

# TOWN OF MOUNT PLEASANT

## RECREATION & PARKS DEPARTMENT

### 2016 EARLY WINTER/2017 LATE WINTER BROCHURE



MAIL-IN REGISTRATION PROCESSING

BEGINS NOVEMBER 15, 2016

WALK-IN REGISTRATION BEGINS NOVEMBER 21, 2016

SUMMER CAMP REGISTRATION BEGINS MONDAY FEBRUARY 6, 2017

[WWW.MTPLEASANTNY.COM/REC](http://WWW.MTPLEASANTNY.COM/REC)

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## TOWN OF MT. PLEASANT TELEPHONE DIRECTORY

<u>Departments</u>	<u>Phone No.</u>
Assessor .....	742-2345
Building .....	742-2305
Comptroller .....	742-2360
Engineering .....	742-2317
Highway .....	769-1045
Justice Court .....	742-2324
Planning & Zoning .....	742-2330
Police Dept. (Non-Emergency) .....	769-1941
Receiver of Taxes .....	742-2348
<b>Recreation .....</b>	<b>742-2310</b>
Office of Elder Americans .....	592-6441
Sanitation .....	592-4129
Supervisor's Office .....	742-2300
Town Attorney .....	742-2326
Town Clerk .....	742-2312
Water & Sewer .....	831-1062

## OFFICE INFORMATION

<u>Recreation Office Location</u>	<u>Office Hours</u>
Town Hall	Monday thru Friday
1 Town Hall Plaza	8:30 a.m. to 4:30 p.m.
Valhalla, NY 10595	
<u>Telephone Numbers</u>	
General Information .....	742-2310
Senior Citizen Programs .....	742-2380
Office of Elder Americans .....	592-6441
Mt. Pleasant Community Center .....	769-0155
Program Hotline .....	742-2364
Sports Hotline .....	742-2367
Fax .....	769-1070

## TOWN BOARD

Supervisor .....	Carl Fulgenzi
Councilwomen .....	Laurie Rogers Smalley
Councilmen .....	Denis McCarthy
.....	Mark A. Rubeo Jr.
.....	Nicholas DiPaolo
Recreation Liaison .....	Laurie Rogers Smalley

## RECREATION & PARKS COMMISSION

Chairperson .....	Skip Pennacchio
Vice Chairperson .....	Gina Harwood
Secretary .....	Debra Mancusi
Members .....	Chickie Gelardo
	Ralph Nicoletti
	Patrice Duane

## COMMISSION MEETING

The Recreation and Parks Commission meets on the first Monday of each month (unless it's a holiday, in which case, it will meet on the second Monday) at Town Hall at 7:00 p.m. The ideas and suggestions of the residents are vital to help the Commission develop the most satisfactory programs possible. All meetings are open to the general public.

## RECREATION & PARKS STAFF

Superintendent .....	Kellie Rizzi
Recreation Supervisor .....	James Passabet
Recreation Supervisor .....	Tom Vernile
Recreation Supervisor .....	Elaine Donnelly
Recreation Supervisor .....	James Martorano
Recreation Attendant .....	Patrick Tufano
Parks Superintendent .....	Steve Mott
Parks Foreman .....	Jon Petruzzelli
Parks Foreman .....	Bruce Riehl
Asst. Parks Foreman .....	Scott Naylor
Maintenance Mechanic Repair .....	Manny Morales
Parks Groundskeeper .....	Nick Gasparre
Parks Groundskeeper .....	Kevin Valentine
Parks Groundskeeper .....	Chris Sena
Senior Office Assistant .....	Angela Portanova
Office Assistant .....	Jackie Abate

## SINCERE APPRECIATION

The Recreation and Parks Department would like to thank the Mt. Pleasant and Valhalla School Districts for the use of their facilities. The extra time and energy from secretaries, custodians, teachers and principals is greatly appreciated.

**REGISTRATION INFORMATION  
LOCATED ON PAGE 4**

**PARTICIPATION & FEES**

Participation is restricted to residents of the Town of Mt. Pleasant living outside the Villages of Briarcliff Manor, Pleasantville and Sleepy Hollow. If space is available in any program one week prior to the start of the program, non-residents and Village residents will be allowed to participate by paying a 20% surcharge.

Senior Citizens age 60 and over who live in the Town Outside are entitled to a 50% reduction in program fees for all adult programs **unless indicated otherwise**. This does not apply to drop in programs or trips. Proof of age is required.

The Recreation and Parks Commission maintains a policy that requires individuals in programs to help defray costs involved. Fees have been established for each program based on the cost of operating the program and number of individuals served.

**PROGRAM BEHAVIOR**

Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Participants shall:

- show respect to all participants and staff.
- refrain from using foul language.
- refrain from causing bodily harm to other participants or staff.
- show respect for equipment, supplies and facilities.

**ACTIVITY  
CHANGES/SCHEDULES**

Due to circumstances beyond our control, some activities may require time or location changes. When possible, if a change or cancellation does occur participants will be notified via email and or phone call.



**TOWN HALL RECREATION  
EMAIL WEB-SITE**

RESIDENTS OF MT. PLEASANT REGISTER FOR RECREATION PROGRAM UPDATES BY JOINING THE TOWN HALL RECREATION EMAIL WEB-SITE:  
VISIT: [WWW.MTPLEASANTNY.COM/REC](http://WWW.MTPLEASANTNY.COM/REC)

**INSURANCE**

The Town of Mt. Pleasant does not provide accident insurance for any of its programs. All persons participate at their own risk and should make certain they have their own insurance.

**WAITING LIST**

If your desired class is filled, you will be notified and placed on a waiting list. The department will make every effort to accommodate those on the waiting list. If any openings become available, we will then go to the waiting list to fill the class.

**PROGRAM  
CANCELLATION**

If programs are canceled due to inclement weather, notification will be made. The Recreation and Parks Department has a Hotline service that gives information on program changes and cancellations.

**Program Hotline Number  
742-2364**

**Adult Sports Hotline Number  
742-2367**

**REFUNDS**

Generally, refunds are granted only if a program is canceled. The participant assumes the risk of all changes in personal and business affairs. Any refund request will be reviewed individually and will, if granted, be prorated and subject to a \$15.00 processing fee. The Recreation and Parks Department reserves the right to cancel any program and issue appropriate refunds whenever it is considered in the best interest of the Department.

**SORRY!  
Credit cards are  
not accepted!**

## **PICNIC FACILITIES**

The Town allows group picnics at Broadway Field and Bradhurst Park. Picnic permits are required and may be obtained at the Recreation Office. Reserve your space early. All permits are granted on a first-come, first-served basis. Picnic areas can be reserved up to one year in advance. The Town reserves the right to cancel any permit with a full refund if the Town needs the facility for a Town sponsored program.

## **COMMUNITY CENTER RENTAL**

The Community Center is available for use on a rental basis for individuals and organizations within the Town of Mt. Pleasant. Call 742-2310 for a detailed brochure with policies and fees.



## **COMMUNITY SIGN BOARD**

Community sign boards are maintained by the Recreation and Parks Department for the posting of upcoming community events. A single sign is located in Hawthorne, Valhalla and at Thornwood Water District Field and a frame with space for 2 signs is located at Rose Hill Shopping Center in Thornwood. For additional information on the use of the signs and to reserve space contact the Recreation Office at 742-2310. Information on the use of the signs and to reserve space contact the Recreation Office at 742-2310.

## **PHOTO POLICY**

The department reserves the right to photograph program participants for publicity purposes.

**LIKE US ON FACEBOOK  
MT. PLEASANT RECREATION  
AND PARKS!**

**Do you need Community Service  
hours for CCD or School?  
Call us, we can help!  
(914)742-2310.**

## **Mount Pleasant Branch Library 741-0276**

The Mt. Pleasant Branch Library is located in the Community Center. The branch has a collection of approximately 17,000 books, adults and juvenile, popular magazines and a small reference area, as well as a rotating collection of videos, talking books, compact discs and large print books. A variety of craft programs and story times are offered for children. Access to the internet and other computer databases are also available.

Hours: Mondays	10:00 a.m. to 5:00 p.m.
Tuesdays	10:00 a.m. to 5:00 p.m.
Wednesdays	10:00 a.m. to 8:00 p.m.
Thursdays	10:00 a.m. to 5:00 p.m.
Fridays	10:00 a.m. to 2:00 p.m.
Saturdays	10:00 a.m. to 2:00 p.m.

**PROGRAM / ACTIVITY HOTLINE: 742-2364  
ADULT SPORTS HOTLINE: 742-2367**

## **INCLEMENT WEATHER**

**Program updates, rainouts, snow cancellations  
THE PROGRAM ACTIVITY HOTLINE NUMBER: 742-2364  
ADULT SPORTS HOTLINE: NUMBER IS 742-2367**

## **SPECIAL EVENTS**

Town Hall Tree Lighting Ceremony.....Friday, December 2  
Valhalla Gazebo Tree Lighting..... Sunday, December 4  
Kids Night Out.....Friday, December 9  
Breakfast with Santa.....Saturday, December 17  
Premier.....Friday, January 13  
Ladies Night Out.....Wednesday & Friday, January 25 & 27

# IMPORTANT

## REGISTRATION POLICY AND PROCEDURES

1. All mailed-in and dropped-off registrations received by Monday, November 14, 2016 will be processed on a random basis starting Tuesday, November 15, 2016. All registrations received by 4:30 p.m. on Tuesday, November 15 will be processed on a random basis starting Wednesday, November 16. Registrations received on Wednesday, November 16 will be processed on a random basis starting Thursday, November 17. The same process will be followed on the 17<sup>th</sup>. **A SEPARATE CHECK IS REQUIRED FOR EACH INDIVIDUAL PROGRAM UNTIL NOVEMBER 21, 2016**
  2. Starting Monday, November 21 walk-in registrations will be accepted at the Recreation Office on a space available basis in the order in which they are received. Mail-in registrations will be processed randomly each day and interspersed with the walk-in registrations as they are received.
  3. **CAMP REGISTRATION:** Camper registration form must be completed for each camper. All mailed-in and dropped-off camp registrations will be put in a box at the Recreation office will be accepted through Friday, February 3, 2017. Registration will be processed randomly beginning on Monday, February 6, 2017. Registrations received on February 6 will be processed on February 7, 2017. Registration received on February 7 will be processed on February 8 etc. Starting on Tuesday, February 14, walk-in registrations will be accepted at the Recreation Office on a space available basis in the order in which they are received. Mail in registrations will be processed randomly each day and interspersed with the walk- in registrations as they are received
- ❖ Summer day camp registration starts on **Monday, February 6, 2017**  
This should give people ample time to make plans for the 2017 season.  
Please note Teenscape and Great Escape will accept only **45** campers per camp. Please don't wait until the last minute to register

**Please fill out your registration form completely to help expedite processing.**

Registration forms are required for most programs. Phone registrations will not be accepted unless noted.

**MAKE CHECKS PAYABLE TO: TOWN OF MT. PLEASANT**

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## *Remember...*

- ❖ Register early,
- ❖ When registering please update all email addresses and phone numbers
  - ❖ No credit/debit cards accepted,
  - ❖ Call the Adult Sports Hotline and Activity Program Hotline for program information;  
Activity /Program Hotline Number- 742-2364  
Adult Sports Hotline Number- 742-2367

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## MESSAGE TO PARENTS (AGE REQUIREMENTS)

For all programs age requirements will be as of the date of the first class unless otherwise specified. Please do not request to, or sign your child up for, a class he/she does not belong in. If you should do so and we discover the error, it may be too late to get your child in the correct class because it is full. All age requirements are set to benefit the children and make instruction more consistent for the program leader.

**THANK YOU FOR YOUR COOPERATION**

# PRE-SCHOOL / CHILDREN / TEEN PROGRAMS

## JIGGLE, GIGGLE, STRETCH AND PLAY

Instructor: Carol Migliorelli, ISCA/Promise Certified

This fun and creative class will engage your 3-5 year old with yoga style moves, games, large motor skill development and coordination activities. Each class has something new that stimulates your child's creativity and imagination. Scarves, bean bags, hoops, blocks, jumping, crawling, and creative movement keep your child moving and laughing! Note: A mat to sit on it recommended. *Maximum of 10 children per session*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **FRIDAYS**

December 9 thru February 3 (no class Dec. 30)

1:45 p.m. to 2:30 p.m. **51110** (A)

**Fee: \$80.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **FRIDAYS**

February 17 to April 21 (no class Feb. 24, April 14)

1:45 p.m. to 2:30 p.m. **11110** (A)

**Fee: \$80.00**

**8 sessions**

## TINY BALLERINAS

Instructor: Laurel Higa

A class to guide young dancers through ballet stretches, movements and various dance games. Through role play as princesses and animals, they will learn basic ballet positions and jumps. This is a fun introduction to classical ballet for any child. This is for 3 & 4 year olds.

*Maximum of 12 children per session*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **TUESDAYS**

December 6 thru January 31 (no class Dec. 27)

12:30 p.m. to 1:15 p.m. **51107** (A)

1:30 p.m. to 2:15 p.m. **51107** (B)

**Fee: \$100.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **TUESDAYS**

February 28 thru April 25 (no class April 11)

12:30 p.m. to 1:15 p.m. **11107** (A)

1:30 p.m. to 2:15 p.m. **11107** (B)

**Fee: \$100.00**

**8 sessions**

#### **FRIDAYS**

December 2 thru February 3 (no class Dec. 23, 30)

12:30 p.m. to 1:15 p.m. **51107** (C)

1:30 p.m. to 2:15 p.m. **51107** (D)

**Fee: \$100.00**

**8 sessions**

#### **FRIDAYS**

March 3 thru April 28 (no class April 14)

12:30 p.m. to 1:15 p.m. **11107** (C)

1:30 p.m. to 2:15 p.m. **11107** (D)

**Fee: \$100.00**

**8 sessions**

## LIL' COOKS

Head Chef: Rosa Carra Asst. Chef: Rosalie Fierro

This program for 3, 4 and 5 year olds introduces children to the art of cooking and baking! Children will prepare, cook and eat their own foods! This program will also enhance many skills such as early math skills, pre-reading skills and language skills as they learn about measuring, counting, and word and symbol recognition. Parents are invited to arrive 15 minutes prior to class ending, to enjoy their children's cooking creation.

**THIS IS A DROP OFF CLASS. Please inform Recreation office and Instructors of any food allergies. *Maximum of 8 children per class***

**Town Hall Tower Room- 3<sup>rd</sup> floor**

### **EARLY WINTER SESSION**

#### **WEDNESDAYS**

December 7 thru February 1 (no class Dec. 28)

12:30 p.m. to 2:00 p.m. **51501** (A)

**Fee: \$125.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **WEDNESDAYS**

March 1 thru April 26 (no class April 12)

12:30 p.m. to 2:00 p.m. **11501** (A)

**Fee: \$125.00**

**8 sessions**

#### **THURSDAYS**

December 1 thru January 26 (no class Dec. 29)

10:00 a.m. to 11:30 a.m. **51501** (B)

12:30 p.m. to 2:00 p.m. **51501** (C)

**Fee: \$125.00 8 sessions**

#### **THURSDAYS**

February 16 thru April 20 (no class Feb.23 & April 13)

10:00 a.m. to 11:30 a.m. **11501** (B)

12:30 p.m. to 2:00 p.m. **11501** (C)

**Fee: \$125.00 8 sessions**



## ART & LITERATURE FOR PARENTS AND TOTS

Instructor: Robin Cambria

This art class is designed to improve creativity and fine motor skills using various art mediums. The story element involves student interaction which will help promote social skills, public speaking and engage the children in human conversation. Smocks are suggested. This class is for students 2 -4 years old. *Maximum of 10 children*

### **Mt. Pleasant Community Center**

#### **EARLY WINTER SESSION**

##### **MONDAYS**

December 5 thru February 13 (no class Dec.26, Jan.2, Jan.16)  
11:00 a.m. to 11:40 a.m. **51101 (A)**

**Fee: \$90.00**

**8 sessions**



#### **LATE WINTER SESSION**

##### **MONDAYS**

February 27 thru May 1 (no class April 10, 17)  
11:00 a.m. to 11:40 a.m. **11101 (A)**

**Fee: \$90.00**

**8 sessions**

## ZUMBA FOR BABIES AND TOTS

Instructor: Peggy Raiskums Licensed Zumba Kids Jr. Instructor

This 45 minute class for parent/caregiver and child 1-3 years old, is a wonderful fun approach to get active together encouraging a healthy lifestyle. Age appropriate music is used to help children learn to love moving their bodies and dancing by breaking it down to their own rhythm. Singing, simple games and activities will amuse, delight and stimulate your child benefiting their cognitive, emotional and social development. *Maximum of 12 children*

### **Mt. Pleasant Community Center**

#### **EARLY WINTER SESSION**

##### **TUESDAYS**

December 6 thru January 31 (no class Dec. 27)  
9:45 a.m. to 10:30 a.m. **51112 (A)**

**Fee: \$85.00**

**8 sessions**

##### **FRIDAYS**

December 2 thru January 27 (no class Dec. 30)  
9:45 a.m. to 10:30 a.m. **51112 (B)**

**Fee: \$85.00**

**8 sessions**



#### **LATE WINTER SESSION**

##### **TUESDAYS**

February 7 thru March 28 (no class Feb. 21)  
9:45 a.m. to 10:30 a.m. **11112 (A)**

**Fee: \$66.00**

**7 sessions**

##### **FRIDAYS**

February 3 thru March 31 (no class Feb. 24)  
9:45 a.m. to 10:30 a.m. **11112 (B)**

**Fee: \$85.00**

**8 sessions**

## TINY WARRIORS

Program Director: Sensei Peggy Raiskums American Heritage Goju Karate

This program introduces boys and girls to the world of Martial Arts in a fun, non-aggressive manner. Basic skills and exercises specifically designed for this age group are taught to strengthen their bodies as well as their minds while improving their listening skills and their ability to follow directions. Increased balance, agility, coordination, confidence and focus as well as respect for themselves and others are achieved through this program. Children progress through The Tiny Warrior belt and stripe system. Karate uniforms required and purchased through instructor.

*Maximum of 12 children*

### **Mt. Pleasant Community Center**

#### **EARLY WINTER SESSION**

##### **MONDAYS**

November 28 through January 30 (no class 12/26, Jan. 2, Jan 16)  
3:40 p.m. to 4:10 p.m. (AGE 3) **Fee: \$66.00 54206 (A)**  
4:20 p.m. to 5:05 p.m. (AGE 4 & 5) **Fee: \$74.00 54206 (B)**

**7 sessions**

##### **WEDNESDAYS,**

November 30 through January 18 (no class 12/28)  
2:10 p.m. to 2:40 p.m. (AGE 3) **Fee: \$66.00 54206 (C)**  
3:50 p.m. to 4:35 p.m. (AGE 4 & 5) **Fee: \$74.00 54206 (D)**

**7 sessions**



#### **LATE WINTER SESSION**

##### **MONDAYS**

February 6 through March 27 (no class 2/20)  
3:40 p.m. to 4:10 p.m. (AGE 3) **Fee: \$66.00 14206 (A)**  
4:20 p.m. to 5:05 p.m. (AGE 4 & 5) **Fee: \$74.00 14206 (B)**

**7 sessions**

##### **WEDNESDAYS**

February 1 through March 22 (no class 2/22)  
2:10 p.m. to 2:40 p.m. (AGE 3) **Fee: \$66.00 14206 (C)**  
3:50 p.m. to 4:35 p.m. (AGE 4 & 5) **Fee: \$74.00 14206 (D)**

**7 sessions**

## CREATIVE KIDS CRAFT

Instructor: Debbie Carr

For grades K to 2. This program will include drawing, painting and gluing to create constructions and crafts. There will be a lot of materials for big imaginations and tiny hands to explore. Please bring a smock. **NOTE: If your child attends Hawthorne Elementary School they will be supervised by the instructor immediately following dismissal, and you must send a note to school on each day your child will be attending Creative Kids Craft. May include edible projects or snacks.** *Maximum of 10 children*

**Hawthorne Elementary School**

### **EARLY WINTER SESSION**

#### **MONDAYS**

December 12 thru February 27 (no class Dec. 26, Jan. 2, 16, Feb. 20)

3:00 p.m. to 4:00 p.m. **52103** (A)

**Fee: \$90.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **MONDAYS**

March 13 thru May 22 (no class March 20, April 10, 17)

3:00 p.m. to 4:00 p.m. **12101** (A)

**Fee: \$90.00**

**8 sessions**

## CARTOONING CLUB

Instructor: Debbie Carr

For Grades 3 to 5. This after school club will give your child a chance to learn the art of cartooning. A variety of different types of cartoons will be drawn including superheroes, animals, made up creatures and whatever your child's imagination wants to create. Experienced and non-experienced cartoonist welcomed!! **You must send a note to school each day your child will be attending Cartooning Club.**

*Maximum of 15 children*

**Columbus Elementary School**

### **EARLY WINTER SESSION**

#### **WEDNESDAYS**

December 14 thru February 8 (no class Dec. 28)

3:00 p.m. to 4:00 p.m. **52121** (A)

**Fee: \$90.00**

**8 sessions**

### **LATE WINTER SESSION**

#### **WEDNESDAYS**

March 1 thru April 26 (April 12)

3:00 p.m. to 4:00 p.m. **12121** (A)

**Fee: \$90.00**

**8 sessions**

If your child attends **either Virginia Road School or Kensico School After School Clubs**, they will be supervised by the instructor immediately following dismissal. **You must send a note to school each day your child will be attending these programs.**

## AFTER SCHOOL CLUB I

Instructors: Debbie Carr

This is a fun way to get your child's creative imagination working and this club consists of a variety of craft projects using different art materials.

*Maximum of 15 children*

**Kensico Elementary School - Grades 3-5**

### **EARLY WINTER SESSION**

#### **TUESDAYS**

December 13 thru February 7 (no class Dec. 27)

3:00 p.m. to 4:00 p.m. **52209** (A)

**Fee: \$90.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **TUESDAYS**

February 28 thru April 25 (no class April 11)

3:00 p.m. to 4:00 p.m. **12209** (A)

**Fee: \$90.00**

**8 sessions**

## AFTER SCHOOL CLUB II

Instructors: Debbie Carr

This is a fun way to get your child's creative imagination working and this club consists of a variety of craft projects using different art materials.

*Maximum of 15 children*

**Virginia Road Elementary School – K thru 2<sup>nd</sup> grade**

### **EARLY WINTER SESSION**

#### **THURSDAYS**

December 15 thru February 9 (no class Dec. 29)

3:00 p.m. to 4:00 p.m. **52209** (B)

**Fee: \$90.00**

**8 sessions**

### **LATE WINTER SESSION**

#### **THURSDAYS**

March 2 thru April 27 (no class April 13)

3:00 p.m. to 4:00 p.m. **12209** (B)

**Fee: \$90.00**

**8 sessions**

## BUDDIN' COOKS

Head Chef: Rosa Carra Asst. Chef: Rosalie Fierro

Our cooks in **Grades K, 1 and 2** will follow recipes to create their own baked/cooked creations using a hands-on-process. All math, reading and language skills are enhanced. Parents are always encouraged to arrive 15 minutes early to enjoy their child's finished product.

**PLEASE INFORM THE RECREATION OFFICE OF ANY FOOD ALLERGIES. THIS IS A DROP OFF CLASS.** *Maximum of 8 children*

**Town Hall Tower Room 3<sup>rd</sup> floor**

### **EARLY WINTER SESSION**

#### **THURSDAYS**

December 1 thru January 26 (no class Dec. 29)

4:00 p.m. to 5:30 p.m. **51504** (A)

**Fee: \$125.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **THURSDAYS**

February 16 thru April 20 (no class Feb. 23 & April 13)

4:00 p.m. to 5:30 p.m. **11502** (A)

**Fee: \$125.00**

**8 sessions**

## JUNIOR COOKS

Head Chef: Rosa Carra Asst. Chef: Rosalie Fierro

**For 3<sup>rd</sup> thru 5<sup>th</sup> graders** The art of cooking & baking will be introduced. Children will prepare, cook and eat their own creations through hands-on experiences. Math, reading and language arts skills will be enhanced through the cooking process. The children will go home with a recipe and a related craft. Parents are invited to join their children 15 minutes before class ends to enjoy the finished product.

**PLEASE INFORM THE RECREATION OFFICE OF ANY FOOD ALLERGIES. THIS IS A DROP OFF CLASS.** *Maximum of 8 children*

**Town Hall Tower Room 3<sup>rd</sup> floor**

### **EARLY WINTER SESSION**

#### **FRIDAYS**

December 9 thru February 10

(no class Dec. 23,30)

4:00 p.m. to 5:30 p.m. **52502** (A)

**Fee: \$125.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **FRIDAYS**

March 3 thru April 28

(no class April 14)

4:00 p.m. to 5:30 p.m. **12502** (A)

**Fee: \$125.00**

**7 sessions**

## AMERICAN SAFETY AND HEALTH INSTITUTE

### BABYSITTERS TRAINING COURSE

Certified ASHI: TBA

For children ages 11 thru 15. Prepares students with the training every parent wants in a babysitter, including safety, basic child care, safe play, critical emergency action skills, CPR & first aid. Students become certified in babysitting and CPR. Times may vary depending on size of class. *Maximum of 10 participants*

**Town Hall Tower Room 3<sup>rd</sup> floor**

#### **SATURDAY**

December 3, 2016

9:00 a.m. to 5:00 p.m. **42402** (A)

**NOTE:** Bring lunch

**Fee: \$90.00**

**1 session**



## SAFE ON MY OWN

Instructor: TBA

Safe on My Own is a program for children in grades 3 thru 5 taught by a Red Cross instructor, on the safety measures of what to do when home alone. *Maximum of 12 children*

**Tower Room, Town Hall 3<sup>rd</sup> floor**

**FRIDAY, January 20, 2017** **12401** (A)

5:30 p.m. – 7:30 p.m.

**Fee: \$30.00**



## BASKETBALL CLINIC

Instructors: Staff

A mini basketball training program for **boys and girls in 2<sup>nd</sup> grade**. Participants will learn the basic offensive and defensive skills, dribbling and shooting and will use lower baskets.

No games will be played.

**SATURDAYS, Columbus Elementry**

**December 10, 2016 thru February 4, 2017**

**No class Dec. 24 and Dec. 31**

12:45 p.m. to 1:45 p.m. **52212** (A)

**Fee: \$50.00**

## KIDZ NIGHT OUT

For grades K to 5 **MOVIE NIGHT!**

Movie TBA. Come see a "Drive-in-Movie" in our Community Center.

**Friday, MT. PLEASANT COMMUNITY CENTER**

**December 9, 2016** 5:30 p.m. to 9:30 p.m. **46516 (A)**

Includes 2 hot dogs & popcorn

NOTE: Pre-registration is preferred at the rec. office

**Fee: \$17.00 Fee at door: \$25.00**



## JUNIOR TENNIS LESSONS

This is an introduction to tennis. This program is ideal for those that are new to the game or beginners.

**Session: 1/9/17- 1/30/17**

**Red Ball - (Ages 6-8)**

Monday or Wednesday or Friday 4:00 p.m. – 5:00 p.m.

**Fee: \$205.00**

**Orange Ball - (Ages 8-10)**

Monday or Tuesday or Wednesday or Thursday

5:00 p.m. – 6:00 p.m.

**Fee: \$205.00**

**Green Ball - (Ages 10-13)**

Monday or Friday 5:00 p.m. – 6:30 p.m.

**Fee: \$265.00**



**\*Registrations are accepted at their site**

**Solaris Sport & Racquet Club**

**Located at 5 Browns Lane,**

**Hawthorne, N.Y. 10532**

# PREMIER



The Town of Mt. Pleasant

Recreation Department and D.A.R.E. want to provide a unique, safe and fun environment for our young teens, so they can have a special night to mingle with friends, dance to a hoppin' DJ, and play games in the recreation room. Parents are asked to have their children dress appropriately. Pizza, snacks and drinks will be available for purchase.

**DATES: FRIDAYS:** January 13, 2017 & April 28, 2017

**GRADES: 6 THRU 8**

**TIMES:** 7:30 p.m. to 10:00 p.m.

**LOCATION: MT. PLEASANT COMMUNITY CENTER**

**FEE:** Tickets can be purchased prior to "The Premier"

at the Recreation Office at Town Hall.

\$8.00 in advance - \$10.00 at the door

## INDOOR SOCCER LEAGUE

Instructor: Mike Ferraro

For players in grades 3 to 6. Divisions and teams will be formed based on age, gender and skill level.

Great fun while fine-tuning your skills.

**Columbus Elementary School**

**SATURDAYS,** December 10 thru February 4

(no class Dec. 31)

9:00 a.m. to 10:30 a.m. **52211(A)**

**Fee: \$60.00 7 sessions**

Maximum of 30 children



## PARENTS NITE OUT

Grades K to 5. Parents go out and enjoy yourself for a few hours on your own. Under the supervision of Recreation Staff, children will enjoy organized games in the gym; arts and crafts, ping pong, pool, air hockey and board games in the rec hall. **NOTE:** Please leave all electronics, including cell phones, home.

**SATURDAYS, MT. PLEASANT COMMUNITY CENTER**

5:30 p.m. to 9:30 p.m.

December 3 **56501** (D)

December 17 **56501** (E)

January 21 **16501** (A)

February 11 **16501** (B)

March 4 **16501** (C)

April 8 **16501** (D)

May 6 **16501** (E)

NOTE: Pre-registration is preferred at the rec. office

**Fee per session: \$12.00 per child Fee at door:**

**\$20.00 per child \*Includes 2 slices of pizza, ice pop & drinks**

# MID-WINTER BREAK WORKSHOPS 2017

Town of Mt. Pleasant Recreation Department is offering an opportunity for your child(ren) to choose from a variety of workshops during the school break. These workshops are great for boys and girls. **There are 4 sessions each workshop. You can sign up for one workshop or all the workshops. We are also offering a \$75.00 discount for the 2<sup>nd</sup> child for the Total Workshop only!**

**Tuesday thru Friday, Mt. Pleasant Community Center, February 21 thru February 24**

## For Grades K to 2 12210

**Cooking Workshop (A)**  
8:30 a.m. to 10:00 a.m.  
This workshop introduces children to the art of baking and cooking. Children will prepare, cook and eat their own foods. This program introduces early math skills as they learn about measuring, counting and word and symbol recognition.  
Maximum 20 children **Fee: \$75.00**

**Having a Ball (B)**  
10:00 a.m. to 11:30 a.m.  
Children will participate in a variety of exciting, fitness based games and activities while stimulating their mind and body.  
Maximum 30 children **Fee: \$60.00**



**Lunch and Games Workshop (C)**  
11:30 a.m. to 12:30 p.m.  
This workshop is designed for the child who will participate in all day workshops. They will be able to have lunch, socialize, play board games, ping pong or air hockey with their friends. **NOTE: Bring bag lunch.**  
Maximum 20 children **Fee: \$25.00**

**Creative Clay Workshop (D)**  
12:30 p.m. to 2:00 p.m.  
Children will explore working with model magic to create their own 3D forms. Many different techniques will be taught.  
Maximum 20 children **Fee: \$60.00**



**Sticky Fingers (E)**  
2:00 p.m. to 3:30 p.m.  
A fun and creative workshop for young children to explore different art. Children will work with a variety of materials. After the craft the child will play organized fitness activities in the gym.  
Maximum 25 children **Fee: \$60.00**

**Legos (F)**  
3:30 p.m. to 5:00 p.m.  
The focus of this class will be on visual buildings, exploring shapes, brick building, color usage and creating mosaics, as well as always having fun. Children will not bring home any lego bricks or the models they create.  
Maximum 25 children **Fee: \$75.00**

**Total Workshop (G)** 8:30 a.m. to 5:00 p.m.  
Enjoy an all day total workshop experience. Learn to cook, play sports and games, create their own 3D forms, explore different art and have fun with Legos while socializing with friends.  
Max: 25 children **Fee: \$275.00**

## For Grades 3 to 5 12211

**Gym Warriors (A)**  
8:30 a.m. to 10:00 a.m.  
Studies have shown that children who are physically active in the morning have active brain stimulation. Children will participate in a variety of fitness games and Activities.  
Maximum 20 children **Fee: \$60.00**

**Cooking Workshop (B)**  
10:00 a.m. to 11:30 a.m.  
This workshop enhances your child's knowledge of cooking. They will prepare, cook and eat their creations. Math, reading skills, and symbol recognition will be enhanced through the cooking process.  
Maximum 20 children **Fee: \$75.00**



**Lunch and Games Workshop (C)**  
11:30 a.m. to 12:30 p.m.  
This workshop is designed for the child who will participate in all day workshops. They will be able to have lunch, socialize, play board games, ping pong or air hockey with their friends. **NOTE: Bring bag lunch**  
Maximum 20 children **Fee: \$25.00**

**Creating With Clay Workshop (D)**  
12:30 p.m. to 2:00 p.m.  
This workshop focuses on the art of sculpture and 3D forms using model magic. Many different materials and techniques will be used while children enjoy this creative process.  
Maximum 20 children **Fee: \$60.00**

**Stained Glass Workshop (E)**  
2:00 p.m. to 3:30 p.m.  
Children will learn the technique of painting on glass. They can create their own designs or use stencil.  
Maximum 20 children **Fee: \$60.00**



**Legos (F)**  
3:30 p.m. to 5:00 p.m.  
The focus of this class will be on visual buildings and architecture using brick building, color usage and having fun while incorporating free artistic creativity. Children will not bring home any lego, brick or models they create.  
Maximum 25 children **Fee: \$75.00**

**Total Workshop (G)** 8:30 a.m. to 5:00 p.m.  
Enjoy an all day total workshop experience. Learn to cook, play sports and games, create sculptures with model magic, design beautiful canvas art and create architecture using legos while having fun with friends. Max: 25 children **Fee: \$275.00**

# MT. PLEASANT AMERICAN HERITAGE GOJU KARATE 2016/2017

## MT. PLEASANT AMERICAN HERITAGE GOJU KARATE

**Additional \$15.00 discount per additional child**

### **MT. PLEASANT AMERICAN HERITAGE GOJU KARATE**

Under the direction of: Sensei Lonnie Guinee

This exciting and high energy martial arts program is designed by American Heritage Goju Karate – **Do for boys and girls ages 6 thru 11**. Our program is designed to train the students to further develop their basic motor skills, increase their balance, and hand eye coordination. . Our instructors use drills that are exciting and motivating, encouraging all to do their best through positive reinforcement. Non-aggressive self- defense skills are taught at a speed and level that is appropriate for each age group. Our effective exercise routine encourages a healthier self-image. Through our “*students mentoring students*” concept, participants will learn to achieve their goals by developing a positive attitude and a healthier, stronger body. Students in this class will be taught a wide variety of self-defense techniques in a motivating, structured, safe, and friendly environment. Male and Female instructors focus on *Individual Growth for Individual Achievements!* Sessions are held throughout the school year. Official uniforms and school patches are *required*, and can be purchased through the instructors. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate –Do organization. (All belt levels)

### **Mt. Pleasant Community Center**

#### **EARLY WINTER SESSION**

#### **MONDAYS & WEDNESDAYS**

5:30 p.m. to 6:30 p.m. **54201 (A)**

November 28 thru February 1 (No class Dec. 26, 28, Jan 16, 18)

**Fee: \$170.00**

**16 sessions**



#### **LATE WINTER SESSION**

#### **MONDAYS & WEDNESDAYS**

5:30 p.m. to 6:30 p.m. **14201 (A)**

February 22 thru April 5

**Fee: \$170.00**

**13 sessions**

## MT. PLEASANT AMERICAN HERITAGE GOJU KARATE

Under the direction of: Sensei Lonnie Guinee

**WELCOME** to the “Adults”! This exciting and high energy program is specifically designed by American Heritage Goju Karate-Do **for ages 12 and up**. Students will develop a stronger and healthier body, mind, spirit, and positive self-image with our effective exercise routine, including meditation and relaxation techniques for stress management. Our program encourages students to develop respect for themselves and others through our “*students mentoring students*” concept. Students will learn an extensive variety of self-defense techniques and peaceful resolutions to conflict in a motivating, well structured, safe, friendly environment. Male and female instructors focus on *Individual Growth for Individual Achievements!* Sessions are held throughout the school year. Official uniforms and school patches are *required*, and can be purchased through the instructors. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate –Do organization. (All belt levels)

### **Mt. Pleasant Community Center**

#### **EARLY WINTER SESSION**

#### **MONDAYS & WEDNESDAYS**

7:00 p.m. to 8:30 p.m. **54201 (B)**

November 28 thru February 1 (No class Dec. 26, 28, Jan 16, 18)

**Fee: \$190.00**

**16 sessions**



#### **LATE WINTER SESSION**

#### **MONDAYS & WEDNESDAYS**

7:00 p.m. to 8:30 p.m. **14201 (B)**

February 22 thru April 5

**Fee: \$190.00**

**13 sessions**





# ADULT PROGRAMS

## MT. PLEASANT SPORTSMAN CLUB

Instructors: Mt. Pleasant Sportsman's Club

This is a special introductory program for novices shooters with instruction by experienced marksmen and more advanced instruction for experienced participants. Program includes 1 hour discussion on firearm safety and individual instruction on trap shooting (clay targets). Also includes 2 rounds of trap (50 targets), and everything needed for the event will be supplied by the Mt. Pleasant Sportsman Club.

Enjoy a continental breakfast and lunch. **Participants must be 12 years or older. Adult guardians must accompany minors. Due to the popularity of this program, new participants will be given preference in signing up. Experienced shooters interested in this type of program may contact the Mt. Pleasant Sportsman's Club directly.**

Program will be held **at the** Mt. Pleasant Sportsman's Club with the cooperation of the Mt. Recreation Department. You must register by completing and mailing in the registration form. In the event of inclement weather please call the clubhouse at 941-3607 or Bob Buchanan 914-879-1115.

Each participant will receive a free gunlock, compliments of Project Childsafe.

**REGISTRATION:** Town of Mt. Pleasant Rec.Department 914-742-2310 / Inquiries: Bud Sansevera 646-529-3999 Bob Buchanan 914-879-1115

**NOTE:** After attendees pass the safety course they are welcome to join us at the club during our regular shooting hours, to enjoy the sport of trap shooting. If you are a trap shooter & would like to join us please call Bud Sansevera at the above number. Please inquire about ammunition at the Sports club.

**Mt. Pleasant Sportman's Club** 9:00 a.m. to 1:00 p.m.

**Saturday, April 1, 2017 (rain date 04/8/17) 24200 (A)**

**Saturday, May 6, 2017 (rain date 05/13/17) 24200 (B)**

Program begins 9:00 a.m. sharp. All experience levels are welcome and not limited to one time only.

Maximum of 15 participants **Fee: \$30.00**

**ALWAYS CHECK WITH YOUR PHYSICIAN PRIOR TO PARTICIPATING IN THESE ROUTINES AND/OR EXERCISE PROGRAMS.**

## ZUMBA CO-ED

Instructor: Peggy Raiskums, Certified Zumba Instructor **For ages 16+ and Adults!!** The hottest fitness craze is here! Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise. Zumba's goal is simple: We want you to want to work out, to get hooked. Achieve long term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body energizing, awe-inspiring movements meant to engage and captivate for life! For all fitness levels. *Maximum of 25 participants*

**No senior discount will be honored for this program.**

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION THURSDAYS**

December 1 thru January 26  
6:15 p.m. to 7:15 p.m. **54310 (A)**  
**Fee: \$100.00**  
**9 sessions**



### **LATE WINTER SESSION THURSDAYS**

February 2 thru March 30  
6:15 p.m. to 7:15 p.m. **14310 (A)**  
**Fee: \$100.00**  
**9 sessions**

## YOGA

Instructor: Chris Tangerman

This century's old practice is today's most popular fitness endeavor. Increase your body's strength, endurance and flexibility like no other program. As you practice new poses along with conscious breathing, you will achieve a sense of calm, balance and well-being on a mental, physical, and spiritual level. Our yoga session always ends with deep relaxation and guided meditation to balance your Chi. Men and women both welcome. Wear comfortable clothing and bring a floor mat. *Maximum of 15 participants*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION WEDNESDAYS**

December 7 thru February 1 (no class Dec.28)  
6:00 p.m. to 6:55 p.m. **54304 (A)**  
7:00 p.m. to 7:55 p.m. **54304 (B)**  
**Fee: \$109.00**  
**8 sessions**



### **LATE WINTER SESSION WEDNESDAYS**

February 15 thru April 19 (no class Feb. 22, April 12)  
6:00 p.m. to 6:55 p.m. **14304 (A)**  
7:00 p.m. to 7:55 p.m. **14304 (B)**  
**Fee: \$109.00**  
**8 sessions**

## MAH JONGG

Instructor: Regina Klenosky

The Chinese game of skill and Luck. Brush up on your

Mah Jongg skills while making new friends! Learn how to assemble tiles into specific patterns. Formulate your hand by picking and discarding tiles. Beginners and amateurs improve their Mah Jongg skills; learning the basic rules, including passing tiles, indispensable strategies, and invaluable betting tactics. Master a social, competitive game that requires practice, strategy—and a little bit of luck! Sets and cards provided by instructor. *Maximum of 12 participants*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **MONDAYS**

December 5 thru January 30(no class Dec. 26, Jan. 2, Jan. 16)

**54316** (A) 2:00 p.m. to 3:00 p.m.

**Fee: \$38.00**

**6 sessions**

### **LATE WINTER SESSION**

#### **MONDAYS**

February 6 thru April 3(no class Feb. 20)

**14316** (A) 2:00 p.m. to 3:00 p.m.

**Fee: \$50.00**

**8 sessions**

## YOGALATES: BEST OF EAST AND WEST

Instructor: Stacey Cristiano

The absolute best of both worlds Yogalates is sweeping through health clubs because it is so effective. Yogalates combines the inner awareness of Yoga with its flexibility and strength building postures with Pilates' specialized, effective exercises that concentrate on your "core" muscles. Feel that your entire body has been fully exercised in an integrated way. You will leave this class feeling fit, flexible and balanced. Please bring your own mat. *Maximum of 20 participants*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **THURSDAYS**

December 8 thru February 2(no class Dec.29)

9:30 a.m. to 10:30 a.m. **54319** (A)

**Fee: \$109.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **THURSDAYS**

February 16 thru April 20(no class 2/23, 4/13)

9:30 a.m. to 10:30 a.m. **14319** (A)

**Fee: \$109.00**

**8 sessions**

## PILATES

Instructor: Stacey Cristiano

Pilates is an effective sequence of movements that firms and strengthens the abs, thighs and buttocks muscles. Achieve a flatter stomach and firmer legs while improving your posture and coordination. Pilates is a fun and healthy way to reduce your stress level and attain a beautifully sculpted body. Please bring a mat to class. *Maximum of 15 participants per session*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **TUESDAYS**

December 6 thru January 31(no class Dec. 27)

6:00 p.m. to 6:55 p.m. **54309** (A)

7:00 p.m. to 7:55 p.m. **54309** (B)

**Fee: \$109.00**

**8 sessions**

### **LATE WINTER SESSION**

#### **TUESDAYS**

February 14 thru April 18(no class 2/21, 4/11)

6:00 p.m. to 6:55 p.m. **14309** (A)

7:00 p.m. to 7:55 p.m. **14309** (B)

**Fee: \$109.00**

**8 sessions**

## TOTAL BODY SCULPTING TO THE CORE

Instructor: Margaret Cunzio

A total body workout to sculpt, tone and reduce inches off your waistline. Emphasis on the core means a stronger back and flat stomach! This fun but effective workout incorporates strength, core and flexibility, making it a complete workout. Start your day off the right way with this total workout! Please bring weights and a mat. *Maximum of 20 participants*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **WEDNESDAYS**

December 7 thru February 1(no class Dec. 28)

10:00 a.m. to 11:00 a.m. **54308** (A)

**Fee: \$109.00**

**8 sessions**

### **LATE WINTER SESSION**

#### **WEDNESDAYS**

February 15 thru April 19(no class 2/22, 4/12)

10:00 a.m. to 11:00 a.m. **14308** (A)

**Fee: \$109.00**

**8 sessions**



## FRIDAY MORNING WORKOUT

Instructor: Stacey Cristiano

Get in, work out, and get out! Make your Friday morning a great, healthy start to your weekend. This combination workout combines low impact cardio. Weights and bands and the most effective core exercises to firm up your body, get your energy going and melt your stress away. It's a workout you can't miss!! Bring an exercise mat and 3-5 lb weights. *Maximum of 20 participants*

**Mt. Pleasant Community Center.**

### **EARLY WINTER SESSION**

#### **FRIDAYS**

December 9 thru February 3(no class 12/30)

10:00 a.m. to 11:00 a.m. **54303** (A)

**Fee: \$109.00**

**8 sessions**

### **LATE WINTER SESSION**

#### **FRIDAYS**

February 17 thru April 21(no class 2/24, 4/14)

10:00 a.m. to 11:00 a.m. **14303** (A)

**Fee: \$109.00**

**8 sessions**

## BALLROOM DANCING

Instructor: Cameron Kelly & Instructors

Dancing with a partner is back! Why sit on the sidelines at weddings, bar mitzvahs and parties when you can get up and dance? It's easy! Learn to swing, foxtrot, salsa and cha cha to great music. You'll be turning, dipping and swinging your lady with ease. Men are taught easy ways to lead so you make your partner look great. Put some spice back in your relationship! Singles meet some fun new people! Everyone has fun!

**PLEASE NOTE:** We do not guarantee singles a partner. *Maximum of 20 participants per session*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **THURSDAYS**

December 8 thru February 2(no class 12/29)

Beginners: 7:30 p.m. to 8:30 pm. **54103** (A)

Intermediate: 8:30 p.m. to 9:30 p.m. **54103** (B)

**Fee: \$109.00 per person**

**8 sessions**



### **LATE WINTER SESSION**

#### **THURSDAYS**

February 16 thru April 20(no class 2/23, 4/13)

Beginners: 7:30 p.m. to 8:30 p.m. **14103** (A)

Intermediate: 8:30 p.m. to 9:30 p.m. **14103** (B)

**Fee: \$109.00 per person**

**8 sessions**

## THE KNITTING CIRCLE

Instructor: Sharon Campbell Rubens

This course is for all skill levels including no-skills-at-all. Beginners will learn the basics of this ancient craft and move on to hat and scarf projects. More experienced knitters can hone their skills, acquire new techniques and work on projects of their choice. Bring to the first class a pair of medium-size needles (US sizes 7-9) and any basic worsted weight yarn of a medium or light color, or you may purchase a starter kit containing yarn, needles, book and tote from the instructor. Sharon has taught knitting for over 20 years to all ages and also designs and sells specialized embroidery kits. *Maximum of 12 participants*

**Mt. Pleasant Community Center**

### **EARLY WINTER SESSION**

#### **TUESDAYS**

December 6 thru January 31(no class 12/27)

9:30 a.m. to 11:30 a.m. **54118** (A)

**Fee: \$ 72.00**

**8 sessions**



### **LATE WINTER SESSION**

#### **TUESDAYS**

February 14 thru April 18 (no class 2/21, 4/11)

9:30 a.m. to 11:30 a.m. **14118** (A)

**Fee: \$72.00**

**8 sessions**

## WINTER SHAPE UP

Instructor: Carol Migliorelli, ISCA/Promise Certified Instructor

Break out of the winter doldrums and workout every week to something different, 20 20 20, Retro Aerobics, Step and Tone, Totally Toning, Piloxing, ABBS. Please bring a mat and weights to every class.

### **EARLY WINTER SESSION**

#### **MONDAYS**

December 5 thru February 6 (no class 12/26, 1/2, 1/16)

7:00 p.m. to 8:00 p.m. **54305** (A)

**Fee: \$96.00**

**7 sessions**

**Maximum of 15 participants**

## 20-20-20

Instructor: Carol Migliorelli, ISCA/Promise Certified

Aerobics, Step and Toning....Get it all in one workout: burn calories and sculpt your body. This fun interval workout will flatten that tummy and tone those muscles! Note: Please bring 3-5 lb. weights, mat and step (optional but recommended for optimal workout)

### **LATE WINTER SESSION**

#### **MONDAYS**

February 27 thru April 17

7:00 p.m. to 8:00 p.m. **14302**

(A) **Fee: \$109.00**

**8 sessions**

**Maximum of 15 participants**



## DEFENSIVE DRIVING

Instructor: Dan Oderifero

Upon successful completion of this program, you may be eligible for a 10% insurance discount as well as a 4 point removal from your driving record. An additional fee of \$14.00, payable to the "National Safety Council" at the first class is required to receive the certificate.

### Monday & Tuesday, Town Hall Tower Room

December 12 and December 13 **44401 (D)**

January 23 and January 24 **44401 (E) (New Date)**

**Fee: \$35.00 Time: 7:00 p.m. – 10:00 p.m.**

Maximum of 25 participants

## ADULT TENNIS

**Quick Start:** Introduction to tennis. The program is ideal for those that are new to the game or are coming back from a little retirement from the game. Come play with some people that are looking to have fun and enjoy this life time sport. This program meets twice a week for 3 weeks. Select what combination of day works for you?

We are flexible!

Days and Times: Monday and Saturday or Wednesday and Saturday or Tuesday and Saturday or Thursday and Saturday.

Mondays 9:30 a.m. – 10:30 a.m.

Wednesdays 9:30 a.m. – 10:30 a.m.

Tuesdays 8:00 p.m. – 9:00 p.m.

Thursdays 8:00 p.m. – 9:00 p.m.

Saturdays: will meet on Saturday 9:00 a.m. – 10:00 a.m.

**Session #2 – Jan. 9, 2017 – Jan. 23, 2017**

**Cost: \$225.00**

**Please call Solaris Sport & Racquet Club for more information and to register at 914-592-3731**

## ICE SKATING

FREE

There is free ice skating for residents at Opperman's Pond on Lake Drive and Bedford Road (Rt. 117) in Pleasantville and Bear Ridge Lake on Lake Shore Drive in Pleasantville. A sign will be posted when ice is safe for skating. For skating conditions call the Recreation Hotline at 742-2364



## LADIES NIGHT OUT -



Natasha, Pierre and the Great Comet of 1812"

Here is your chance to catch Josh Groban in his Broadway musical debut! It's based on a passage from War and Peace. It follows Natasha, a young girl who forms a relationship with the attractive rebel Anatole while her betrothed Andrey is off fighting. Andrey's best friend Pierre (Josh) remains on high alert as the new romance blossoms. For ladies 21 & over

**WHEN:** Wednesday, January 25, 2017 **24001 (A)**

**WHERE:** bus leaves C.C. at 10:00 a.m.

**Lunch will be at Carmines**

**FEE: Register at the Recreation Dept.: \$190.00**

**WHEN:** Friday, January 27, 2017 **24001 (B)**

**WHERE:** Bus leaves C.C. at 3:30 p.m.

**Dinner will be at O'Lunneys (includes wine & soda)**

**FEE: Register at the Recreation Dept.: \$190.00**

## LADIES NIGHT OUT – PAINT NIGHT

Ladies come join the latest craze in painting!

What can be better than a room full of ladies enjoying wine tasting, hors d'oeuvres & painting a beautiful masterpiece that you will be proud to take home. Price includes hors d'oeuvres, tea, coffee, dessert and paint supplies and instruction. No paint experience required. Discover your hidden talent of art!

Bring your own beverages!

For ladies 21 & over

**WHEN:** Friday, March 3, 2017

**WHERE:** Mt. Pleasant Community Center

**TIME:** 7:00 p.m. – 10:00 p.m. **33000(A)**

**FEE: \$40.00**



## SAVE THE DATE:

## LADIES NIGHT OUT!

Wednesday, April 5, 2017

Broadway Show- "Waitress"



# FAMILY AND SPECIAL EVENTS

**\*New**

## GINGERBREAD HOUSE DECORATING

Instructors: Angela and Marisa Portanova

**Saturday, December 3, 2016**

**Mt. Pleasant Community Center** - 10:00 a.m. to 11:30 a.m.  
Hey Kids! Have fun and decorate your own Gingerbread house to take home for the holidays! Bring your creativity and we will provide the Delicious Gingerbread House and candy to decorate, a take home gingerbread house sticker sheet and a sweet treat!

For children 1 grade thru 3 grade

**Fee: \$40.00 55502 (A)**

Maximum of 10 children



## TOWN HALL TREE LIGHTING CEREMONY

**Friday, December 2, 2016**

Residents and friends of all ages are invited to gather at the Mt. Pleasant Town Hall, at 7:30 p.m. for this traditional beginning of the Holiday Season. There will be carol singing, refreshments and a special appearance by Santa Claus. **FREE**

## ORNAMENT MAKING WORKSHOP

**Thursday, December 8 56101(A)** 4:30 p.m. to 5:45 p.m.

Instructor: Robin Cambria

For grades Kindergarten to 3. Create some beautiful ornament for you child to take home and decorate the house for the holidays! Mt. Pleasant Community Center .

Maximum of 12 children per session **Fee: \$25.00**



## KIDZ NIGHT OUT

For grades K to 5 **MOVIE NIGHT**

Movie TBA. Come see a "Drive-in-Movie" in our Community Center.

**Friday, Mt. Pleasant Community Center**

**December 9, 2016** 5:30 p.m. to 9:00 p.m. **46516 (A)**

NOTE: Pre-registration is preferred at the rec. office

**Fee: \$17.00 Fee at door: \$25.00**



## SANTA'S CALLING

**Wednesday, December 14, 2016**

Have your child receive a special call from Santa this Holiday Season! You must pre-register and complete an information form available at the Recreation Office. For children in Kindergarten thru 4<sup>th</sup> grade

**NOTE:** Your child must be available for Santa's phone call between 6:00 p.m. and 8:00 p.m. **COST: FREE**

## BREAKFAST WITH SANTA

**Saturday, December 17, 2016**

**Mt. Pleasant Community Center**

This annual program for area children and parents includes a continental breakfast, entertainment and a visit with Santa.

Moms and Dads are invited to bring cameras.

9:00 a.m. Seating **55501 (A)**

11:00 a.m. Seating **55501 (B)**

**NOTE: Tickets will be sold at the Recreation Department Office starting November 16th. Adults and Children must purchase a ticket. Fee: \$5.00 per person (child or adult)**



## VALHALLA GAZEBO TREE LIGHTING

**Sunday, December 4, 2016**

6:00 p.m. at the Valhalla Greens- **FREE**

Co-sponsored with the Valhalla Chamber of Commerce and the Valhalla Girl Scouts. There will be carol singing and refreshments will be served.

## SHARE A VALENTINE

Share a Valentine with a senior adult! Children ages 5 and over are encouraged to make a homemade Valentine and drop it off at the Recreation Office no later than Friday, February 3. Valentines will be distributed to our local senior adults after February 11<sup>th</sup>. Valentines should be no larger than 8 1/2 x 11" and can be decorated with whatever your heart desires. Participants should include their name, and age on the back of their Valentine. Each child who participates will receive a special surprise.



## VALENTINE PARTY

Instructor: Robin Cambria

Children in grades K to 3 join us at Mt Pleasant Community Center to make a gift and a Valentine's Day card.

**Thursday, February 9, 2017, Mt. Pleasant Community Center**

4:30 p.m. to 5:45 p.m. **12521 (A)** Fee: \$25.00 per child

Maximum of 20 participants per session

## FUNNY BUNNY EGGSTRAVAGANZA

Instructor: Robin Cambria

**Thursday, April 6, 2017** For children in grades K to 3

Hop on down to stuff your own Easter Bunny while you listen to Peter Cottontail. Dye a beautiful egg and decorate a little basket to take your creation home in. Note: Maximum 20 children

**Mt. Pleasant Community Center**

4:00 p.m. – 5:15 p.m. **16518 (A)**

**Fee: \$25.00**

## FLASHLIGHT EGG HUNT

**Friday, April 7, 2017**

For children in grades 3 to 6

Bring a flashlight and a bag to Broadway Field in Hawthorne and try to find some hidden treasures in the dark.

8:00 p.m. **16506 (A)**

**Fee: \$7.00**



## SPRING EGG HUNT

**Saturday, April 8, 2017**

Hop on over to Broadway Field for our Annual Eggciting Easter Egg Hunt. This event allows pre-schoolers through 2<sup>nd</sup> graders to search for plastic eggs, candy and other surprises. Bring an Easter basket or bucket. The Easter Bunny will also be making a visit. Parents please be advised that this event is for children. Adults will not be allowed to participate with children. Easter escorts will bring your children onto the field to gather eggs. **ALL ADULTS WILL WAIT ON THE BASKETBALL COURTS!** No exceptions will be made.

First Session: 10:30 a.m. (approximately)

Second Session: 12:00 p.m. (approximately)

**Fee: FREE**

**In case of inclement weather please call the Recreation**





# SENIOR CITIZENS PROGRAMS AND ACTIVITIES

## CLUB MEETINGS

All meetings are held at the Mt. Pleasant Community Center on Lozza Drive in Valhalla, from 12:00 p.m. to 3:30 p.m. except holidays. Coffee is available as is the opportunity to socialize with your friends, old and new. All persons 55 years of age and older, living in the Unincorporated portions of the Town of Mt. Pleasant, are eligible to join the clubs. Other activities include: arts and crafts, cards, bingo, and much more.

### THORNWOOD NEIGHBORHOOD GROUP

President: Mr. Anthony Sardanelli Club meets Mondays

### PLEASANT SENIORS OF MT. PLEASANT

President: Mr. Fred Pucarelli Club meets on Thursdays

## SENIOR CITIZEN DISCOUNTS

Residents over 60 years of age are entitled to discounts of 50% on all programs listed (unless noted otherwise) in the Adult Programs sections of this brochure except trips.

## SENIOR CITIZEN TRIPS AND LOCAL EVENTS

All residents of the Unincorporated Town of Mt. Pleasant who are at least 55 years old are eligible to participate in senior citizen trips. A monthly senior citizen flyer detailing upcoming senior activities is available the first workday of each month at the Recreation Department Office and Community Center. **Day trips, extended trips and local events are scheduled throughout the year. Please refer to the monthly Senior Flyer for details.**

## MONTHLY BOOK CLUB



Facilitator: Gloria DeMarchis

The Book Club welcomes new members to come join them for book reading and discussion. Meeting dates are generally the third Tuesday of the month at the Community Center beginning at 1:00 p.m. Please check the Senior Flyer for details.

**All programs listed are located in the Community Center unless otherwise noted and do not take place on holidays.**

## WEEKLY PROGRAMS

### **Mondays**

9:15 a.m. Strengthen and Tone with Laura Santucci \$2.00 fee

10:00 a.m. Lunch Bunch Suggested contribution \$3.00 with transportation \$2.50 without transportation

12:00 p.m. Thornwood Neighborhood Group Club Meeting

### **Tuesdays**

10:00 a.m. Shopping Trips to local shopping centers – call 592-6441

### **Wednesdays**

10:00 a.m. Lunch Bunch Suggested contribution \$3.00 with transportation \$2.50 without transportation

11:05 a.m. Line Dance and Exercise with Cameron Kelly \$2.00 fee

### **Thursdays**

11:00 a.m. Seniorcize with Stacey Cristiano \$2.00 fee

12:00 p.m. Pleasant Seniors of Mt. Pleasant Club Meeting

### **Fridays**

10:00 a.m. Lunch Bunch Lunches suggested contribution \$3.00 with transportation \$2.50 without transportation

9:15 a.m. Floorworks deluxe with Stacey Cristiano \$3.00 fee

## EXERCISE PROGRAMS

The exercise programs listed below are available to Town Residents 55 years old and above. You may join these programs at any time throughout the year. **They are “Pay as you participate” programs. Sneakers are required to participate in all exercise programs.**

### SENIORCIZE STRENGTHEN & TONE WITH LAURA SANTUCCI, MONDAY, 9:15 A.M. TO 10:00 A.M

This program is designed to help you maintain muscle strength, balance and flexibility. Exercises are done by the chair and the class includes a stretching segment in order to achieve a total body workout. Weights are optional, but preferred. **\$2.00 FEE No class 12/26, 1/2, 1/16, 2/20**

### QI GONG FOR HEALTHY AGING WITH NANCY TUESDAYS, 10:45 – 11:30 AM

A modified fitness class for older adults and it can be practiced sitting or standing. Qi Gong consists of three components: slow breathing, gentle stretching movements, and mind full meditation. It is relaxing yet energizing. Anyone can take this class! **\$3:00 FEE No class on 2/21.**

### FIT & FLEX WITH CAROL MIGLIORELLI ISCA/Promise Certified Instructor–TUES. 12:30-1:15pm

One of the most helpful things you can do for your arthritis is to exercise wisely. A proper balance of exercise can help relieve stiffness and maintain or improve your joint mobility and muscle strength. **FEE: \$3.00 No class 2/21 OPEN TO EVERYONE!**

### LINE DANCE WITH CAMERON KELLY WEDNESDAY, 11:05 A.M. UNTIL 11:50 A.M.

This program combines music and Line Dance in order to create an atmosphere of fun as well as a great workout. Get your dancing shoes on and get ready to rock and roll! **\$3.00 FEE No class 2/22**

### SENIORCIZE WITH STACEY CRISTIANO THURSDAY, 11:00 A.M. UNTIL 11:45 A.M.

A safe and enjoyable program of movement and stretching designed for the mature adult. Stay in shape as you limber up, exercise and dance to great music. Simple routines and an occasional line dance add to the fun! This is not an “aerobic” program. Please bring 3-5 lbs. weights. **No class 11/24, 2/23 \$2.00 FEE.**

### FLOORWORKS DELUXE STRETCH WITH STACEY CRISTIANO FRIDAYS, 9:00 A.M. UNTIL 9:45 A.M.

A combination of strength and stretch class done on a floor mat. This class is designed to increase joint mobility, muscle flexibility and strengthen the abdominal area. This class ends with a refreshing, relaxing total body stretch that includes spine strengthening and range of motion moves that are excellent for arthritis and osteoporosis. An exercise mat is required for this class. **\$3.00 FEE No class 11/25, 2/24**

### STAY STRONG AND FIT WITH KAREN KIM FRIDAYS, 11:15 A.M. – 12:15 P.M. \*\*\*FREE\*\*\*

Strong and Fit is back by popular demand. Exercise to improve balance, agility, cardiovascular endurance, flexibility and strength. Grant provided by Westchester Community College, NYS Office for Aging and WCDSPS. **No class 11/25, 2/24**

# OFFICE OF ELDER AMERICANS

**914-592-6441**

63 Bradhurst Avenue

Hawthorne, NY 10532

**DIRECTOR: Laurie Gonzalez**

**Services are offered to residents 60 years old**

The Office of Elder Americans offers support and guidance to individuals and families living within the unincorporated areas of the Town of Mount Pleasant, including Thornwood, Hawthorne and Valhalla.

The purpose of the Office is to provide services and support that reduce social isolation allowing the individual to be maintained in their home environment, preserving their dignity and independence.

## **NUTRITION PROGRAMS**

You **must** call ahead two business days if you wish to participate, attend or need transportation for the following programs:

### **\*The Pleasant Lunch Bunch** (3 days/week) M,W, F

Community Center 11:00 a.m. to 2:00 p.m. A nutritious hot lunch is provided as well as nutrition education. Activities include Bingo, Cards and Friendship!

### **\*Bradhurst Senior Day Center** (3 days/week) T,W,Th

Bradhurst Community Center 11:00 am. to 2:00 p.m. Frail and/or socially isolated individuals are provided therapeutic activities, socialization, and a hot lunch in a warm, supportive setting. This atmosphere also provides respite for caregivers.

### **\*Home Delivered Meals** (5 days/Week, Monday – Friday)

Up to two nutritious meals a day can be provided for any person 60 years or older who are frail, isolated, homebound individuals, unable to meet his/her nutritional needs because of difficulty in shopping and preparing meals. This program is available on a temporary or on-going basis.

## **HEALTH AND SUPPORT SERVICES**

**Information, referral and or assistance** with issues pertaining to the senior population such as entitlements, benefits and home health care.

**Visiting Nurse** Service of Westchester. Blood pressure and blood sugar screening is available on the second Wednesday of the month from 11:00 a.m. to 12 noon at the Mt. Pleasant Community Center except during the months of July, August, December and 2<sup>nd</sup> Tuesday at Bradhurst Community Center..

### **\*Weekly shopping** trip to local supermarkets on Tuesdays.

- Please limit your groceries to **only two bags**.
- Should be able to **carry them without help**.
- **The 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup>** weeks of the month we shop at **Shop Rite**.
- **The 2<sup>nd</sup> & 4<sup>th</sup>** weeks of the month we shop at **A&P**.
- **Reservations** for shopping are taken the **TUESDAY** before the week you want to shop on a first come first serve basis.

## **CONTRIBUTIONS**

For services indicated \*, a contribution is requested. Call OEA Office for more information. No individual is denied a meal if they are unable or unwilling to meet the suggested contribution.

Employment opportunities, community service, internship and a variety of volunteer experiences are also available. For information, call 592-6441.

Office of Elder Americans is a subcontractor of the Department of Health and Human Services, NYS Office for Aging, Westchester County Department of Senior Programs and Services.

## AMERICANS WITH DISABILITIES ACT

The Mt. Pleasant Recreation and Parks Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy our programs and activities to the fullest extent possible. When registering, please let us know if you or your family members have any special needs.

### NORTH EAST WESTCHESTER SPECIAL RECREATION



Programs offered by North East Westchester Special Recreation, an agency supported and sponsored by Mt. Pleasant, are available to children and adults with developmental disabilities from our community. North East programs offer a variety of year-round recreation activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, professionally staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies.

For information call 347-4409.

Employment opportunities, community service credit, educational internships, and a variety of volunteer experience are also available at North East.

### MOUNT PLEASANT BRANCH LIBRARY 741-0276

The Mt. Pleasant Branch Library is located in the Community Center. The branch has a collection of approximately 17,000 books (adult and juvenile), popular magazines and a small reference area, as well as a rotating collection of videos, talking books, compact discs and large print books. A variety of craft programs and story times are offered for children. Access to the Internet and other computer databases are also available.

Hours:	Mondays	10:00 a.m. to 5:00 p.m.
	Tuesdays	10:00 a.m. to 5:00 p.m.
	Wednesdays	10:00 a.m. to 8:00 p.m.
	Thursdays	10:00 a.m. to 5:00 p.m.
	Fridays	10:00 a.m. to 2:00 p.m.
	Saturdays	10:00 a.m. to 2:00 p.m.

## SPORTS YOUTH SPORTS ORGANIZATIONS

Many youth sports in the Town are organized by voluntary organizations. These groups are listed below:

### Baseball/Softball

#### Sherman Park Little League

Hawthorne, Thornwood, parts of Valhalla and Pleasantville

Programs for ages 6 to 15

**Contact:** John Pugni 914-804-7233

#### Kensico Little League

Valhalla, North White Plains and parts of Greenburgh. Programs for ages 4 to 15

**Contact:** Bob Candrea 288-0504

### Football

#### Mt. Pleasant Wildcats Football Club

Contact Football & Cheerleading for 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> grade students of the Mt. Pleasant Central School District. Program runs from August through November

**Contact:** Peter Dinota 755-7279

#### Valhalla Jr. Vikings

**Flag Football:** Programs for 1<sup>st</sup> & 2<sup>nd</sup> graders

**Tackle Football & Cheerleading:** Programs for 3<sup>rd</sup> – 6<sup>th</sup> Grade students of Valhalla Union Free School District Program runs August thru November

**Contact:** Fred Feit

**Email:** Valhallajrvikings@gmail.com

**Website:** www.valhallajrvikings.org

### Soccer

#### AYSO

Program for ages 4 to 18

Coaches, referees, and volunteers needed.

**Website:** www.mtpleasantayso221.org

**Email:** playayso221@gmail.com

#### F.C. Mt. Pleasant Soccer

A competitive travel soccer league for ages 8 and older

**Contact:** Denise Addorisio 682-7808

#### Mt. Pleasant Cub Scouts

Boys ages 6 – 10, Grades 1-5

**Website:** [www.beascout.org](http://www.beascout.org)

**Contact:** Dina Bochnik 536-7456

#### Hawthorne Cub Scouts: Pack 1

Boys grade 1-5

**Contact:** Maria Corrao 914-741-1531

**Email:** [mccsq@cmcorrao.com](mailto:mccsq@cmcorrao.com)

#### Valhalla Cub Scout Pack 111

Boys grade 1-5 / Ages 6-10

[www.beascout.org](http://www.beascout.org) Dina Bochnik 536-7456

# CAMPS

Welcome to the 2017 Mt. Pleasant Recreation and Parks Department's SUMMER CAMP Program! **THE 2017 CAMP FEES ARE TO BE DETERMINED. THE INFORMATION WILL BE AVAILABLE AS OF DECEMBER 5, 2016 ON LINE AND AT THE RECREATION DEPARTMENT.**

We offer a comprehensive camp program for children ages 3 years old to entering 10<sup>th</sup> grade. Our camps are operated under the direction of trained professionals who have many years of camp and teaching experience. The Town of Mt. Pleasant Recreation and Parks Department Summer Camps operate under the New York State and Westchester County Board of Health regulations. Our goal is to provide a safe, fun-filled and well-rounded summer camp experience. We invite you to read on and look forward to serving you this summer! **PLEASE FILL OUT ONE FORM PER CAMPER. There will be a late fee of \$50.00 per camper after Friday April 28 2017. THERE WILL BE NO REFUNDS FOR CAMPS IN 2017.**

## ELIGIBILITY

Children living in the unincorporated portions of the Town of Mt. Pleasant, Mt. Pleasant School District residents and Valhalla School District residents are eligible to enroll in the Mt. Pleasant Day Camps.

## MEDICAL INFORMATION

Under the regulations of New York State and Westchester County Health Department it is required that upon registering your child for camp, **You** must complete the required medical and immunization records form found on the back of the camp registration form. All medical and immunization records must be completed at the time of registration. You are not required to have a doctor's signature on this form. You must fill out the dates of your child's immunization. We cannot accept "up to date" or attachments. Please note: If your child is required to take medication at camp, a separate form must be completed by both the parent and the child's physician and handed in with the medication on the first day of camp. This form is available at the Recreation Office.

When filling out your child's medical form, please remember, it is always in your child's best interest to provide us with all his/her medical/special needs (i.e. ADD/ADHD but not taking medication in summer; afraid of the water, has difficulty in group setting, etc) so that we can provide the best experience possible.



## REGISTRATION INFORMATION FOR MINI MOUNT, SUMMER FUN & GREAT VENTURES

Registration will begin on Monday, February 6, 2017 and continue through Friday, April 28, 2017. After April 28, registration will be accepted on a space available basis with a **late charge of \$50.00 per camper.**

Camper registration form must be completed and returned to the Recreation Department upon registration. **One form per child.**

A discount of \$50.00 per child is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. This does not include Sports Camps.

Parent orientation is an informational meeting for all the parents of the campers enrolled in Mini Mount, Camp Summer Fun and Great Ventures. At this time you will get to meet your child's director, assistant director and pool staff who over sees the camp aquatics program. The overall camp program will be discussed including swim lessons, free swim, trips and special events. There will be ample time to answer questions. **Camp handbooks and special events calendars will be distributed at this time. If you do not attend this meeting, information will be passed out the first day of camp.**

Cont.

## **CAMP MINI MOUNT**

**Director: Isabella Zappa Asst. Director: Denise Antonecchia**

For children ages 3 to entering Kindergarten

Camp Mini Mount provides various activities in a safe, nurturing, structured and fun environment. Campers will take part in arts and crafts, story time, outdoor play, quiet games, music, weekly entertainment and special events. **Registration Information: All children must be toilet trained**

**Day/Dates:** Beginning Tuesday, June 27 thru Friday, August 4 (No camp Tuesday, July 4)

**Location:** HAWTHORNE ELEMENTARY

<b>Time/Fee:</b>	<b>Early Morning Care:</b>	<b>8:00 a.m. - 9:00 a.m.</b>	<b>\$TBD</b>
	<b>Morning Session:</b>	<b>9:00 a.m. – 11:30 a.m.</b>	<b>\$TBD</b>
	<b>Afternoon Session:</b>	<b>12:15 p.m. – 2:45 p.m.</b>	<b>\$TBD</b>
	<b>All Day Program:</b>	<b>9:00 a.m. – 2:45 p.m.</b>	<b>\$TBD</b>
	<b>After Camp Care:</b>	<b>2:45 p.m. - 4:15 p.m.</b>	<b>\$TBD</b>

### **Early Morning Care:**

This program provides a safe and well supervised environment for your young camper. Drop off will be at Hawthorne Elementary School. Campers may bring breakfast or a snack.

### **After Camp Care:**

This program is designed to provide parents extra time to pick up their campers at Hawthorne Elementary School. We encourage parents to supply a snack each day camper stays for after camp.

**Camper registration form** must be completed for each camper.

Mail in registration and registrations dropped in a drop box at the Recreation Office will be accepted through Friday, February 3, 2017. Registration will be processed randomly beginning on Monday, February 6, 2017. Registration received on February 6 will be processed on February 7 registration received on February 7 will be processed on February 8, etc. (Please refer to registration information on page 2)

**Parent Orientation: Tuesday, June 13, 2017 at 6:45 p.m. at Mt. Pleasant Community Center.**

On Monday, June 26 at 11:30 a.m. at Hawthorne Elementary come meet the staff and tour the facility.

Group lists and activity calendars will be distributed at this time.

## **CAMP SUMMER FUN**

**Director: Tara Thomas & Ryan Fierro Asst. Director: Danielle Baviello**

**For Campers entering 1<sup>st</sup> thru 3<sup>rd</sup> grade in Fall, 2017**

Camp Summer Fun provides a variety of activities for campers in a safe, structured and fun atmosphere. Campers will participate in activities such as sports, art and crafts, nature, drama, music and story time on a regular basis. In addition, campers will receive American Red Cross Instructional Swim Lessons two times per week and when possible recreational swim one time per week at the Mt. Pleasant Town Pool. Special events and entertainment are provided.

**Day/Dates:** Beginning Tuesday, June 27 thru Friday, August 4 (No camp Tuesday, July 4) **Location:** TBA

**Time/Fee:**

<b>Half Day session:</b>	<b>9:00 am – 12:00 p.m.</b>	<b>\$TBD</b>
<b>Full Day session:</b>	<b>9:00 am – 3:00 p.m.</b>	<b>\$TBD</b>

**Parent Orientation: June 13<sup>th</sup> at 7:30 p.m. at the Mt. Pleasant Community Center.**

On Monday June 26, come meet the staff, tour the facility and see which group your child is in at 1:00 p.m. to 2:00 p.m.

## **GREAT VENTURES CAMP**

**Director: PJ Levins Asst. Director: Anthony Giuliano**

**For Campers entering 4<sup>th</sup> thru 6<sup>th</sup> grade in the Fall 2017**

Great Ventures Camp provides an array of activities in a safe, structured and fun environment. Campers will participate in activities such as sports, arts and crafts, nature, music, cooking, tennis and drama on a daily basis. The 4<sup>th</sup> graders will get 2 American Red Cross swim lessons and one free swim per week. 5 & 6 graders will get one American Red Cross swim lesson and 2 free swims per week. Special events and entertainment will also be incorporated into the weekly schedule. Off campus trips will be offered throughout the season to compliment this well-rounded program.

On Monday June 26, come meet the staff, tour West Lake H.S. and see which group your child is in at 2:00 p.m. to 3:00 p.m.

**Day/Dates:** Beginning Tuesday, June 27 thru Friday, August 4 (No camp Tuesday, July 4)

**Location:** Westlake High School

**Time/Fee:**

<b>Half Day session:</b>	<b>8:45 am – 11:45 a.m.</b>	<b>\$TBD</b>
<b>Full Day session:</b>	<b>8:45 am – 2:45 p.m.</b>	<b>\$TBD</b>

**Parent Orientation: June 8<sup>th</sup> at 7:30 p.m. at the Mt. Pleasant Community Center.**

# REGISTRATION INFORMATION FOR GREAT ESCAPE CAMP

## GREAT ESCAPE CAMP

**Director:** Peter Kreamer    **Assistant:** Daniella Cucchiarella

**For Campers entering 7<sup>TH</sup> grade in the Fall 2017**

This camp will offer more for your young teen who is ready to “escape” Camp Great Ventures. On Tuesdays, Wednesdays and Thursdays, Great Escape campers will travel to adventurous and structured trips that are conveniently located. On Mondays and Fridays campers will remain at the Great Ventures camp site and participate in camp activities. . \*There will be an extra charge for food due at Parent Orientation. Not all trips will be included in this fee. **Registration:** begins Monday, February 6 and will be accepted at the Recreation Office on a first come, first served basis.

Registration will be accepted, if space permits, thru April 28. After April 28<sup>h</sup> registration will be accepted on a space available basis with a late charge of \$50.00 per camper. A discount of \$50.00 per camper is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. **There is a limit of 45 campers, please remember to register early. Refunds will not be offered for this camp.**

**NOTE:** The 1<sup>st</sup> and 6<sup>th</sup> week of camp there will not be any trips, campers will remain at Camp Great Ventures for traditional activities.

**Parent Orientation: Thursday, June 15 at the Town Hall Court Room at 7:30 p.m.**

**Enter through the Front of Building.**

**Day/Dates:** Beginning Tuesday, June 27 thru Friday, August 4 (No camp Tuesday, July 4)

**Location:** West Lake High School    **Time/Fee:** 8:45 am – 2:45 pm (unless otherwise noted)

**Full Day session:** TBD (Price includes water shirt and food at certain parks. You will be given a schedule at orientation.)

# REGISTRATION INFORMATION FOR TEENSCAPE CAMP

## TEENSCAPE CAMP

**Director:** Ken Barios & Christina Zaccagnino

**For Campers entering 8<sup>th</sup> thru 10<sup>th</sup> grade in the Fall, 2017**

**Day/Dates:** Mondays-Thursdays, July 3<sup>th</sup>-August 3<sup>th</sup> - camp does not meet on Fridays. (no camp on Tuesday July 4)

**Location:** Mt. Pleasant Community Center.

**Fee:** \$TBD (Price includes water shirt and certain Parks for food. You will receive a schedule at orientation)

**There will be no refunds.**

**There is a limit of 45 campers, please remember to register your child early for Teenscape.** Campers will travel to various trip sites throughout the New York, Pennsylvania, Connecticut and Massachusetts areas.

**Trip Times:** Will vary daily based on scheduled trip. Camp begins each day at 8:30 a.m. (unless otherwise noted). The end of the camp day will be based on the trip destination. The end of the day could vary from 3:00 to 11:00 pm. The trip locations, departure and return times and other pertinent information will be discussed and available at the parent orientation meeting. \*There is one overnight trip to Hershey Park.

Includes trip admission, transportation and supervision. Extra spending money for gifts, food, souvenirs, and snacks is the responsibility of the participant. Individual trip information will be provided in the parent handbook.

**Registration:** begins Monday, February 6, 2017 and will be accepted at the Recreation Office on a first come, first served basis.

**Teenscape has a limited enrollment of 45 campers.** Registration will be accepted, if space permits, thru April 28, 2017. After April 28, 2017 registration will be accepted on a space available basis with a late charge of \$50.00 per camper. A discount of \$50.00 per camper is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. (This does not include Sports Camps)

*(Campers of Teenscape Camp can participate in the Early Risers only. There is no After Camp Club available for Teenscape campers)*

Camper registration AND immunization form must be completed and returned to the Recreation Department.

**Parent Orientation: June 14, 2017 at 7:30 p.m. at Town Hall Court enter through Front of Building**

Meet the camp director and counselors and discuss in detail camp trips, policies and procedures. There will be ample time to answer questions.

**Parent handbooks and the camp trip schedule will be distributed at this time.**

**PLEASE NOTE:**

**(Due to the nature of the Great Escape and Teenscape programs there are no refunds and campers enrolled are expected to be mature, responsible, well behaved, respect the rights and property of others and able to function independently within a group of other campers under staff supervision.)**

# EXTENDED DAY PROGRAMS

(For Mini Mount, Camp Summer Fun, Great Ventures Camp and Great Escape ONLY)

The Town offers an extended day program before and after camp for campers enrolled in Camp Mini Mount, Camp Summer Fun, Great Ventures and Great Escape.

## MINI MOUNT

### **Early Morning Care:**

This program provides a safe and well supervised environment for your young camper.

Drop off will be at Hawthorne Elementary School at 8:00 a.m.

Children may bring breakfast or a snack.

**Fee: \$TBD**

### **After Camp Care:**

This program is designed to provide parents extra time to pick up their campers at Hawthorne Elementary School. We encourage parents to supply a snack each day camper stays for after camp. Campers need to be picked up by 4:15 p.m.

**Fee: \$TBD**

## SUMMER FUN, GREAT VENTURES, GREAT ESCAPE and TEENScape

### **EARLY RISERS**

This program provides a safe, supervised environment for your camper to begin his/her day. Activities are provided in the Recreation Room including Ping-Pong, board games and art activities. Staff will escort camper from car to Community Center. Campers may bring breakfast or a snack. *(Campers of Teenscape Camp can participate in the Early Risers only. There is no After Camp Club available for Teenscape campers)*

**Location:** Mt. Pleasant Community Center- Recreation Room

**Time:** Campers can be dropped off beginning at 7:30 a.m. Campers will be bused from the Community Center to their respective campsite at approximately 8:20 a.m. Teenscape campers will walk over to the pool area at 8:30 a.m.

**Fee: \$TBD**

### **AFTER CAMP CLUB**

This program is held at West lake High school for Summer Fun Campers, Great Ventures and Great Escape Campers. The After Camp Club ends at 5:30 pm. There is no transportation provided at dismissal. **ALL CAMPERS MUST BE PICKED UP AT WESTLAKE H.S. BY 5:30 p.m.** The After Camp Club is supervised by camp staff (Directors, specialists and counselors). Campers will take part in various activities. Please provide a snack or your child. **Any camper picked up after 5:30 p.m. will be charged a fee of \$20.00 every 15 minutes.** **Fee: \$TBD**

## TRANSPORTATION

### **(Camp Summer Fun, Great Ventures Camp, Great Escape Camp)**

The Town provides transportation to and from Camp Summer Fun and Great Ventures Camp and Great Escape Camp at limited bus stops within the Town. Hawthorne Elementary School parking lot, Carroll Park, Easter Seals building (formally Valhalla Columbus Avenue School).

**The fee for this service is \$TBD per camper for the season.** The drop off times and pick up times for each site will be available at Parent Orientation. There will be no afternoon transportation for half day campers. This is available to full day campers only. ***Due to scheduling Teenscape will only be able to use morning transportation.***



## CAMP FOR BOYS AND GIRLS

Sports camps and sampler camps will be offered in 2017 and the registration, date and time will be listed in our spring and summer 2017 brochure.

### TENNIS CAMP

Tennis camps will be offered in 2017 and the registration, date and time will be listed in our spring and summer 2017 brochure.



**MT. PLEASANT RECREATION AND PARKS DEPARTMENT  
CAMP REGISTRATION  
RETURN TO: 1 TOWN HALL PLAZA, VALHALLA, NY 10595 914-742-2310  
PLEASE MAKE CHECKS PAYABLE TO: TOWN OF MT. PLEASANT**

CHILD'S LAST NAME	CHILD'S FIRST NAME	GRADE IN FALL	AGE	SEX	DATE OF BIRTH	RECEIPT#

ADULT NAME	LAST:	FIRST:	
ADDRESS	EMAIL:		
	CITY:	STATE:	ZIP:
PHONE NO'S.	HOME: CELL:	MOM WORK: DAD WORK:	EMERGENCY NAME: PHONE:

Please answer the following questions:

1. Does your child require 1-on-1 support during the school year?     YES     NO  
 2. Will your child be accompanied by a support aid while at camp?     YES     NO

Is your child a Swim Team Member?     YES     NO                      What school does your child attend? \_\_\_\_\_

**CIRCLE EACH CODE THAT APPLIES TO CHILD LISTED ABOVE**

**CAMP MINI MOUNT**

CODE	TYPE	FEE
39101	Morning Session	\$ _____
39102	Afternoon Session	_____
39103	All Day Session	_____
39104	Early Drop Off	_____
39105	After Camp	_____

**GREAT ESCAPE**

CODE	FEE
39300	\$ _____

**TEENScape**

CODE	FEE
39301	\$ _____

**CAMP SUMMER FUN & GREAT VENTURES**

CODE	TYPE	FEE
39201	Morning	\$ _____
39202	All Day Session	_____

ADDITIONAL CHILD DISCOUNT    \$50  
 LATE REGISTRATION FEE (after 4/28/17)    \$50  
 Make check payable to:  
 TOWN OF MT. PLEASANT

**Total Due** \_\_\_\_\_

39203                      **Transportation**                      \$ \_\_\_\_\_  
 \*There will be only morning bus transportation for half day campers and Teenscape

My signature below gives permission for my child to participate in all camp, pool activities, including out of camp trips which may include aquatic amusement park activities and swimming.  
 Parent/Guardian Signature Required.

**No refunds for any camps**  
**Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

The above signed hereby releases the Town of Mt. Pleasant, its Town Board, employees and volunteers of any liability whatsoever in connection with damages and/or injury that the above named person may sustain as a result of his/her participation in the above named program.

- Check Pickup/Drop Off Site
- ( ) Hawthorne Elementary School  
    Parking Lot
  - ( ) Easter Seals (old Columbus Elem. Val)
  - ( ) Carroll Park
- |       |                 |          |
|-------|-----------------|----------|
| 39204 | Early Riser     | \$ _____ |
| 39205 | After Camp Club | _____    |

**COMPLETE BACK OF FORM**

## CAMPER MEDICAL FORM

(This form needs to be completed for application to be accepted) All information is confidential. Please complete all questions in detail for your child's welfare and enjoyment. Remember to sign bottom. A doctor's physical or signature is not required.

CHILD'S NAME: \_\_\_\_\_ GRADE IN FALL: \_\_\_\_\_

EMERGENCY INFORMATION: If you are not available in an emergency notify: NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

MEDICAL HISTORY: Please fill out completely:

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DENTIST'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

### ALLERGIES:

Please specify what your child is allergic to in the space provided

Medication(s): \_\_\_\_\_ Food: \_\_\_\_\_

Insect bites/stings: \_\_\_\_\_ Other: \_\_\_\_\_

Emotional concerns (explain): \_\_\_\_\_

Physical limitations (explain): \_\_\_\_\_

Significant health history (i.e., diabetes; seizures, heart disease, etc.) \_\_\_\_\_

Medications/precautions necessary for above: \_\_\_\_\_

Does your child have asthma?  Yes  No Does he/she need an inhaler?  Yes  No

Is your child required to take any medication during camp hours including an epi pen or an inhaler if necessary?  Yes  No

\*\*If yes a separate medical authorization form must be completed by both the parent and doctor and returned with the medication to the first day of camp. Medical authorization forms are available at the Recreation Office. Medical forms and medication will not be taken at the Recreation office

OTHER COMMENTS:

### MEDICAL HISTORY: Immunization Records - Required by N.Y. S. HEALTH DEPARTMENT- **YOU MUST LIST DATES- NO ATTACHMENTS!**

DTP (3 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

DTaP (2 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Oral Polio (3 or 4 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

MMR Vaccine (Mumps, Measles, Rubella) (2 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Hepatitis B (Hep B) (3 doses): 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Haemophilus Influenza Type B (HIB): 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Varivax (Chicken Pox) Date of inoculation or chicken pox infection: 1) \_\_\_\_\_

EMERGENCY AUTHORIZATION: In the event that I cannot be reached and an emergency occurs, I hereby give permission to the physician selected by the Camp Director to hospitalize and secure proper treatment for the child named above.

**Parent/Guardian Signature Required:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Medical Insurance Company:** \_\_\_\_\_ **ID#:** \_\_\_\_\_

**MT. PLEASANT RECREATION & PARKS REGISTRATION FORM**  
**Return to: 1 Town Hall Plaza, Valhalla, New York 10595 – 742-2310**  
**REGISTRATION FORM- PLEASE PRINT CLEARLY**

**Make Checks Payable To: Town of Mount Pleasant**  
**CASH OR CHECK ONLY**

Receipt #: \_\_\_\_\_

Adult Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
 Zip: \_\_\_\_\_ Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_ Work#: \_\_\_\_\_  
 Emergency#: \_\_\_\_\_ Email: \_\_\_\_\_ School District: \_\_\_\_\_

PARTICIPANTS NAME (Last Name, First Name)	DATE OF BIRTH	GENDER (M/F)	AGE	GRADE	ACTIVITY NUMBER (Name, Number)	SESSION LETTER	FEE

The undersigned hereby releases the Town of Mt. Pleasant, its Town Board, employees and volunteers of any liability whatsoever in connection with any damage and/or injuries that the above named person(s) may sustain as a result of his/her participation in the above named program(s). I further state the above information is accurate and realize that any false information will result in cancellation of program participation or pool membership with no refunds.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Cash \_\_\_\_\_ Check# \_\_\_\_\_ Initials \_\_\_\_\_ -