MAY 15, 2018 – FOXWOODS

MAY 29, 2018 – NY BOTANICAL GARDEN

JUNE 2, 2018 – SHOPPING TRIP TO DANBURY MALL

JUNE 5, 2018 – MOBILE PASSPORT

JUNE 7, 2018 – PLEASANT SENIOR LUNCHEON

JUNE 19, 2018 – ATLANTIC CITY

JULY 17, 2018 MOHEGAN SUN

JULY 24, 2018 – STEAM TRAIN /RIVERBOAT

AUGUST 21, 2018 – SANDS

SEPTEMBER 10, 2018 – JAMES PASSABET APPLE PICK – 3<sup>RD</sup> ANNUAL

SEPTEMBER 18, 2018 – RESORTS WORLD CASINO

OCTOBER 2, 2018 – OKTOBERFEST

OCTOBER 16, 2018 – MOHEGAN SUN


NOVEMBER 13, 2018 - SANDS

DECEMBER 12, 2018 – CHRISTMAS CAROL



# May 2018

## CALENDAR OF EVENTS AND ACTIVITIES

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		<b>1</b> <b>SHOPRITE SHOPPING TRIP</b> OEA 592-6441  <b>NO Qi Gong</b> Fit & Flex 12:30-1:15 p.m.	<b>2</b>  Lunch Bunch 10:00 a.m.  Line Dance 11:05-11:50 a.m. Community Center	<b>3</b> Pleasant Seniors Club Meeting 12-2:30 p.m.  Seniorcize 11:00-11:45 a.m. Community Center <u>TIPS</u>	<b>4</b>  10:00 a.m. OEA  <b>STRENGTH &amp; TONE DELUXE</b> 10:15-11:00 a.m. Community Ctr.  Strong & Fit 11:15am-12:15pm	<b>5</b>
<b>6</b>	<b>7</b> Lunch Bunch 10:00 a.m.  Strength & Tone 10:00-10:45 a.m.  Tai Chi 11a.m.-12p.m.  Thornwood Neighborhood Group 12-2:30 p.m	<b>8</b> <b>ACME SHOPPING TRIP</b> OEA 592-6441  Qi Gong 10:45-11:30 a.m.  Fit & Flex 12:30-1:15 p.m.	<b>9</b>  Lunch Bunch 10:00 a.m.  Line Dance 11:05-11:50 a.m. Community Center	<b>10</b> Pleasant Seniors Club Meeting 12-2:30 p.m.  Seniorcize 11:00-11:45 a.m. Community Center <u>TIPS</u>	<b>11</b> Lunch Bunch 10:00 a.m. OEA  <b>STRENGTH &amp; TONE DELUXE</b> 10:15-11:00 a.m. Community Ctr.  Strong & Fit 11:15am-12:15pm	<b>12</b>
<b>13</b>  HAPPY MOM'S DAY  	<b>14</b> Lunch Bunch 10:00 a.m.  Strength & Tone 10:00-10:45 a.m.  Tai Chi 11a.m.-12p.m.  Thornwood Neighborhood Group 12-2:30 p.m	<b>15</b> <b>SHOPRITE SHOPPING TRIP</b> OEA 592-6441  Qi Gong 10:45-11:30 a.m.  Fit & Flex 12:30-1:15 p.m.  <b>FOXWOODS CASINO</b>	<b>16</b>  Lunch Bunch 10:00 a.m.  Line Dance 11:05-11:50 a.m. Community Center	<b>17</b> Pleasant Seniors Club Meeting 11-2:30 p.m.  Seniorcize 11:00-11:45 a.m. Community Center <u>TIPS</u>	<b>18</b>  Lunch Bunch 10:00 a.m. OEA  <b>STRENGTH &amp; TONE DELUXE</b> 10:15-11:00 a.m. Community Ctr.  Strong & Fit 11:15am-12:15pm	<b>19</b>
<b>20</b>	<b>21</b> Lunch Bunch 10:00 a.m.  Strength & Tone 10:00-10:45 a.m.  Tai Chi 11a.m.-12p.m.  Thornwood Neighborhood Group 12-2:30 p.m	<b>22</b> <b>ACME SHOPPING TRIP</b> OEA 592-6441  Qi Gong 10:45-11:30 a.m.  Fit & Flex 12:30-1:15 p.m.  <b>BOOK CLUB</b>	<b>23</b>  Lunch Bunch 10:00 a.m.  Line Dance 11:05-11:50 a.m. Community Center  <b>NAME THAT TUNE</b> 1-2:00 PM	<b>24</b> Pleasant Seniors Club Meeting 12-2:30 p.m.  <u>TIPS</u>  Seniorcize 11:00-11:45 a.m. Community Center  Zumba Gold 12-1:00 pm	<b>25</b>  Lunch Bunch 10:00 a.m. OEA  <b>STRENGTH &amp; TONE DELUXE</b> 10:15-11:00 a.m. Community Ctr.  Strong & Fit 11:15am-12:15pm	<b>26</b>  MT PLEASANT TOWN POOL OPENS  10:00AM – 6:00 PM
<b>27</b>	<b>28</b>  <b>THANK YOU!</b>  <b>MEMORIAL DAY COMMUNITY CENTER CLOSED</b>	<b>29</b> <b>SHOPRITE SHOPPING TRIP</b> OEA 592-6441  Qi Gong 10:45-11:30 a.m.  Fit & Flex 12:30-1:15 p.m.	<b>30</b>  Lunch Bunch 10:00 a.m.  Line Dance 11:05-11:50 a.m. Community Center	<b>31</b> Pleasant Seniors Club Meeting 12-2:30 p.m.  <u>TIPS</u>  Seniorcize 11:00-11:45 a.m. Community Center  Zumba Gold 12-1:00 pm		

**TOWN OF MT. PLEASANT**  
**Office of Elder Americans**  
**MENU SUBJECT TO CHANGE**  
Please call two days in advance  
for reservations or to cancel - 592-6441  
**May, 2018**

	<b>Tuesday, 1</b>	<b>Wednesday, 2</b>	<b>Thursday, 3</b>	<b>Friday, 4</b>
	Roast Turkey w/ Gravy Sweet Potato Crumb Baked Cauliflower Pumpkin Pie	Meatloaf w/ Gravy Mashed Potatoes Peas & Onions Fresh Fruit	Sole Florentine w/ Lemon Butter Sauce Parslied Couscous Broccoli Tapioca Pudding	Chicken Fiesta Red Beans & Rice Carrots Fresh Fruit
<b>MONDAY, 7</b>	<b>TUESDAY, 8</b>	<b>WEDNESDAY, 9</b>	<b>THURSDAY, 10</b>	<b>FRIDAY, 11</b>
Stuffed Pepper Mashed Potatoes Green Beans Pineapple Chunks	Stuffed Shells w/ Tomato Sauce Broccoli Florets Tossed Salad w/ Chickpeas Fresh Fruit	Yankee Pot Roast w/ Gravy Au Gratin Potatoes Mixed Vegetables Mandarin Orange Segments	Flounder Oregonata Sweet Baked Potato Crumb Baked Cauliflower Fruit Cocktail	Chicken Cordon Bleu Rice Pilaf Glazed Carrots Chocolate Cake
<b>MONDAY, 14</b>	<b>TUESDAY, 15</b>	<b>WEDNESDAY, 16</b>	<b>THURSDAY, 17</b>	<b>FRIDAY, 18</b>
Salisbury Steak Cauliflower Mash Peas & Onions Apple Pie	Baked Salmon w/ Dill Sauce Quinoa & Kale Wax Beans Sliced Peaches	Cheese Lasagna w/ Tomato Sauce Tossed Salad w/ Chickpeas Broccoli Florets Fresh Fruit	Roast Chicken w/ BBQ Sauce Baked Beans Coleslaw Pound Cake	Pork Chop w/ Gravy Baked Sweet Potato Green Beans Fresh Fruit
<b>MONDAY, 21</b>	<b>TUESDAY, 22</b>	<b>WEDNESDAY, 23</b>	<b>THURSDAY, 24</b>	<b>FRIDAY, 25</b>
Spinach Quiche Chickpea Raisin Couscous Harvard Beets Mango Chunks	Turkey a la King Buttered Noodles Broccoli Vanilla Pudding w/ Whipped Topping	Tilapia w/ Veracruz Sauce Red Beans & Rice Latin Green Beans Apricot Halves	Baked Chicken w/ Francese Sauce Roasted Potatoes Med. Vegetable Blend Fruit Blend	Meatballs & Spaghetti w/ Tomato Sauce Zucchini Birthday Cake
<b>Monday, 28</b>	<b>Tuesday, 29</b>	<b>Wednesday, 30</b>	<b>Thursday, 31</b>	
Sites Closed  Memorial Day	Crispy Baked Chicken Baked Beans Coleslaw Peach Pie	Chef's Salad Three Bean Salad Fruited Gelatin	Pork Cutlet w/ Picatta Sauce Roasted Potatoes Green Cabbage w/ Apples Fresh Fruit	

Each meal includes bread, butter and milk.

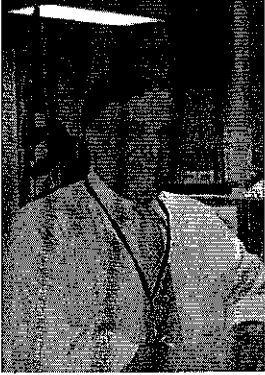
\*Diabetic approved alternative desserts available by request.

**MENU SUBJECT TO CHANGE.** There is a suggested donation of \$3.00 per hot meal.

This program is funded through the Town of Mount Pleasant, the Department of Health and Human Services, the New York State Office for Aging, Westchester County Department of Senior Programs and Services, and participant donations.

If you have a food allergy, please call the Office of Elder Americans at 592-6441. The Pleasant Lunch Bunch meets every Monday, Wednesday and Friday at the Community Center for a nutritious lunch, bingo, cards, fun and friendship. Please call 592-6441 two days in advance if you would like to attend. There is a suggested donation of \$3.00 per meal with transportation and \$2.60 per meal without transportation. Van transportation is available upon request. Pleasant Lunch Bunch Facts The Pleasant Lunch Bunch program is managed and staffed by the Town of Mount Pleasant Office of Elder Americans. It is funded through the Town of Mount Pleasant, The Department of Health and Human Services, The New York State Office for Aging, Westchester County Department of Senior Programs and Services, and participant donations. This is a social program available to very resident who is 60+. It is not based on any type of economic or physical need. If you have a food allergy, please call the Office of Elder Americans at 592-6441.

# Getting a U.S. Passport just got easier.



Westchester County Clerk Timothy Idoni's community outreach staff can take your photo and process your passport application when they visit:

## Mt. Pleasant Community Center

125 Lozza Drive, Valhalla, NY

Tuesday, June 5<sup>th</sup>, from 11 a.m. – 2 p.m.

### What do you need to apply?



Proof that you are a United States citizen such as an original or certified birth certificate or original naturalization certificate.

*If your ADULT passport is expired OVER 5 years, you can apply without by bringing your old passport. If UNDER 5 years, you must renew by mail submitting the DS-82 form.*



A valid driver's license or a government issued identification card.



The total fee is \$135 for adult applicants (16 and over) and \$105 for child applicants (under 16). The \$25 processing portion of the fee can be paid by check, money order or credit card. The remainder of the fee, \$110 for adults and \$80 for children **MUST** be paid by check or money order made out to the U.S. Department of State. **We cannot accept cash on the Mobile Office.** Applications will also be accepted for the **U.S. Passport Card for land and sea border travel, only.** The fee for adults is \$55.00 (\$30 to US Dept. of State), for children, the fee is \$40.00 (\$15 to US Dept. of State).



We can take your passport photo for an additional \$10.00 fee (\$7.00 for seniors).



If you need your passport in about 2-3 weeks, expedited service is an additional \$60.00 per passport application. For **Overnight Return Delivery Service**, add an additional fee of \$15.45 for each application, payable to US Department of State.



Questions? Call 914-995-3082 or visit [www.WestchesterClerk.com](http://www.WestchesterClerk.com), where you can also download the **Application for U.S. Passport DS-11.**

### Why apply now?



Routine passport applications are now taking approximately 6 weeks. For an additional charge, expedited service will result in your obtaining your passport in about 2-3 weeks. But only in emergency circumstances can a passport application be processed more quickly, so do not delay.

**Please Note:** We cannot accept the *Application for Passport by Mail Form DS-82.* Applicants must renew by mail for passports issued within the last 15 years, if applicants were at least 16 years old when passport was issued, and for applicants whose name remains unchanged since passport was issued.

Office of the Westchester County Clerk, 110 Dr. Martin Luther King Jr. Blvd., White Plains, NY 10601  
Open Monday through Friday from 8 a.m. until 5 p.m. / (914)995-3080/[www.westchesterclerk.com](http://www.westchesterclerk.com)



ACE IN THE HOLE'S EXITING 2018 SEASON

**"THE FABULOUS TOMMY WALKER"**

TRIBUTE TO THE GREATEST SINGERS OF ALL TIME



*This one is a must see  
tribute to*

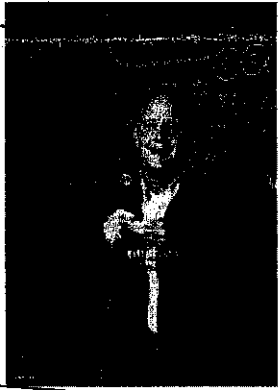
**Cancelled**



*...now you  
...miss!!!*



**Tommy Walker**



**Buddy Fitzpatrick**



- Family- Style Menu**
- 2 Complimentary Drinks
  - Fresh Garden Salad
  - Corn Chowder
  - BBQ Chicken
  - Stuffed Loin of Pork
  - Rice Pilaf
  - Fresh Vegetable Medley
  - Dessert Coffee, Tea, Decaf



**Peter Lieberman**

Royal Manor – June 27th



Enjoy 2 Complimentary Drinks during our Happy Hour – Free Soda on table all day  
For Reservations call 1-800-831-9801



## OFFICE OF ELDER AMERICANS

63 Bradhurst Avenue  
Hawthorne, NY 10532  
914-592-6441

OEA Contact: Laurie Gonzalez

MONDAY THRU FRIDAY

8:30 A.M. TO 3:30 P.M.

For information regarding any of the following programs please call the OEA office at 592-6441.

The Office of Elder Americans offers support and guidance to individuals and families living within the unincorporated areas of the Town of Mount Pleasant, including Thornwood, Hawthorne, and Valhalla.

The purpose of the Office is to provide services and support that reduce social isolation allowing the individuals to be maintained in their home environment, preserving their dignity and independence.

**SERVICES OFFERED 60 YEARS OLD+**

### NUTRITION PROGRAMS

Please call 2 days ahead if you want to attend or need transportation for these programs.



#### \*Home Delivered Meals

(5 days/week, Mon-Fri.)

Up to two nutritious meals a day can be provided for any person 60 years or older who are frail, isolated, homebound individuals, unable to meet his/her nutritional needs because of difficulty in shopping and preparing meals. This program is available on a temporary or on-going basis.

#### \*The Pleasant Lunch Bunch

(3 days/week- M, W, F)

A nutritious hot lunch, nutrition education at the Community Center. 11:00 a.m. to 2:00 p.m.  
Activities include Bingo, Cards, and Friendship!

#### \*Bradhurst Nutrition Program – Senior Day Center

(2 days/week T, Th)

Provides therapeutic activities, socialization, and a hot lunch in a warm, supportive setting. 11:00 a.m. to 2:00 p.m. No one will be denied a meal if they are unable to meet the suggested contribution.

### CONTRIBUTIONS

For these services, a contribution is requested. Call OEA office for more information. No individual is denied a meal if they are unable or unwilling to meet the suggested contribution.

### HEALTH AND SUPPORT SERVICES

Information, referral and, or assistance with issues pertaining to the senior population such as entitlements, benefits, and home health care.

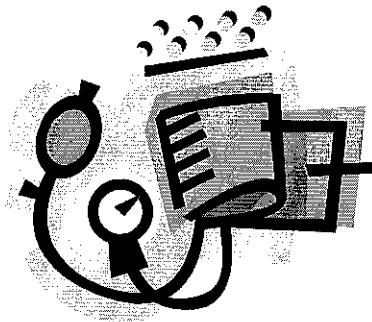
### SUPERMARKET SHOPPING

A weekly shopping trip to local supermarkets on Tuesdays.

- Please limit your groceries to only two bags.
- Should be able to carry them without help
- The 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Tuesday of the month we shop at Shop Rite.
- The 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month we shop at ACME.
- Reservations for shopping are taken the TUESDAY before the week you want to shop on a first come first serve basis.



Blood pressure screening available.



Office of Elder Americans is funded through the Town of Mt. Pleasant, the Department of Health and Human Services, New York State Office for Aging and the Westchester County Department of Senior Programs & Services.

# SENIOR CITIZEN TRIP RESERVATION POLICY

1. All residents of the Unincorporated Town of Mount Pleasant who are age 55 or older are entitled to register for Senior Citizen Trips offered by the Mount Pleasant Recreation and Parks Department.
2. New trips are announced in the monthly Senior Citizens Flyer, which is available on the first business day of the month at the Recreation and Parks office at Town Hall and at the Mount Pleasant Community Center. Individuals who are unable to get to the sites above can call the Recreation and Parks Department office at 742-2310, on or after the first workday of the month and we will mail a flyer to you.
3. Registration for trips is accepted on a first come first served basis starting approximately one week after the flyer is available. The specific date is noted on the flyer. Registrations are accepted at  
TOWN HALL MONDAY –FRIDAY BETWEEN 8:30 A.M. – 4:30 P.M. \*\*
4. NO REGISTRATION WILL BE ACCEPTED WITHOUT PAYMENT. There will be a minimum \$15.00 deposit required on all registrations for day trips (unless otherwise noted.) On extended trips, deposit amounts and dates full payment is required will be announced when the trip is offered.
5. For the first month, after a trip is advertised, registration is limited to residents of the Unincorporated Town. After one month, guests may be registered if space is still available.

## ***SENIOR CITIZEN TRIP CANCELLATION/REFUND POLICY***

1. If an individual cancels a trip and that individual's spot can be filled, a full credit will be given to be used within the next 6 months.
  2. If an individual cancels a trip due to illness or a medical emergency and presents doctors note a credit will be given to be used within the next 6 months.
  3. If an individual cancels a trip, and cannot present a doctor's note or does not appear at the bus on the day of the trip no credit will be given.
- \*\*\*4. When trips are contracted through an outside contractor/tour group refunds are not guaranteed.\*\*\*

## ***SENIOR CITIZEN BUS TRIP PROCEDURE***

Passenger's names will be called to be seated in the exact order they appear on the registration lists.

No passengers will be permitted to "save" seats for others further down on the registration list.

Passengers should arrive 15 minutes prior to the scheduled departure. Anyone arriving after their name has been called will lose their place and be seated last.

Passengers must take same seats for the return trip. There is no smoking on the bus at any time. If you eat on the bus, please be sure to clean up. There is no standing on the bus. We ask for your cooperation in following these few simple rules in order to make all our trips as comfortable as possible for everyone. If these rules are ignored, we may be required to revoke traveling privileges for those involved.

