

# TOWN OF MOUNT PLEASANT RECREATION & PARKS DEPARTMENT



## SPRING/SUMMER 2010

[www.MtPleasantNY.com/rec](http://www.MtPleasantNY.com/rec)

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**PROGRAM HOTLINE IS 742-2364  
ADULT SPORTS HOTLINE IS 742-2367  
OR POOL PROGRAM CANCELLATIONS  
769-1766**

**TOWN OF MT. PLEASANT TELEPHONE DIRECTORY**

<u>Departments</u>	<u>Phone No.</u>
Assessor .....	742-2345
Building .....	742-2305
Comptroller .....	742-2360
Engineering.....	742-2317
Highway .....	769-1045
Justice Court .....	742-2324
Planning & Zoning.....	742-2330
Police Dept. (Non-Emergency) .....	769-1941
Receiver of Taxes .....	742-2348
<b>Recreation .....</b>	<b>742-2310</b>
Office of Elder Americans .....	592-6441
Sanitation .....	592-4129
Supervisor's Office.....	742-2300
Town Attorney.....	742-2326
Town Clerk.....	742-2312
Water & Sewer.....	831-1062

**WANT TO BE A CAMP COUNSELOR**  
**Being a Camp Counselor...**  
**The Benefits Are Endless!!**

- Make a difference in the life of a child.
- Be a role model.
- Make new friends.
- Learn responsibility.
- Improve communication skills.
- Learn patience.
- HAVE FUN!
- Be a part of a team.
- Work in an outdoor environment.
- Feel good about your job and yourself.
- Be a leader.
- Earn \$\$\$
- MAKE A DIFFERENCE IN THE LIFE OF A CHILD!

For an application to become a Camp Counselor or Lifeguard call the Recreation Office at 742-2310.

**WANT TO BE A LIFEGUARD**  
**Being a Lifeguard...**  
**The Benefits Are Endless!!**

- Make new friends.
- Learn responsibility.
- Maintain fitness level.
- Sharpen reflexes.
- Improve communication skills.
- Learn diplomacy.
- HAVE FUN!
- Be a part of a team.
- Work in an outdoor environment.
- Feel good about your job.
- Be a role model.
- Interact with children & adults.
- Earn \$\$\$
- KEEP POOL USERS SAFE

**SPECIALISTS NEEDED!!**  
If you have a special skill and would be interested in teaching a class in the fall, winter or spring or be a specialist in one of our camps please call the Recreation Office at 742-2310.

# REGISTRATION POLICY AND PROCEDURES

## *Spring Programs*

1. All mailed-in and dropped-off registrations received by Friday, March 26<sup>th</sup>, 2010 processed on a random basis starting Monday, March 29, 2010. All registrations received by 4:30 p.m. on Monday, March 29<sup>th</sup> will be processed on a random basis starting Tuesday, March 30<sup>th</sup>. Registrations received on March 30<sup>th</sup> will be processed on a random basis starting March 31<sup>st</sup>. The same process will be followed on April 1<sup>st</sup> and 2<sup>nd</sup>.  
**NOTE: Only for programs that indicate "Early Registration", please send in registration form immediately.**
2. Starting Monday, April 5<sup>th</sup>, 2010 walk-in registrations will be accepted at the Recreation Office on a space available basis in the order in which they are received. Mail-in registrations will be processed randomly each day and interspersed with the walk-in registrations as they are received.
3. Registration forms are required for most programs. Phone registrations will not be accepted unless noted.

**\*\*A SEPARATE CHECK IS REQUIRED FOR EACH INDIVIDUAL PROGRAM UNTIL APRIL 5<sup>TH</sup>, 2010\*\***

## *Camp Mini Mount*

Camp Mini Mount registration will be handled on a mail-in basis as outlined below. A completed Camp Registration form with immunization dates clearly written in, is required for a registration to be processed.

1. Only mail-in registrations and registrations placed in a drop box at the Recreation Office will be accepted through Friday, April 2<sup>nd</sup>, 2010.
2. Processing of properly completed mail-in and drop-off registrations received by April 2<sup>nd</sup> will start on Monday, April 5<sup>th</sup>. All registrations will be processed on a random basis. Registrations received on April 5<sup>th</sup> will be processed April 6<sup>th</sup>. The same process will be followed for registrations received on April 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>.
3. Open registration will start, if space is available, on April 12<sup>th</sup>. Starting May 8<sup>th</sup> a late registration fee of \$50.00 will be applied.
4. Camp Mini Mount registrations should be placed in a separate envelope from other camp/program registrations clearly marked "Camp Mini Mount".

## *Camp Summer Fun, Great Ventures Camp, Great Escape Camp & Teenscape*

Camp registration (other than for Camp Mini Mount) will start on April 12, 2010 and continue through May 7<sup>th</sup>. Starting May 8<sup>th</sup> a late registration fee of \$50.00 will be applied. Teenscape and Great Escape have limited enrollment and may fill up prior to May 7<sup>th</sup>. A complete registration form, with immunization dates clearly written in, is required for a registration to be processed.

**CAMP REGISTRATION FORMS WILL NOT BE ACCEPTED WITHOUT IMMUNIZATION DATES WRITTEN IN.**

## *Sports Camps & Tennis Camp*

Sports Camp & Tennis Camp registration will start on April 12, 2010. These camps have limited enrollment and may fill up. To register please fill out the "Activity/Pool" Registration Form in the back of the brochure.

## *Town Pool*

Registration for the Town Pool and all instructional swimming programs will be accepted starting April 12<sup>th</sup>. Two proofs of residency one of which should be a **Photo ID**, such as a driver's license, telephone bill, credit card invoice or automobile insurance card are required. Old pool passes and tax bills are not considered proof of residency.



**SUMMER EMPLOYMENT OPPORTUNITIES**  
The Mt. Pleasant Recreation and Parks Department has over 100 part time jobs available during the summer for individuals 16 years of age and over. Positions include Lifeguard, Water Safety Instructors, Cashiers, Parks Groundskeepers, Counselors and Specialists. Some positions are available on a half day basis. Mt. Pleasant has volunteer positions for 15 year old teens as Counselors in Training at the day camps and Lifeguards in Training at the pool. CIT's can work in either Camp Summer Fun or Mini Mount for half or all day. All applications are available at the Recreation Office.



**PARTICIPATION & FEES**  
Participation is restricted to residents of the Town of Mt. Pleasant living outside the Villages of Briarcliff Manor, Pleasantville and Sleepy Hollow. If space is available in any program one week prior to the start of the program, nonresidents and Village residents will be allowed to participate by paying a 20% surcharge.

Senior Citizens age 60 and over who live in the Town Outside are entitled to a 50% reduction in program fees for all adult programs other than trips. Proof of age is required.

The Recreation and Parks Commission maintains a policy which requires individuals in programs to help defray costs involved. Fees have been established for each program based on the cost of operating the program and nature and number of individuals served. Fee reduction and scheduled payment applications are available in the Recreation and Parks Office.

**PROGRAM HOTLINE IS 742-2364  
ADULT SPORTS HOTLINE IS 742-2367**

**Sorry, credit cards are not accepted!**

**REFUNDS**  
Refunds are granted only if a program is canceled. Any other refund requests will be reviewed individually and will be prorated and subject to a \$15.00 processing fee, if approved. The Recreation and Parks Department reserves the right to cancel any program and issue appropriate refunds whenever it is considered in the best interest of the Department.

**INSURANCE**  
The Town of Mt. Pleasant does not provide accident insurance for any of its programs. All persons participate at their own risk and should make certain they have their own insurance.

**ACTIVITY CHANGES/SCHEDULES**  
Due to circumstances beyond our control, some activities may require time or location changes. All participants will be notified, when possible, if a change or cancellation does occur.

**WAITING LIST**  
If your desired class is filled, you will be notified and placed on a waiting list. The department will make every effort to accommodate those on the waiting list. If any openings become available, we will then go to the waiting list to fill the class.

**PROGRAM CANCELLATION**  
If programs are canceled due to inclement weather, notification will be made over radio station WFAS (103.9 FM or 106.3 FM and 12.30 AM). You can also log onto the WFAS website at [www.wfasfm.com](http://www.wfasfm.com) & [www.wfasam.com](http://www.wfasam.com). In addition, the Recreation and Parks Department has a Hotline number that gives information on program changes and cancellations.

**Program Hotline is 742-2364  
Adult Sports Hotline is 742-2367**

**PROGRAM BEHAVIOR**  
Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Participants shall:

- show respect to all participants and staff.
- refrain from using foul language.
- refrain from causing bodily harm to other participants or staff.
- show respect for equipment, supplies and facilities.

## MESSAGE TO PARENTS (AGE REQUIREMENTS)

For all programs, age requirements will be as of the date of the first class unless otherwise specified. Please do not request or sign your child up in a class he/she does not belong in. If you should do so and we discover the error, it may be too late to get your child in the correct class because it is full. All age requirements are set to benefit the children and make instruction more consistent for the program leader.

THANK YOU FOR YOUR COOPERATION.

### PRE-SCHOOL PROGRAMS

## SORRY, SIBLINGS MAY NOT ATTEND PARENT & TOT PROGRAMS

#### **ROBIN'S NEST FOR PARENTS & TOTS**

**21101**

Instructor: Robin Cambria

An art class designed for 2 year olds and their parents that will ignite their imaginations through stories and art projects with an assortment of materials and books. **Smocks are suggested.**

**Mondays, Community Center**

April 26 thru June 14 (no class May 31)

10:00 a.m. to 10:30 a.m.

(A)

10:45 a.m. to 11:15 a.m.

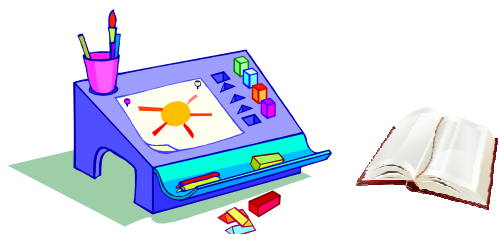
(B)

Maximum of 10 children

**7 sessions**

**Fee:**

**\$63.00**



#### **ROBIN'S NEST FOR LITTLE ONES**

**21102**

Instructor: Robin Cambria

Inspired by books and stories, 3 and 4 year olds will work independently with an assortment of materials to create many wonderful projects. **Smocks are suggested.**

**Mondays, Community Center**

April 26 thru June 14 (no class May 31)

11:30 a.m. to 12:15 p.m.

(A)

Maximum of 10 children

**7 sessions**

**Fee:**

**\$67.00**



#### **MUSIC & MOVEMENT FOR PARENTS & TOTS**

**21103**

Instructor: Burr Johnson

A fun and exciting musical experience for tots (18 months to age 3) and their parents. This program is designed to develop perceptual motor skills, learning and socialization thru songs, movement, instrument playing and activities using a variety of props such as hoops, balls and more.

**Wednesdays, Community Center**

May 5 thru June 16

10:15 a.m. to 10:45 a.m.

(A)

10:45 a.m. to 11:15 a.m.

(B)

Maximum of 12 children

**7 sessions**

**Fee:**

**\$56.00**



#### **MUSIC & MOVEMENT**

**21104**

Instructor: Burr Johnson

A fun and exciting musical experience encouraging active participation. This program is for 3 and 4 year olds and develops perceptual motor skills, learning and socialization thru songs, instrument playing and activities using a variety of props such as hoops, balls, and more. Maximum of 12 children

**Wednesdays, Community Center**

May 5 thru June 16

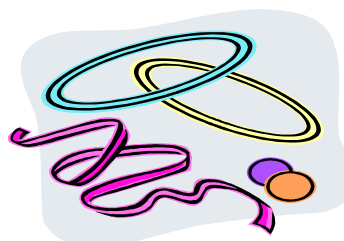
11:15 a.m. to 12:00 Noon

(A)

**7 sessions**

**Fee:**

**\$60.00**





**TINY BALLERINAS**

**21107**

Instructor: Taylor Cambria

A class to guide young dancers through ballet stretches, movements and various dance games. Through role play as princesses and animals, they will learn basic ballet positions and jumps. This is a fun introduction to classical ballet for any child.

For ages 3 and 4

**Tuesdays, Community Center**

May 4<sup>th</sup> thru June 22

11:30 a.m. to 12:15 p.m. (A)

12:30 p.m. to 1:15 p.m. (B)

Maximum 12 children

**8 sessions**

**Fee: \$72.00**

**PRE-BALLET**

**21108**

Instructor: Leslie Schor

Coordination, rhythm, body awareness and basic ballet principles are emphasized through age-appropriate activities. Students are introduced to elementary ballet terminology, positions, movements and musicality. Parents will have an opportunity to view a group presentation at the end of the session to admire the work the children have accomplished.

**Tuesdays, Community Center**

For ages 5 and 6

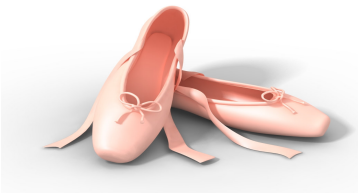
May 4 thru June 22

3:45 p.m. to 4:30 p.m. (A)

Maximum 12 children

**8 sessions**

**Fee: \$72.00**



**2010 KINDERGARTEN PARTY**

**21502**

Instructors: Nora Pierce

Is your child starting kindergarten in September? Meet and greet other children and their parents at a pre-kindergarten party!

Along with pizza, games, and crafts, school and bus safety will be discussed. During the last half hour parents will be invited to join us for cookies, milk and socializing. The Westchester County Traffic and Safety Department will be doing a presentation on bus safety.

For children entering kindergarten in September.

**Community Center**

**Thursday, June 17**

12:15 p.m. to 2:15 p.m. (A)

**Tuesday, August 10**

12:00 p.m. to 2:00 p.m. (B)

Maximum of 25 participants

**Fee: \$20.00**

**LIL' COOKS**

Head Chef: Rosa Carra Asst. Chef: Rosalie Fierro

This program for 3, 4 and 5 year olds introduces children to the art of cooking and baking! Children will prepare, cook and eat their own foods! This program will also enhance many skills such as early math skills, pre-reading skills and language skills as they learn about measuring, counting, and word and symbol recognition. Parents are invited to arrive 15 minutes prior to class ending, to enjoy their child's cooking creation.

Max of 8 participants per session.

**SPRING SESSION (7 sessions)**

**21501**

**Wednesdays, Town Hall Tower Room**

April 28 thru June 9

12:30 p.m. to 2:00 p.m. (A)

**Thursdays, Town Hall Tower Room**

May 6 thru June 17

10:00 a.m. to 11:30 a.m. (B)

12:30 p.m. to 2:00 p.m. (C)

**Fridays, Town Hall Tower Room**

May 7 thru June 18

12:30 p.m. to 2:00 p.m. (D)

**Fee: \$100.00**

**SUMMER SESSION (5 sessions)**

**31501**

**Monday thru Friday, Town Hall Tower Room**

June 28 thru July 2

9:00 a.m. to 10:30 a.m. (A)

**Fee: \$85.00**

**Monday thru Friday, Town Hall Tower Room**

August 9 thru 13

9:00 a.m. to 10:30 a.m. (B)

**Fee: \$85.00**



## CHILDREN'S PROGRAMS

### SAFE ON MY OWN

22401

Instructor: Joe Pepe  
Safe On My Own is a program for children in grades 3 thru 5 taught by a Red Cross/ASHI Instructor, on the safety measures of what to do when home alone.

#### Bradhurst Community Center

5:30 p.m. to 7:30 p.m.

Friday, April 9 (A)

Friday, June 11 (B)

Maximum of 12 participants

**Fee: \$22.00**

### ASHI BABYSITTERS TRAINING COURSE WITH CPR

32402

Certified ASHI Instructor: Joe Pepe  
For children ages 11 thru 15. Prepares student with the training every parent wants in a babysitter, including safety, basic child care, safe play, critical emergency action skills, CPR and first aid. Student becomes certified in babysitting and CPR.

#### Bradhurst Community Center

Friday, June 4– 5:30 p.m. to 8:30 p.m.

#### Mt.Pleasant Community Center

Saturday, June 5 – 10:00 a.m. to 6:00 p.m.

Maximum of 10 participants

**Must attend both sessions!**

**Fee: \$85.00**

### CREATIVE KIDS CRAFT

22103

Instructor: Nora Pierce  
An art program for children in K to 2<sup>nd</sup> grade. This program will include drawing, painting, constructions, and crafts. Lots of materials for big imaginations and tiny hands to explore. Bring a smock. **NOTE:** If your child attends Hawthorne Elementary School they will be supervised by the instructor immediately following dismissal. **NOTE:** You must send a note to school each Monday if your child will be attending this program.

#### Mondays, Hawthorne Elementary School

April 19 thru May 24

2:30 p.m. to 3:30 p.m. (A)

Maximum of 12 participants

**6 sessions**

**Fee: \$65.00**

### ARTS & CRAFTS FOR KIDS \*NEW

22106

Instructor: Linda Falcetti  
For children Grades 1 – 5<sup>th</sup> grades. Kids have fun while creating different arts and craft projects.

#### Saturdays, Tower Room, Town Hall

April 17 thru June 5<sup>th</sup> (no class May 29)

Maximum 15 participants

11:00 a.m. to 12:00 p.m.

**7 Sessions**

**Fee: \$60.00**



### JUNIOR COOKS

Head Chef: Rosa Carra Asst. Chef: Rosalie Fierro

For ages 9 to 11

The art of cooking & baking will be introduced. Children will prepare, cook and eat their own creations through hands-on experiences. All math, reading and language arts skills will be enhanced through the cooking process. The children will go home with the recipe, a related craft and rating. Parents are invited to join their children 15 minutes before class ends to enjoy the finished product. Maximum of 8 participants.

#### Fridays, Town Hall Tower Room

### SPRING SESSION (7 sessions)

22502

May 7 thru June 18

3:30 p.m. to 5:00 p.m.

**Fee: \$100.00** (A)

### SUMMER SESSION (5 sessions)

32502

#### Monday thru Friday, Town Hall Tower Room

June 28 thru July 2

11:00 a.m. to 12:30 p.m.

**Fee: \$85.00** (A)

#### Monday thru Friday, Town Hall Tower Room

August 9 thru August 13

11:00 a.m. to 12:30 p.m.

**Fee: \$85.00** (B)



### AFTER SCHOOL SPORTS

22205

Instructor: Ken Fisher

Enjoy an extra hour of sports and games after school. A variety of sports and games are played emphasizing fun for all.

**IMPORTANT:** Children may sign up for one class only.

#### Columbus Elementary School

2:30 p.m. to 3:30 p.m.

#### Wednesdays

April 14 thru June 2 (A)

#### Thursdays

April 15 thru June 10 (no class May 13) (B)

#### Fridays

April 16 thru June 11 (no class May 28) (C)

Maximum of 25 participants per class

**8 sessions**

**Fee: \$46.00**

**SPRING TUMBLING (Early Registration) 22224**

Instructor: Alex Munoz  
This class provides you the opportunity to learn, maintain or improve your tumbling skills. Your 45 minute class will include strength and condition training. Whether you are looking for a great workout or an eye popping tumbling pass, you'll find satisfaction and fun that will have you flipping for more.

**Mondays, Community Center**

March 1 thru April 26 (no class March 29)

**Level 3 & 4 Advanced**

5:30 p.m. to 6:45 p.m. (A)

Maximum of 20 participants per class

**8 sessions**

**Fee: \$120.00**

**SUMMER TUMBLING 22223**

Instructor: Alex Munoz  
This class provides you the opportunity to learn, maintain or improve your tumbling skills. Your 45 minute class will include strength and condition training. Whether you are looking for a great workout or an eye popping tumbling pass, you'll find satisfaction and fun that will have you flipping for more.

**Fridays, Community Center**

July 2 thru August 20

**Level 1 & 2- Beginner**

5:30 p.m. to 6:15 p.m. (A)

**Level 3 - Advanced**

6:30 p.m. to 7:15 p.m. (B)

**Level 4 - Elite**

7:30 p.m. to 8:15 p.m. (C)

Maximum of 20 participants per class

**8 sessions**

**Fee: \$80.00**



**SUMMER CHEER 32214**

Instructors: Alex & Candy Munoz  
Cheer on the summer! This program is available to participants who have no cheer experience through the advanced level. Basic cheers, explosive jumps, various cheer techniques and more will be taught.

**Mondays, Community Center**

July 5 thru August 16 (no class Aug. 9)

For grades K to 2

Intro to Cheerleading (no cheer experience)

4:00 p.m. to 4:45 p.m. (A)

For Grades 1 to 4 (with cheer experience)

5:00 p.m. to 6:00 p.m. (B)

For Grades 5 to 12

6:00 p.m. to 7:00 p.m. (C)

Maximum of 25 participants

**6 sessions**

**Fee: \$75.00**

**INDOOR STREET GAMES 22207**

Instructor: Pat Tufano  
Come play the same games that David Wright, Leon Washington, Derek Jeter and Ken Griffey, Jr. played when they were kids. A weekly rotation of four different street games; punchball, slap ball, stickball and waffle ball.

**Fridays, Community Center**

April 23 thru June 11 (no class May 28)

Grades 1 and 2

3:30 p.m. to 4:30 p.m. (A)

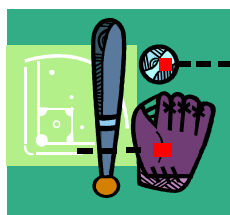
Grades 3 thru 5

4:30 p.m. to 5:30 p.m. (B)

Maximum of 30 participants

**7 sessions**

**Fee \$40.00**



**YOUTH TENNIS**

Instructor: Linda Rosensweig  
For children ages 8 to 14  
Certified instruction for all levels of ability  
Beginner: Enjoy the fundamentals including forehand, backhand, serving, and light play.

Intermediates: Master your ground strokes, volleying, and learn various game strategies. Maximum 10 children

**Saturdays, Westlake High School Tennis Courts**

**SPRING SESSION (7 sessions) 22204**

April 17 thru June 5 (no class May 29)

Beginner: 11:00 a.m. to 12:00 p.m. (A)

Intermediate: 12:00 p.m. to 1:00 p.m. (B)

**Fee: \$100.00**

**SUMMER SESSION (4 sessions) 32204**

July 10 thru July 31

Beginner: 11:00 a.m. to 12:00 p.m. (A)

Intermediate: 12:00 p.m. to 1:00 p.m. (B)

**Fee: \$50.00**





**MT. PLEASANT FLAG FOOTBALL 42206**

Program Director: Ken Fisher  
Mt. Pleasant Recreation is now accepting registrations for the **youth flag football program in the fall**. Divisions of play are 3rd & 4th graders; 5th & 6th graders. First practices will be held in early September with games starting October and finishing early November. Flag football is non-contact...The offensive team plays for a first down midfield and a touchdown in the end zone. Running and passing plays are allowed. The defensive team covers the receivers, rushes the passer, and grabs flag belts to make "tackles". All youths play in each game. Practices/games are once a week. Maximum of 60 participants per grade group.

**Location: Bradhurst Field**  
**Dates: September 13 thru November 8, 2010**  
MONDAYS, 4:00 p.m. to 4:45 p.m.  
3rd & 4th Grade (A)  
5th & 6th Grade (B)  
**Fee: \$65**



**MT. PLEASANT AMERICAN HERITAGE GOJU KARATE 22208**

Sensei: Dayton Guinee  
Welcome to our program called "Little Lions"! This class meets twice a week for boys and girls ages 6 and 7 years of age. Our program is designed to train the students to further develop their basic motor skills, and to increase their balance, and hand eye coordination. Students will develop a healthier and stronger body through our effective exercise routine, while they are learning fundamental martial arts skills and acquiring other constructive knowledge. Our instructors use drills that are exciting and motivating, encouraging all to do their best through positive reinforcement. Non-aggressive self defense skills are taught at a speed and level that is appropriate for this age group. Male and female instructors focus on *Individual Growth for Individual Achievement!* Official uniform and school patch are *required* and can be purchased through the instructor. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate- Do organization.

**Additional \$15.00 discount per additional child**  
**SPRING SESSION**  
**Mondays & Wednesdays**  
April 26 thru June 9 (May 31 & June 2)  
4:00 p.m. to 5:00 p.m. (A)  
**(12 SESSIONS)**  
Maximum of 16 Participants  
**Fee: \$170.00**



**LIGHTNING LEARNERS**

Instructors: Two NYS certified teachers: Susan Kinlin and Loreen Cronin Forella  
This program is run by two NYS certified teachers who specialize in both reading and mathematics. These two teachers will assist with each child's individual academic needs while helping your child to develop organizational skills, which helps them be successful in school.

**SPRING SESSION 22102**

**Wednesdays, Community Center**  
April 7 thru May 26  
**Reading Grades 1 – 5 3:30 p.m. - 4:30 p.m. (A)**  
**Math Grades 1 - 6 4:30 p.m. – 5:30 p.m. (B)**  
Maximum of 12 participants  
**8 sessions**  
**Fee: \$98.00**

**LIGHTNING LEARNERS SUMMER SESSION 1 32102**

**Tuesdays & Thursdays, Community Center**  
July 6 thru July 22  
**Reading Grades 1 – 5 9:00 a.m. – 10:00 a.m. (A)**  
**Math Grades 1 - 6 10:00 a.m. – 11:00 a.m. (B)**  
**Reading Grades 1 – 5 4:00 p.m. – 5:00 p.m. (C)**  
**Math Grades 1 - 6 5:00 p.m. – 6:00 p.m. (D)**  
Maximum of 12 participants  
**6 sessions**  
**Fee: \$75.00**

**LIGHTNING LEARNERS SUMMER SESSION 2**

**Tuesdays & Thursdays, Community Center**  
July 27 thru August 12  
**Reading Grades 1 – 5 9:00 a.m. – 10:00 a.m. (E)**  
**Math Grades 1 - 6 10:00 a.m. – 11:00 a.m. (F)**  
**Reading Grades 1 – 5 4:00 p.m. – 5:00 p.m. (G)**  
**Math Grades 1 - 6 5:00 p.m. – 6:00 p.m. (H)**  
Maximum of 12 participants  
**6 sessions**  
**Fee: \$75.00**



## ADULT PROGRAMS

### **DEFENSIVE DRIVING**

Instructor: Dan Oderifero  
 Upon successful completion of this program, you may be eligible for a 10% insurance discount as well as a 4 point removal from your driving record. If you pass the course and would like the certification, there is an \$11.00 fee to receive the certification. **Town Hall Tower**

7:00 p.m. to 10:00 p.m.  
 April 19 and April 21 (Mon & Wed) (C) **14401**  
 May 17 and May 19 (Mon & Wed) (D) **14401**  
 June 7 and June 9 (Mon & Wed) (A) **24401**  
 Sept. 27 and Sept. 28 (Mon & Tues) (B) **24401**  
 Maximum of 25 participants per class  
**Fee per session: \$35.00**

### **TRAPSHOOTING FUNDAMENTALS 24200**

Instructor: Sue and Jack Gullotta  
 An introduction to clay bird shooting with instruction by experienced marksmen and more advanced instruction for experienced participants. Program includes discussion on fire arm safety and individual instruction on clay bird shooting.

**Participants must be 16 years or older. Due to the popularity of this program, new participants will be given preference in signing up.** Program will be held at and with the cooperation of the Mt. Pleasant Sportsman's Club. Although there is no charge for this program, you must register by completing and mailing in the registration form. In the event of inclement weather please call the clubhouse at 941-3607. Each participant will receive a free gunlock, compliments of Project Childsafe.

**Mt. Pleasant Sportsman's Club**  
 9:00 a.m. to 1:00 p.m. (Sign in 8:45 a.m.)  
**Saturday, April 3 (A)**  
**Saturday, May 1 (B)**  
 Maximum of 15 participants  
**Fee: FREE**

**NOTE:** Participants must purchase their own ammunition \$6.00 per round of 25 shells. Anticipate shooting 2 or 3 rounds. **NOTE:** Any questions please contact Roger Buglione at 769-0470 or Sue Gullotta at 741-0452. Inclement weather call 941-3607.

### **TOTALLY TONING 24301**

Instructor: Carol Migliorelli  
 ISCA/Promise Certified Instructor  
 Start off with low impact aerobic warm-up and then focus on toning the major muscle groups with specific exercises. Abdominal and glutes will be targeted. X-ertubes will be provided. Please bring hand weights (3-5 lbs.) and an exercise mat. Maximum of 15 participants

**Mondays, Community Center**  
 April 26 thru June 14 (no class May 31)  
 7:00 p.m. to 8:00 p.m. (A)  
**7 sessions**  
**Fee: \$63.00**

### **YOU FIX IT \*NEW 24305**

Instructor: Dom Shifano of Elite Contracting of NY. You will learn basic home repair and improvement. Plumbing, carpentry, dry wall, concrete work and electrical will be covered. Save big by fixing it yourself.

**Fridays, Tower Room**  
 April 23 to June 4 (A)  
 7:30 p.m. to 8:30 p.m.  
 Maximum of 15 participants  
**7 sessions**  
**Fee: \$60.00**

### **BOW HUNTER EDUCATION COURSE 34205**

Instructor: Manny Pinto  
 A serious bow hunter education course leading to certification required for bow hunting license. Participants 14 and older will learn their responsibilities as a hunter, how to prepare for the hunt, equipment and maintenance, how to hunt, safety practices as well as all the things you need to know that could go wrong. This is a comprehensive 10 hour classroom and field demonstration course and is certified by the New York State Department of Environmental Conservation. Program will be held at and with the cooperation of the Mt. Pleasant Sportsman's Club. Pre-registration is required by completing and mailing in the registration form in the back of this booklet.

**NOTE:** For more information and materials needed contact Manny Pinto at 769-6104 one week prior to class.

**Saturday, September 11**  
**Mt. Pleasant Sportsman's Club**  
**121 Clay Bird Lane, Briarcliff**  
 8:00 a.m. to 6:00 p.m. (A)  
 Maximum of 30 participants  
**Fee: FREE**

### **THE KNITTING CIRCLE 24118**

Instructor: Sharon Campbell Rubens  
 Sharon has taught knitting for over 20 years. She is currently working at A.C. Moore in Yorktown Heights and is a designer and seller of specialized embroidery kits. All skill levels welcome, including no-skills-at-all. Beginners will be taught the basics of this ancient craft and move on to hat and scarf projects. More advanced knitters can hone their skills, acquire new techniques, and work on projects of their choice. Please bring to class one pair of medium size (US 7 through 9) knitting needles, and any worsted weight basic yarn, or purchase a starter kit containing needles, yarn, book and tote from the instructor at the first class.

April 13 thru May 25  
**Tuesdays, Community Center**  
 9:30 a.m. to 11:30 a.m. (A)  
**Tuesdays, Town Hall Tower Room**  
 7:45 p.m. to 9:45 p.m. (B)  
 Maximum of 15 participants  
**7 sessions**  
**Fee: \$63.00**

## ADULT TENNIS

Instructor: Linda Rosensweig. Certified instruction for all levels of ability.

Beginner: Enjoy the fundamentals including forehand, backhand, serving, and light play.

Intermediates: Master your ground strokes, volleying, and learn various game strategies.

### Saturdays, Westlake High School Tennis Courts

#### SPRING SESSION (7 sessions) 24204

April 17 thru June 5 (no class May 29)

Beginner: 9:00 a.m. to 10:00 a.m. (A)

Intermediate: 10:00 a.m. to 11:00 a.m. (B)

Maximum of 10 participants

Fee: \$100.00

#### SUMMER SESSION (4 sessions) 34204

July 10 thru July 31

Beginner: 9:00 a.m. to 10:00 a.m. (A)

Intermediate: 10:00 a.m. to 11:00 a.m. (B)

Maximum of 10 participants

Fee: \$50.00

## YOGA

Instructor: Chris Tangerman

The century's old practice is today's most popular fitness endeavor. Increase your body's strength, endurance and flexibility like no other program. As you practice Asanas (postures) along with conscious breathing, you will achieve a sense of calm, balance and well being on more than just the physical plane. The session ends with deep relaxation and guided meditation. Men and women welcome. Wear comfortable clothing and bring a floor mat.

### Wednesdays, Community Center

#### SPRING SESSION (7 sessions) 24304

April 14 thru May 26

6:00 p.m. to 6:55 p.m. (A)

7:00 p.m. to 7:55 p.m. (B)

Maximum of 20 participants

Fee: \$84.00

#### SUMMER SESSION (5 sessions) 34304

June 30 thru July 28

6:15 p.m. to 7:15 p.m. (A)

7:30 p.m. to 8:30 p.m. (B)

Maximum of 20 participants

Fee: \$60.00

## FITBALL WORKOUT 24307

Instructor: Carol Migliorelli, ISCA/Promise Certified Instructor  
Do you have a "fit" ball (resistance ball) and don't know how to use it? Then this class is for you! Learn correct positioning and exercise to tone and strengthen your body.

**NOTE:** Check with your physician before doing this interval program, or any exercise routine!

Maximum of 10 participants.

### Mondays, Community Center

April 26 thru June 14 (no class May 31) (A)

8:00 p.m. to 9:00 p.m.

#### 7 sessions

Fee: \$63.00

## MT. PLEASANT AMERICAN HERITAGE GOJU KARATE

Sensei: Dayton Guinee

WELCOME! Our Martial Arts Program is designed for adults and youths ages 12 and up. Students will learn a wide variety of self-defense techniques in a motivating, highly structured, safe and friendly environment. Students will develop a stronger and healthier mind, body and spirit with our effective instruction, including meditation and relaxation techniques for stress management. Our program encourages respect for yourself and others while developing a more positive attitude, enhancing self-esteem and peaceful resolutions to conflict. Male and female instructors focusing on *Individual Growth for Individual Achievement!* Sessions are held continuously throughout the year. Uniforms and school patch are required and can be purchased through the instructor. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate-Do Organization.

**Ages 12 & up. Additional \$15.00 discount per additional child. Mondays & Wednesdays, Community Center**  
7:00 p.m. to 8:30 p.m.

#### SPRING SESSION (12 sessions) 24201 (B)

April 26 thru June 9 (no class May 31 & June 2)

#### SUMMER SESSION (12 sessions) 34201 (B)

June 28 thru August 4

Fee: \$190.00

## POWER SCULPT PLUS 24303

Instructor: Cameron Kelly & Stacey Christiano

This is the most effective combination fitness program to get you in great shape. Give us two mornings a week and we will give you a body to be proud of. Be prepared to sweat! NOTE: Please bring an exercise mat and 3-5 lb. weights

### Wednesdays & Fridays, Community Center

April 21 thru June 4

10:00 a.m. to 11:00 a.m. (A)

Maximum of 25 participants

#### 14 sessions

Fee: \$120.00

## ZUMBA (Co-ed)

Instructor: Peggy Raiskums, Certified Zumba Instructor

The hottest fitness craze is here! Dance off those calories, burn that fat, tone and sculpt that body. Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating dynamic, exciting and effective fitness levels. Move at your own pace. Guaranteed to energize...it's easy to learn so come join the fun.

Maximum of 15 participants.

### Thursdays, Community Center

#### SPRING SESSION (7 sessions) 24310

April 15 thru May 27

6:15 p.m. to 7:15 p.m. (A)

5:00 p.m. to 6:00 p.m. (B)

Fee: \$77.00

#### SUMMER SESSION (4 sessions) 34310

June 3 thru June 24

6:15 p.m. to 7:15 p.m. (A)

5:00 p.m. to 6:00 p.m. (B)

Fee: \$50.00

**20-20-20** **24302**

Instructor: Carol Migliorelli  
ISCA/Promise Certified Instructor  
20 minutes of aerobic, 20 minutes of basic step, and 20 minutes of target exercises for those not so toned areas. Come workout - sweat and feel great! Please bring hand weights and an exercise mat.

**Thursdays, Community Center**

April 29 thru June 10  
8:00 p.m. to 9:00 p.m. (A)  
Maximum of 20 participants

**7 sessions**

**Fee: \$63.00**

**SUMMER SHAPE UP** **34305**

Instructor: Carol Migliorelli  
Work up a sweat with Summer Shape Up! Six weeks of exercise consisting of aerobics, step, toning, interval shaping and cardio-kickboxing. Please bring a mat and hand weights. Maximum 15 participants.

**Thursdays, Community Center**

July 1 thru Aug 5  
7:00 p.m. to 8:00 p.m. (A)

**6 sessions**

**Fee: \$58.00**

**BELLY DANCING**

Instructor: Gina Bergamini  
Have fun, lose weight, tone up, and feel confident! As featured in Time Magazine, belly dancing is now being discovered by modern women as a great workout! This ancient dance is gaining in popularity in health clubs around the country as a way to stay in shape, burn calories, relax your mind and nurture your soul! Veils will be provided for use at first class. Barefoot please! Maximum of 20 participants.

**Tuesdays, Community Center**

**SPRING SESSION (7 sessions)** **24306**

April 13 thru May 25  
8:30 p.m. to 9:30 p.m. (A)

**Fee: \$77.00**

**SUMMER SESSION (5 sessions)** **34306**

July 6 thru Aug 3  
8:30 p.m. to 9:30 p.m. (A)

**Fee: \$55.00**

**FIT & FLEXIBLE** **24370**

Instructor: Carol Migliorelli  
One of the most helpful things you can do for your arthritis is to exercise wisely. A proper balance of exercise can help relieve stiffness and maintain or improve your joint mobility and muscle strength. Maximum of 20 participants

**Tuesdays, Community Center**

April 27 to June 15  
12:15 p.m. to 1:15 p.m. (A)

**8 sessions**

**Fee: \$60.00**



**PILATES**

Instructor: Stacey Christiano  
Pilates is a target sequence of movements designed to firm and strengthen the abdominal, thigh and buttocks muscles. These focused exercises enable you to achieve a flatter stomach and firmer legs while improving your posture and coordination. Pilates is a fun and healthy way to reduce your stress level and attain a beautifully sculpted body.

**NOTE:** Please bring a towel and your own mat.

Maximum of 20 participants.

**SPRING SESSION (7 sessions)** **24309**

**Tuesdays, Community Center**

April 13 thru May 25  
6:15 p.m. to 7:15 p.m. - Beginners (A)  
7:30 p.m. to 8:30 p.m. - Advanced Beginners (B)

**Thursdays, Community Center**

April 29 thru June 10  
9:30 a.m. to 10:30 a.m. (C)  
**Fee per session: \$74.00**

**SUMMER SESSION (5 sessions)** **34309**

**Tuesdays, Community Center**

July 6 thru Aug 3  
6:15 p.m. to 7:15 p.m. (A)  
7:30 p.m. to 8:30 p.m. (B)

**Thursdays, Community Center**

July 8 thru Aug 5  
9:30 a.m. to 10:30 a.m. (C)  
**Fee: \$53.00**

**30 MINUTES TO FITNATION!**

Sean Power, AFFA Certified Personal Trainer, Yonkers Firefighter

Come on out for some fun and some intense interval training! Get the body you want in 30 minutes that would take most, at least an hour at the gym! Our routine will consist of fun exercises which combine weight training and cardio while traveling between stations. No heavy weights are necessary; You'll be mostly lifting your own body weight. This overall 30 minute workout is all you'll need for the entire day! We'll go over important stretches that will both reduce soreness and benefit the flexibility and health of the spine. All you need is a towel, an exercise mat and water. I will bring the rest!

**NOTE:** Check with your physician before taking this training. Schedule may change due to instructor availability. Maximum of 15 participants. Three days a week: **Monday, Wednesday, and Friday at the Mt. Pleasant Community Center**

**SPRING SESSION** **24311**

April 12 thru April 30 **(9 sessions)**  
5:30 a.m. to 6:00 a.m. (A)  
6:15 a.m. to 6:45 a.m. (B)  
**Fee: \$90.00**

May 3 thru May 28 **(12 sessions)**

5:30 a.m. to 6:00 a.m. (C)  
6:15 a.m. to 6:45 a.m. (D)  
**Fee: \$120.00**

**SUMMER SESSION** **(9 sessions)** **34311**

June 7th thru June 25  
5:30 a.m. to 6:00 a.m. (A)  
6:15 a.m. to 6:45 a.m. (B)  
**Fee: \$90.00**

**SHALL WE DANCE: BALLROOM AND SWING DANCE 24103**

Instructor: Cameron Kelly & Instructors  
Dancing with a partner is back! Learn to swing, foxtrot, salsa and cha cha cha to great music. You'll be turning, dipping and swinging your lady with ease. Men are taught easy ways to lead so they make their partner look great. Put some spice back into your relationship! Singles meet some fun new people! Everyone has fun! **PLEASE NOTE: We do not guarantee singles a partner.**

**Thursdays, Community Center**

April 29 thru June 10

Beginners: 7:30 p.m. to 8:30 p.m. (A)

Intermediate: 8:30 p.m. to 9:30 p.m. (B)

Maximum of 20 participants

**7 sessions**

**Fee: \$70.00 per person**

**GUITAR LESSONS for ADULTS \*NEW 22107**

Instructor: Divo Vernile

Divo Vernile has played guitar for over 30 years and has performed in the New York area as a solo performer and as a member of various groups. He studied at the Westchester Conservatory of Music and is currently giving private guitar lessons to students from ages 12 to 65.

**GUITAR INTRODUCTION: For ages 16 to 65**

For beginners and players with under 1 year experience. Learn how to tune your guitar, play chords and basic soloing. Students will learn playing songs in the Rock, Blues and Folk genres. Lessons will be given in a small group setting.

**MATERIALS NEEDED:** Guitar and Notebook

Sundays, Tower Room

**7 sessions**

April 18 to June 13 (No class May 9 & May 30) (C)

2:00 p.m. to 2:50 p.m.

Max 5 participants

**Fee: \$140.00**



**GUITAR LEVEL 1: For ages 16 to 65**

For students who have some familiarity with the guitar and would like to sharpen their skills. Topics will include: playing rhythm, using open and barre chords, lead playing, major, minor and blues scale, how to read tab and build chords, playing with other musicians. Students will learn playing songs in the Rock, Blues and Folk genres. Exercises will be provided in Tab and Standard Notation. Lessons will be given in a small group setting.

**MATERIALS NEEDED:** Guitar and Notebook

Sundays, Tower Room

**7 sessions**

April 18 to June 13 (No class May 9 & May 30) (D)

1:00 p.m. to 1:50 p.m.

Max 5 participants

**Fee: \$140.00**

**BEGINNER TAP DANCING FOR ADULTS**

Instructor: Donna Simone

Have you always wanted to tap but never had the chance? Or do you want to brush up on some steps you used to do, using today's popular tunes? Donna will inspire you to dance using new and exciting music along with your favorite show tunes. Burn more calories in one hour than in the hardest workout by just having fun and dancing up a storm! Tap shoes required.

**Fridays, Community Center**

**SPRING SESSION (7 sessions)**

**24104**

April 23 thru June 4

12:00 p.m. to 1:00 p.m.

(A)

Maximum of 20 participants

**Fee:**

**\$80.00**

**SUMMER SESSION (5 sessions)**

**34104**

July 2 thru July 30

12:00 p.m. to 1:00 p.m.

(A)

Maximum of 20 participants

**Fee:**

**\$58.00**

**TOTAL BODY MAKEOVER**

**34371**

Instructor: Carol Migliorelli

Using minimal equipment we will use isotonic approaches to train and shape your muscles (core and extremities). Please bring a comfortable floor mat and water. We will be moving from floor to standing position frequently.

**Tuesdays, Community Center**

**SUMMER SESSION (6 SESSIONS)**

June 29 thru August 3

(A)

9:15 a.m. to 10:15 a.m.

Maximum of 20 participants

**Fee:**

**\$60.00**

**OPEN VOLLEYBALL**

Bump, volley and serve...just get it over the net! Come join the fun and play a few friendly games of volleyball. Have twice the fun, bring a friend. Resident Men & Women and persons employed within the Town ages 18 and older.

**When:**

Wednesdays

April 21 thru August 11

8:30 p.m. to 10:00 p.m.

**Where:**

Community Center

**Fee:**

\$3.00 each evening

**OPEN BASKETBALL**

Swish! Take a few of your best shots at that hoop and you are headed for fun! Resident Men & Women and persons employed within the Town ages 18 and older.

**When:**

Tuesdays

April 20 thru August 10

8:30 p.m. to 10:00 p.m.

**Where:**

Community Center

**Fee:**

\$3.00 each evening

## HOLIDAY, VACATION & SPECIAL EVENTS

### **FUNNY BUNNY EGGSTRAVAGANZA** 16518

**Friday, March 26 (Early Registration)**

For children in grades K to 3

Hop on down to stuff your own Easter Bunny while you listen to Peter Cottontail. Dye a beautiful egg and decorate a little basket to take your creation home in.

**Community Center**

3:30 p.m. – 5:00 p.m. (A)

Note: Maximum 20 children

**Fee:** **\$20.00**

### **EASTER EGG HUNT**

**Saturday, April 3**

Hop on over to Broadway Field for our Annual Eggciting Easter Egg Hunt. This event allows pre-schoolers through 2<sup>nd</sup> graders to search for plastic eggs, candy and other surprises. Bring an Easter basket or bucket. The Easter Bunny will also be making a visit. Parents please be advised that this event is for children. Adults will not be allowed to participate with children. Easter escorts will bring your children onto the field to gather eggs. ALL ADULTS WILL WAIT ON THE BASKETBALL COURTS! No exceptions will be made.

First Session: 10:30 a.m. (approximately)

Second Session: 12:00 p.m. (approximately)

**Fee:** **FREE**

**In case of inclement weather please call the Recreation Hotline at 742-2364 for updates on times.**

**Rain location will be at the Community Center.**

### **SHHH, SURPRISE!** 26112

**Saturday, May 22**

Instructor: Nora Pierce

For children ages 4 to 6

With Mother's Day around the corner, what could be better than surprising your special someone with your very own handmade-with-love gift! **THIS IS A DROP OFF PROGRAM.**

**\*Snack included.**

**Community Center**

11:00 a.m. to 12:00 p.m. (A)

Maximum 15 participants

**Fee:** **\$15.00 per child**

### **KIDZ NIGHT OUT** 26516

For Grades K to 5

**Fridays, Community Center**

5:30 p.m. to 9:00 p.m.

**May 14- Aloha Party** (A)

You don't need to take a plane to enjoy a night in Hawaii. Bring your hula skirt for a night of fun. We will enjoy playing sports, games, arts and crafts, dancing and lots more....

**\* Includes 2 slices of pizza, snacks and drinks.**

**NOTE: Pre-registration suggested.**

**Fee per session:** **\$17.00**

**Fee at door per session:** **\$22.00**

### **4<sup>th</sup> OF JULY EXTRAVAGANZA AND ANNUAL BELL RINGING CEREMONY**

Join us as we celebrate Independence Day on July 4<sup>th</sup>. Be patriotic. Come to the Town Pool and ring the bell in this traditional event. The Bell Ringing Ceremony will be at 10:15 a.m. and followed immediately by the 4<sup>th</sup> of July Extravaganza. Enjoy music, games and events. Complimentary refreshments will be served. Entrance to the pool is free to all Town residents from 10:00 a.m. to 1:00 p.m. Swimming begins at 10:30. **Proof of residency is required.**

### **PARENTS NITE OUT**

For Grades K to 5

Parents go out and enjoy yourselves for a few hours on your own. We'll take care of the kids – you take care of yourselves. Under the supervision of Recreation Staff, children will enjoy games, arts and crafts, organized activities in the gym and have loads of fun!

**Community Center**

5:30 p.m. to 9:30 p.m.

Saturday, March 6 **(Early Registration)** (C) 16501

Saturday, April 17 (D) 16501

Saturday, May 8 (A) 26501

Saturday, June 12 (B) 26501

**\* Includes 2 slices of pizza, snacks and drinks.**

**NOTE: Pre-registration suggested.**

**Fee per session:** **\$12.00**

**Fee at door per session:** **\$17.00**

### **FLASHLIGHT EGG HUNT** 16506

**Wednesday, March 24 (Early Registration)**

For children in grades 3 to 6

Bring a flashlight and a bag to Broadway Field in Hawthorne and try to find some hidden treasures in the dark.

8:00 p.m. (A)

**Fee:** **\$7.00**

### **LADIES NIGHT OUT (Early Registration)**

**"COMEDY "**

Friday, March 5<sup>th</sup>, 2010

All Star Comedy and Dinner Show- come and enjoy comedy at its best. What can be more fun than being with good friends and laughing all night long. Appearing live All Star Comedians from NBC's Last Comic Standing and Rascals... "Crazy Gene Trifilo and from Showtime, Comedy Central and Tropicana Las Vegas...Paul Lyons. Ladies gather your friends and reserve your tables ASAP. Tables are going fast! Sign up is at the recreation office. For more information please call 742-2310.

**NOTE: 21 & over please!**

**DINNER IS PROVIDED.**

**Mt. Pleasant Community Center**

**6:30 p.m. to 9:30 p.m.**

**Fee: \$20 per person**

**Fee at the door \$40.00 per person**

**NOTE: PLEASE PRE-REGISTER AT THE RECREATION DEPARTMENT.**

**\*Table reservations are preferred**

## SENIOR CITIZEN PROGRAMS & ACTIVITIES

### CLUB MEETINGS

All meetings are held at the Mt. Pleasant Community Center on Lozza Drive in Valhalla, from 12:00 p.m. to 3:30 p.m. except holidays. Coffee is available as is the opportunity to socialize with your friends, old and new. All persons 55 years of age and older, living in the Unincorporated portions of the Town of Mt. Pleasant, are eligible to join the clubs. Other activities include: arts and crafts, cards, bingo, pool, ping pong and much, much more

### THORNWOOD NEIGHBORHOOD GROUP

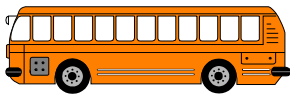
President: Mr. Tony Sardanelli  
Club meets Mondays, except holidays.

### PLEASANT SENIORS OF MT. PLEASANT

President: Mr. Dominick D'Arrigo  
Club meets on Thursdays, except holidays.

### SENIOR CITIZEN DISCOUNTS

Individuals over 60 years of age are entitled to discounts of 50% on all programs listed in the Adult Programs sections of this brochure except trips.



### SENIOR CITIZEN TRIPS AND LOCAL EVENTS

All residents of the Unincorporated Town of Mt. Pleasant who are at least 55 years old are eligible to participate in senior citizen trips. A monthly senior citizen flyer detailing upcoming senior activities is available the first workday of each month at the Recreation Department Office and the Community Center. Registration for new programs starts approximately one week later. One month after a trip first appears in the senior flyer, non-resident guests will be accepted on a space available basis.

#### UPCOMING TRIPS:

Day trips, extended trips and local events are currently being planned. A trip to a Casino is organized once a month. Look for details in the monthly newsletter.

- March 17 - St. Patty's Brownstone
- March 24 - Mt. Airy Casino
- March 27 - Westchester County Shred Mobile
- April 20 - Mohegan Sun
- April 24 - Cuisine of Providence
- May 4 - Grande Arts Center, Ct. "Church Basement Ladies"
- May 25 - Foxwoods Casino
- June 2 - August Wilson Theatre, NYC "Jersey Boys"
- June 8 and June 11 - AARP Driver's Safety Course
- June 15 - Atlantic City Showboat
- July 20 - Foxwoods
- Aug 4 - Senior Picnic
- Aug 10-14 - Maine
- Aug 24 - Mohegan Sun
- Sept 7 - Ellis Island

### WEEKLY PROGRAMS

#### Mondays

- 10:00 a.m. Lunch Bunch Lunches  
Suggested contribution \$3.00 with transportation  
\$2.50 without transportation
- 12:00 p.m. Thornwood Neighborhood Group Club Meeting
- 12:30 p.m. Blood Pressure Testing  
(2 times a month – see senior flyer for dates)
- 1:00 p.m. Strengthen and Tone with Michelle Saccurato \$1.00 fee

#### Tuesdays

- 10:00 a.m. Shopping Trips to local shopping centers – call 592-6441
- 12:30 p.m. Fit and Flexible

#### Wednesdays

- 10:00 a.m. Lunch Bunch Lunches  
Suggested contribution \$3.00 with transportation  
\$2.50 without transportation
- 11:00 a.m. Line Dance and Exercise with Cameron Kelly \$1.00 fee

#### Thursdays

- 11:00 a.m. Seniorize with Stacey Christiano \$1.00 fee
- 12:00 p.m. Pleasant Seniors of Mt. Pleasant Club Meeting
- 12:30 p.m. Blood Pressure Testing  
(2 times a month – see senior flyer for dates)

#### Fridays

- 9:15 a.m. Floorworks Deluxe with Margaret Cunzio \$2.00 fee
- 10:00 a.m. Lunch Bunch Lunches  
Suggested contribution \$3.00 with transportation  
\$2.50 without transportation

All programs are located in the Community Center unless otherwise noted, and do not take place on holidays.

### BOCCE COURTS

The Thornwood Lions Club has constructed and donated two bocce courts. The courts are at the Mt. Pleasant Community Center. Bocce balls will be available to sign out at the Community Center and Pool.

### MONTHLY BOOK CLUB

Facilitator: Karen Rippstein  
The Book Club welcomes new members to come join them for book reading and discussion. Meeting dates are generally the third Wednesday of the month at the Community Center beginning at 1:30 p.m. Please check the monthly Senior Flyer for details.

## OFFICE OF ELDER AMERICANS

592-6441

63 Bradhurst Avenue, Hawthorne, NY 10532  
Director of OEA, Kathryn Fox  
Recreation Supervisor, Robin Fleming  
Services are offered to residents 60 years old +.

The Office of Elder Americans offers support and guidance to individuals and families living within the unincorporated areas of the Town of Mount Pleasant, including Thornwood, Hawthorne and Valhalla.

The purpose of the Office is to provide services and support that reduce social isolation allowing the individual to be maintained in their home environment, preserving their dignity and independence.

### NUTRITION PROGRAMS

You **must** call ahead two business days if you wish to participate, attend or need transportation for the following programs:

**\*The Pleasant Lunch Bunch** (3 days/week) M,W, F

Community Center 11:00 am. to 2:00 p.m. A nutritious hot lunch is provided as well as nutrition education. Activities include Bingo, Cards and Friendship!

**\*Bradhurst Senior Day Center** (3 days/week) T,W,Th

Bradhurst Community Center 11:00 am. to 2:00 p.m. Frail and/or socially isolated individuals are provided therapeutic activities, socialization, and a hot lunch in a warm, supportive setting. This atmosphere also provides respite for caregivers.

**Home Delivered Meals** (5 days/Week, Monday – Friday)

Up to two nutritious meals a day can be provided for any person 60 years or older who is frail, isolated, a homebound individual, unable to meet his/her nutritional needs because of difficulty in shopping and preparing meals. This program is available on a temporary or on-going basis.

### HEALTH AND SUPPORT SERVICES

**Information, referral and or assistance** with issues pertaining to the senior population such as entitlements, benefits and home health care.

**Visiting Nurse** Service of Westchester. Blood pressure and blood sugar screening is available on the second Wednesday of the month from 11:00 a.m. to 12 noon at the Mt. Pleasant Community Center except during the months of July, August and December.

**\*Weekly shopping** trip to local supermarkets on Tuesdays.

- Please limit your groceries to **only two bags**.
- Should be able to **carry them without help**.
- **The 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup>** Tuesday of the month we shop at **Shop Rite**.
- **The 2<sup>nd</sup> & 4<sup>th</sup>** Tuesday of the month we shop at **A&P**.
- **Reservations** for shopping are taken the **TUESDAY** before the week you want to shop on a first come first serve basis.

### CONTRIBUTIONS

For services indicated \*, a contribution is requested. Call OEA Office for more information. No individual is denied a meal if they are unable or unwilling to meet the suggested contribution.

Employment opportunities, community service, internship and a variety of volunteer experiences are also available. For information, call 592-6441.

Office of Elder Americans is a subcontractor of the Department of Health and Human Services, NYS Office for Aging, Westchester County Department of Senior Programs and Services.

## AMERICANS WITH DISABILITIES ACT

The Mt. Pleasant Recreation and Parks Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy our programs and activities to the fullest extent possible. When registering, please let us know if you or your family members have any special needs.

## NORTH EAST WESTCHESTER SPECIAL RECREATION



Programs offered by North East Westchester Special Recreation, an agency supported and sponsored by Mt. Pleasant, are available to children and adults with developmental disabilities from our community. North East programs offer a variety of year round recreation activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, professionally staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies.

For information call 347-4409 Employment opportunities, community service credit, educational internships, and a variety of volunteer experience are also available at North East.

## MOUNT PLEASANT BRANCH LIBRARY 741-0276

The Mt. Pleasant Branch Library is located in the Community Center. The branch has a collection of approximately 17,000 books (adult and juvenile), popular magazines and a small reference area, as well as a rotating collection of videos, talking books, compact discs and large print books. A variety of craft programs and story times are offered for children. Access to the Internet and other computer databases are also available.

Hours:	Mondays	10:00 a.m. to 5:00 p.m.
	Tuesdays	10:00 a.m. to 5:00 p.m.
	Wednesdays	10:00 a.m. to 8:00 p.m.
	Thursdays	10:00 a.m. to 5:00 p.m.
	Fridays	10:00 a.m. to 2:00 p.m.
	Saturdays	10:00 a.m. to 2:00 p.m.

## YOUTH SPORTS ORGANIZATIONS

Many youth sports in the Town are organized by voluntary organizations.

These groups are listed below:

### BASEBALL/SOFTBALL

#### Sherman Park Little League

Hawthorne, Thornwood, parts of Valhalla and Pleasantville  
Programs for ages 5 to 16

Contact: Kevin Duane 646-739-7323

### Kensico Little League

Valhalla, North White Plains and parts of Greenburgh  
Programs for ages 4 to 15

Contact: Bob Candrea 288-0504

### FOOTBALL

#### Mt Pleasant Wildcats Football Club

Contact Football & Cheerleading for 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> grade students of the Mt. Pleasant Central School District.

Program runs from August through November

Contact: Vito Virgilio 449-6139

### SOCCER

#### AYSO

Program for ages 4 and a half to 18  
Coaches, referees, and volunteers needed.

Contact: Jim Dore 909-6651

#### Mt. Pleasant United Soccer Club

A competitive travel soccer league

Contact: Denise Addorisio 682-7808

DON'T DELAY – SIGN UP TODAY

Programs require advance planning...

REGISTER...

EARLY...

PLEASE...

**PROGRAM HOTLINE IS 742-2364**  
**ADULT SPORTS HOTLINE IS 742-2367**  
**FOR POOL PROGRAM CANCELLATIONS**  
**769-1766**

## WEBSITE

For information and form downloads please visit the  
Town of Mt. Pleasants website at

[www.MtPleasantNY.com/rec.](http://www.MtPleasantNY.com/rec.)

# MOUNT PLEASANT TOWN POOL

POOL DIRECTOR: PAT SALVATORE  
POOL PHONE NUMBER – 769-1766 DURING POOL SEASON  
POOL SEASON – MAY 29 thru SEPTEMBER 6, 2010

Come and try out the Mt. Pleasant Pool for free on the Memorial Day Weekend. Bring your towel, bathing suit and proof of residence in the Town. Once you see the pool we are confident that you will want to join...

## REGISTRATION

PLEASE SEE GUEST POLICY CHANGES FOR 2010.  
NEW MEMBERS: COME IN EARLY FOR YOUR POOL PASS AND NEW DIGITAL PHOTO.  
RENEWING A MEMBERSHIP: MAIL IN REGISTRATION FORM, PAYMENT AND 2 PROOFS OF RESIDENCY.

Everyone is required to have a digital photo pool pass in 2010.  
Replacement cost of lost pass \$10.00  
As per Town policy no refunds will be granted after June 1, 2010.

Photo I.D. pool passes are required for use of the pool starting on June 1<sup>st</sup>, 2010. Registration begins April 12<sup>th</sup> Individuals and families may register and obtain the photo I.D. passes at the Recreation and Parks Department Office in Town Hall weekdays between 8:30 a.m. and 4:30 p.m., and Tuesday evenings and Saturday mornings listed below:

## EVENING AND SATURDAY REGISTRATION

Tuesdays: 4:30 p.m. to 8:00 p.m.  
May 11, 18, 25, June 1

Saturdays: 9:00 a.m. to 12:00 Noon  
May 8, 15, 22, June 5

**TWO PROOFS OF RESIDENCE WILL BE REQUIRED FROM ALL PERSONS PURCHASING OR RENEWING POOL PASSES**

The old pool cards will not be accepted as proof of residence.

## ACCEPTABLE PROOF OF RESIDENCY

1. A current driver's license with your present address **AND** any of the following items that must indicate a current date:
  - a. car registration or insurance card
  - b. household bill, i.e., Con Ed, telephone or cable.
2. When no current driver's license with your present address is produced a picture I.D. and TWO of the above suggested proofs are required.

NOTE: Owning property does not necessarily qualify a person as a resident. Tax Bills Are Not Acceptable Proofs of Residency.

## POOL HOURS

### MAY 29 TO JUNE 25

Weekdays: 3:00 p.m. to 6:00 p.m.  
Weekends: 10:00 a.m. to 6:00 p.m.

### JUNE 26 TO AUGUST 6

Weekdays: (Mon – Thurs.) 12:15 p.m. to 8:00 p.m.  
Friday Hours: 11:15 a.m. to 8:00 p.m.  
Weekends: 10:00 a.m. to 8:00 p.m.

### AUGUST 7 TO SEPTEMBER 6

Weekdays: 11:00 a.m. to 7:00 p.m.  
Weekends: 10:00 a.m. to 7:00 p.m.

## DEFINITIONS

**TOWN OUTSIDE:** Residents of the unincorporated sections of the Town of Mt. Pleasant. A portion of the residence must be in the unincorporated Town.

**VILLAGE:** Residents of the Villages of Pleasantville, Sleepy Hollow and the Town portion of Briarcliff Manor.

**FAMILY:** Parents and their unmarried children under 21 years of age residing in the same household. Unmarried children between 21 and 25 years of age may be included if they are full time students and proof of student status in the spring of 2010 is provided. Grandparents and household help are not included in the family, but may be eligible for their own passes.

## GUESTS

Pool members are permitted to bring guests to the pool.

Starting in 2010, pool patrons will not be receiving reduced price guest passes with the 2010 renewals. The patrons, as well as the department have experienced a great deal of confusion with the past system. To help defray the cost for guests, the daily guest fee has been reduced to \$10.00 per visit for guests 3 years of age and older. Guests 2 years of age and younger are free.

There is a daily maximum of 3 guests per pass holder. The member is required to be with the guest and pay the guest fee.

A 10 visit guest pass is available at the Recreation and Parks Office for registered pool members at a price of \$80.00. Pool members must accompany these guests at the pool at all times.

2010 POOL FEES			
CODE	POOL PASS TYPE	DISCOUNTED FEE UNTIL JUNE 4 <sup>TH</sup>	REGULAR FEE STARTING JUNE 5 <sup>TH</sup>
<b>TOWN OUTSIDE RESIDENTS</b>			
38601	Family	\$461	\$578
38602	Individual	\$185	\$231
38603	Daily	\$73 + \$7.00	\$95 + \$7.00
38604	Sr. Citizen***	\$73	\$95
38605	Age 3 & 4 *** <b>Note: only available with purchase of daily or individual</b>	\$47	\$57
38606	Age 2 and Under ***	FREE	FREE
<b>VILLAGE RESIDENTS</b>			
38611	Family	\$646	\$806
38612	Individual	\$258	\$323
38613	Daily	\$99 + \$9.50	\$124+ \$9.50
38614	Sr. Citizen***	\$100	\$125
38615	Age 3 & 4*** <b>Note: only available with purchase of daily or individual</b>	\$65	\$81
38616	Age 2 and Under***	FREE	FREE
	Guest 3 and Over	\$10.00	\$10.00
	Guest 2 and Under	FREE	FREE
	Guest 3 and Over after 6:00 p.m. (after 5:00 p.m. starting August 10)	\$8.00	\$8.00
38630	10 Visit Guest Pass	\$80	\$80

\*\*\*\*\*Persons 60 years of age and over, and age 2 and under must show proof of age\*\*\*\*\*

**NOTE: THERE IS A DAILY MAXIMUM OF 3 GUESTS PER PASS HOLDER.**

\*\*Registration must be postmarked by June 1<sup>st</sup>.

\*\*Please note that no cash refunds will be given.

### SWIM FOR FITNESS LAP SWIMMING

Lap lanes will be open for fitness swimmers at all times that the pool is open for recreational swimming. In order to accommodate a number of swimmers, the sharing of lanes is requested. In addition, the pool will be open from 6:00 a.m. to 7:30 a.m. for early morning swim Monday through Friday from June 21 through August 27. A season pass is required to participate in the early morning swim.

**\* Lap lane closures due to swim meets will be posted on the pool bulletin board as soon as they are available.**

### WATER EXERCISE CLASSES

#### AQUACISE

**38301**

A high energy, invigorating class with an emphasis on cardio work and strength training. The rhythmic combination and directional changes will challenge even the most fit participant. No swimming skills are necessary. You must be a pool member and register for this class. In case of inclement weather the class will not be held or made up. The class is a one-hour session unless stated otherwise. Maximum participants 25.

CODE	DAYS	DATES	TIMES	FEE
38301-A	Mon&Thurs	June 28-Aug 5	2:00 p.m.	\$40

#### DEEP WATER EXERCISE

**38302**

A great deep-water workout aided by the use of floatation belts. This is a no-impact work out which provides a great aerobic exercise with no stress on your joints. You do not need to know how to swim to enjoy this class. You must be a pool member and register for this class. This class is a 45 minute class. Maximum participants 10.

CODE	DAYS	DATES	TIMES	FEE
38302-A	Tues	June 29-Aug 3	10:30-a.m.	\$30

## SWIMMING INSTRUCTION PROGRAMS

### GET IN THE SWIM!

American Red Cross classes are listed below with a general description and a list of skills to be taught at each level. **Children often need to repeat certain levels.** All levels have been updated through the American Red Cross. There have been many changes in the levels so, please sign up according to skills. All Water Safety Instructors will be retrained since the levels have been updated through the American Red Cross.

It is the goal of the aquatics program to serve as many swimmers as possible within the resources available (pool time and instructors). Please register early. Classes will be adjusted to accommodate as many participants as possible. If you are unable to get the class of your choice, please have us place your request on the waiting list.

### GENERAL INFORMATION

- Refunds will **not** be given after the class begins.
- **NO** makeup classes will be given for classes missed for inclement weather or any other reason. Call pool for details.
- Registration is limited to one class per child unless space is still available one week prior to the start of classes
- Level 1 thru Level 6 – you must be at least 5 years old.
- Leveled Lessons are 35 minutes (10:55 or 11:30). All other lessons are one half hour.
- NO food, gum or beverages are allowed on the pool decks during lessons.
- Parents may wait for their children at the food terrace area behind the white line at the top of the stairs.

For pool program cancellation information call 769-1766

Each child may only register for one session of swim lessons. If space is available one week prior to the next session, you may register your child for a second session.

### PARENTS & TOTS

#### **Ages 6 months to 3 years**

Adult participation is required. This class is designed to introduce and accustom your child to the water. Participating adults will learn to teach your child safety, including holding positions, safety skills and emergency preventions. No diapers allowed! Please use swim diapers. You and your child must be pool members to register. Enrollment is limited. (Half hour lesson)

CODE	DAYS	DATES	TIMES
38701-A	Tues & Thurs	June 29-July 8	10:30 a.m.
38701-B	Tues & Thurs	June 29-July 8	11:00 a.m.
38701-C	Mon & Wed	June 28-July 7	11:00 a.m.
38701-D	Saturdays	June 26-July 17	10:30 a.m.
38701-E	Saturdays	June 26-July 17	11:00 a.m.
38701-F	Tues & Thurs	July 13-July 22	10:30 a.m.
38701-G	Tues & Thurs	July 13-July 22	11:00 a.m.
38701-H	Mon & Wed	July 12-July 21	10:30 a.m.
38701-I	Mon & Wed	July 26-Aug 4	10:30 a.m.
38701-J	Saturdays	July 24-Aug 14	10:30 a.m.
38701-K	Saturdays	July 24-Aug 14	11:00 a.m.

Fee: \$25 – must have season passes

### TADPOLES

#### **Child must be 4 years old by the first day of class**

A fun introduction to the water for 4 year olds, with a stress on safety. You must be a pool member to register. Enrollment is limited. (Half hour lesson)

CODE	DAYS	DATES	TIMES
38702-A	Mon-Thurs	June 28-July 8	11:00 a.m.
38702-B	Mon-Thurs	June 28-July 8	11:30 a.m.
38702-C	Mon-Thurs	July 12-July 22	11:00 a.m.
38702-D	Mon-Thurs	July 12-July 22	11:30 a.m.
38702-E	Mon-Thurs	July 26-Aug 5	11:00 a.m.
38702-F	Mon-Thurs	July 26-Aug 5	11:30 a.m.

Fee: \$25 – must have season passes  
NOTE: First session classes start on Monday, June 28<sup>th</sup> for tadpoles only!



## GUPPIES WATER SCHOOL

**Child must be 3 years old by the first day of class**

This class was designed for 3 year olds that are READY for swimming lessons and love the water. This is a fun introduction to the water for 3 year olds with a stress on being comfortable in the water. You must be a pool member to register. Half hour lesson. Enrollment is limited.

CODE	DAYS	DATES	TIMES
38714-A	Fridays	July 9-Aug 6	10:00 a.m.
38714-B	Fridays	July 9-Aug 6	10:30 a.m.
38714-C	Fridays	July 9-Aug 6	11:00 a.m.
38714-D	Fridays	July 9-Aug 6	11:30 a.m.
Fee: \$25 – must have season passes			

**Child must be 5 years old by date of first class for level 1 thru level 6 swim lessons.**

### LEVEL 1 – INTRODUCTION TO WATER SKILLS

The objective of Level 1 is to help students feel comfortable in the water and to enjoy the water safely. Most students need to repeat this level before they are ready to move on. Elementary aquatic skills will be taught at this level.

CODE	DAYS	DATES	TIMES
38703-A	Mon-Thurs	June 29-July 15	10:55 a.m.
38703-B	Mon-Thurs	June 29-July 15	11:30 a.m.
38703-C	Mon-Thurs	July 19-Aug 5	10:55 a.m.
38703-D	Mon-Thurs	July 19-Aug 5	11:30 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			
NOTE: First session classes start on Tuesday, June 29th.			

### LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

The objective of Level 2 is to give students success with fundamental skills. Students learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills.

CODE	DAYS	DATES	TIMES
38704-A	Mon-Thurs	June 29-July 15	10:55 a.m.
38704-B	Mon-Thurs	June 29-July 15	11:30 a.m.
38704-C	Mon-Thurs	July 19-Aug 5	10:55 a.m.
38704-D	Mon-Thurs	July 19-Aug 5	11:30 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			
NOTE: First session classes start on Tuesday, June 29th.			

**FOR POOL PROGRAM CANCELLATION INFORMATION CALL**

**769-1766**

### LEVEL 3 – STROKE DEVELOPMENT

The objective of Level 3 is guided practice. Students learn to coordinate the front crawl and back crawl. Introduction of the elements of butterfly, treading water and head-first entries are also present in this level.

CODE	DAYS	DATES	TIMES
38705-A	Mon-Thurs	June 29-July 15	10:55 a.m.
38705-B	Mon-Thurs	July 19-Aug 5	10:55 a.m.
38705-C	Mon-Thurs	July 19-Aug 5	11:30 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			
NOTE: First session classes start on Tuesday, June 29th.			

### LEVEL 4 – STROKE IMPROVEMENT

The objective of level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Improving skills and increasing endurance is included in this level. Building on butterfly and introducing elementary backstroke, breaststroke, sidestroke and basic turns are essential in this level.

CODE	DAYS	DATES	TIMES
38706-A	Mon-Thurs	June 29-July 15	10:55 a.m.
38706-B	Mon-Thurs	June 29-July 15	11:30 a.m.
38706-C	Mon-Thurs	July 19-Aug 5	10:55 a.m.
38706-D	Mon-Thurs	July 19-Aug 5	11:30 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			
NOTE: First session classes start on Tuesday, June 29th.			

### LEVEL 5 – STROKE REFINEMENT

The objective of Level 5 is coordination and refinement of strokes. Participants refine their performance of all the strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke) and increase their distances. Flip turns are introduced.

CODE	DAYS	DATES	TIMES
38707-A	Mon-Thurs.	June 29-July 15	11:30 a.m.
38707-B	Mon-Thurs	July 19-Aug 5	10:55 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			
NOTE: First session classes start on Tuesday, June 29th.			

**Unfortunately, if you miss a swimming or diving lesson, we will be unable to make up the lesson.**

### LEVEL 6 – FITNESS SWIMMER

The objective of Level 6 is to refine strokes so students swim with ease, efficiency, power and smoothness over great distances.

CODE	DAYS	DATES	TIMES
38708-A	Mon-Thurs.	June 29-July 15	10:55 a.m.
38708-B	Mon-Thurs	July 19-Aug 5	11:30 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68 NOTE: First session classes start on Tuesday, June 29th.			

### LEVEL 6 – LIFEGUARD READINESS

The objective of Level 6 is to refine strokes so students swim with ease, efficiency, power and smoothness over great distances, refine strokes, and introduce and practice life guarding precourse skills.

CODE	DAYS	DATES	TIMES
38708-C	Mon-Thurs.	July 19 – Aug 5	10:55 a.m.
Fee: with season pool pass \$28, with daily pool pass \$40, without pool pass \$68			

### DIVING LESSONS

These diving instruction classes are for competent swimmers. We will focus on front and back dives from side of pool as well as diving boards. You must be a pool member to participate. Diving 1: Beginner Diver, Diving 2: Intermediate Diver (diving boards)

CODE	CLASS	DAYS	DATES	TIMES
38712-A	Diving 1	Weds	July 7-July 28	3:00 p.m.
38712-B	Diving 2	Weds	July 7-July 28	3:30 p.m.
38712-C	Diving 1	Weds	Aug 4-Aug 25	3:00 p.m.
38712-D	Diving 2	Weds	Aug 4-Aug 25	3:30 p.m.
Fee: \$25.00 must have season pool pass Please be sure to sign up for the correct level class.				

### CREDIT VOUCHER POLICY:

In the event of an emergency closing, Daily pass holders and Guests will be entitled to a credit voucher for future admission if they were at the pool less than one hour and if the pool stays closed the rest of the day. The time of admission is stamped on the receipt. To receive the credit voucher, the receipt is to be presented at the Recreation and Parks Office no sooner than the following day. The time on the receipt will be compared to the official closing time and, if they are less than one hour apart, credit vouchers for future use will be issued.

**No refunds will be given at any time.**

### LIFEGUARD IN TRAINING 38402

This class includes Lifeguard Training, First Aid and CPR instruction. You must attend the full lifeguard training program that will be offered June 28 –July 2, 9:00 a.m. to 5:00 p.m. and be 15 years old by the first class. Pool pass required. Kick Off meeting on Wednesday, June 23 from 7:00 p.m. to 8:00 p.m. at the pool. Registrants will be required to volunteer 15 to 20 hours per week. The volunteer schedule will be made on June 23rd, so bring a planner with you to make your schedule. If student completes 150 volunteer hours, they receive LGT/CPR certification cards (if they meet Red Cross requirements). **Pick up schedule in Recreation Office when registering.**

### LIFEGUARDING 38403

You must be 15 years old by the first class. Includes swimming prerequisites to be discussed at the first class. Life guarding, Community First Aid and CPR for the Professional Rescuer certifications are earned in approximately 31.25 hours of class. This course includes everything you need to know to become a Lifeguard. After the first class you will meet privately with the instructor to discuss prescreening results. People who do not pass swim skills at the first class will receive refunds. You must be able to attend all classes from June 28 – July 2 . Pre-test Wednesday, June 23<sup>rd</sup> 6:00 p.m. to 7:00 p.m. MANDATORY for all LITs and LGT course participants. **Pick up a schedule in the Recreation Office when registering.**

Fee: \$138.00 with pool pass

Fee: \$280.00 without season pool pass

Fee: \$350.00 for non residents

### ART AT THE POOL

For pool users ages 3 to 11. Take a break from the pool and do an arts and crafts project which is quite cool. The program will be held under the overhang next to the Community Center and adjacent to the snack bar. Parents are required to stay and work with children 7 and under. This program will not operate in inclement weather.

Begins: Friday, July 9 thru Friday, August 20

Mondays & Fridays - 2:00 p.m. to 4:00 p.m.

Fee: \$2.00 per project

### BIRTHDAY PARTIES

**Have your next birthday party at the Mount Pleasant Town Pool. We have a great birthday package available to you at the pool. Ask in the main office for more information and to schedule your party today.**

## SWIM TEAM & DIVE TEAMS

### SWIM TEAM

38201-A

The Mt. Pleasant Swim and Dive Team competes in the Northern Westchester Swimming League. This program will be run as a competitive swim team program, geared toward preparing youngsters for competition. Participants must be able to swim free style and backstroke the length of the pool without assistance. This is not for the novice or beginner swimmer. The Swim and Dive Team kick-off meeting will be held in the Community Center on Monday, June 14 from 6:30 p.m. to 7:30 p.m. Practices begin Tuesday, June 15 from 5:00 to 6:00 p.m. Practices change to 7:30 a.m. to 8:30 a.m. on June 28<sup>th</sup>. Parents are asked to remain on the terrace during practices and lessons. Thank you.

### DIVE TEAM

38201-B

The Mt. Pleasant Dive Team will run as a separate team. We will share the kick-off, the dinner and all practice dates and times. Children on the dive team will still have swimming warm-ups but will not be required to swim competitively. Practice will be from 7:30am-8:30am

**A valid pool pass is required to sign up for the Swim Team and Dive Team.**

FEE: \$62.00 for individuals

FEE: \$100.00 for families

## POOL SPECIAL EVENTS SCHEDULE



### Tuesday Noodle Night

Begins on

Tuesday, June 29<sup>th</sup> and ends on Tuesday, August 3<sup>rd</sup>  
5:30 – 7:00 p.m.



### Fourth of July Celebration

Sunday, July 4<sup>th</sup>, 10:00 a.m. – 1:00 p.m. --- Music, Food & Fun  
Swimming begins at 10:30 a.m.

See a very special schedule of events at the pool!

**Free to residents with proof of residency until 1:00 pm!**

### Senior Day at Mt. Pleasant Pool

Thursday, July 8<sup>th</sup> 1:00 – 4:00 p.m.

Come and enjoy Oldie's Music with a DJ while you sit by the pool. Sip iced tea that will be set up at a table right by the adult section. Relax the day away as you float in the adult section on various kickboards and floats.

Residents only. Pool pass is required.

### Splash Bash

Saturday, July 10<sup>th</sup> 1:00 – 4:00 p.m.

A special day to swim and rock with entertainers.

We will have games, fun and prizes for all ages!

ART PROJECT: 2:00 – 4:00 p.m. \$2.00 each





### Adult Splash Party

Thursday, July 15<sup>th</sup> from 6:00 – 8:00 p.m.

The pool will close at 6:00 p.m. this evening to all patrons under the age of 18 years old. Enjoy light music in the adult section while relaxing by the pool. **Hawaiian Theme!**

**\* The facility will close at 6:00pm to all members under the age of 18.**

Exercise class for all from 6pm – 7pm!

**\*RUNS SAME TIME AS DUNK-A-COOKIE NIGHT**



### Dunk-a-Cookie and Watch a Movie

Thursday, July 15<sup>th</sup> from 6:00 – 8:00 p.m. (Runs simultaneously with Adult Splash Party)

This program has been set up for children 5 years old and up. Your child will enjoy milk and cookies while watching a Disney Movie with the lifeguards. (Movie TBA).

Limited Enrollment

**Tickets will be available at pool office starting July 3<sup>rd</sup>**



### Lifeguard for a Day Contest

Write an essay (50 – 100 words) about why you want to be a lifeguard. TEN lucky winners will be taught some basic life saving skills and learn about what it is really like to be a lifeguard. Winners will receive a Junior Lifeguard T-Shirt.

**\*\*All essays are due in the pool office by Monday, July 5<sup>th</sup>.**

**\*\*Winners must be available to be at the pool on Friday, July 16<sup>th</sup> at 11:45 a.m. – 3:00 p.m.**

### Sports Nut Splash Bash

Saturday, August 7<sup>th</sup>, 1:00 – 4:00 p.m.

A special day to swim with inflatable prizes and inflatable games! We'll have a jumping castle

For all ages.

We will also have kickboard races for everyone. Prizes!

## FREE POOL ENTERTAINMENT

**Wednesday, July 14, 2:00 p.m. – Annie and the Natural Wonder Band**

**FOR POOL PROGRAM CANCELLATION INFORMATION CALL 769-1766**

## CAMPS

Welcome to the 2010 Mt. Pleasant Recreation and Parks Department's SUMMER CAMP Program! We offer a comprehensive camp program for children ages 3 years old to entering 10<sup>th</sup> grade. Our camps are operated under the direction of trained professionals who have many years of camp and teaching experience. The Town of Mt. Pleasant Recreation and Parks Department Summer Camps operate under the New York State and Westchester County Board of Health regulations. Our goal is to provide a safe, fun-filled and well-rounded summer camp experience. We invite you to read on and look forward to serving you this summer!

Children living in the unincorporated portions of the Town of Mt. Pleasant, Mt. Pleasant School District residents and Valhalla School District residents are eligible to enroll in the Mt. Pleasant Day Camps.

### MEDICAL INFORMATION

Under the regulations of New York State and Westchester County Health Department it is required that upon registering your child for camp, **You** must complete the required medical and immunization records form found on the back of the camp registration form. All medical and immunization records must be completed at the time of registration. You are not required to have a doctor's signature on this form. You must fill out the dates of your child's immunization. We cannot accept "up to date" or attachments. Please note: If your child is required to take medication at camp, a separate form must be completed by both the parent and the child's physician and handed in with the medication on the first day of camp. This form is available at the Recreation Office.

When filling out your child's medical form, please remember, it is always in your child's best interest to provide us with all his/her medical/special needs (i.e. ADD/ADAH but not taking medication in summer; afraid of the water, has difficulty in group setting, etc) so that we can provide the best experience possible.

### CAMP MINI MOUNT

Director: Nancy Weis

Asst. Director: Patty Kreamer

#### **For children ages 3 to entering Kindergarten**

Camp Mini Mount provides various activities in a safe, nurturing, structured and fun environment. Campers will take part in arts and crafts, story time, outdoor play, quiet games, music, weekly entertainment and special events.

**Day/Dates:** Beginning Tuesday, June 29 thru Friday, August 6 (**No camp Monday, July 5th**)

**Location:** Hawthorne Elementary School

**Time/Fee:**

<b>Morning Session:</b>	<b>9:00 a.m. – 11:30 am</b>	<b>\$475.00</b>
<b>Afternoon Session:</b>	<b>12:15 p.m. – 2:45 pm</b>	<b>\$420.00</b>
<b>All Day Program:</b>	<b>9:00 a.m. – 2:45 pm</b>	<b>\$886.00</b>

**Registration Information:** All children must be toilet trained

**Camper registration form** must be completed for each camper.

Mail in registration and registrations dropped in a drop box at the Recreation Office will be accepted through Friday, April 2nd. Registration will be processed randomly beginning on Monday, April 5<sup>th</sup>. Registration received on April 5<sup>th</sup> will be processed on April 6<sup>th</sup>, registration received on April 6<sup>th</sup> will be processed on April 7<sup>th</sup>, etc. (Please refer to registration information on page 2)

**Parent Orientation: Monday, June 28<sup>th</sup> at 11:30 a.m. at Hawthorne Elementary School.** Come meet the staff and tour the facility. Group lists and activity calendars will be distributed at this time.

## Registration Information for CAMP SUMMER FUN, GREAT VENTURES

Registration will begin on Monday, April 12<sup>th</sup> and continue through Friday, May 7<sup>th</sup>. After May 7<sup>th</sup>, registration will be accepted on a space available basis with a **late charge of \$50.00 per camper**.

Camper registration form must be completed and returned to the Recreation Department upon registration. **One Form per child.**

A discount of \$50.00 per child is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. This does not include Sports Camps.

### **Parent Orientation: Wednesday, June 16<sup>th</sup> at 7:00 pm at the Mt. Pleasant Community Center.**

An information meeting for all the parents of the campers enrolled in Camp Summer Fun and Great Ventures. At this time you will get to meet your child's director, assistant director and pool staff who oversees the camp aquatics program. The overall camp program will be discussed including swim lessons, free swim, trips and special events. There will be ample time to answer questions. **Camp handbooks and special events calendars will be distributed at this time.** If you do not attend this meeting, information will be passed out the first day of camp.

**\*\*CAMP SUMMER FUN, GREAT ESCAPE and GREAT VENTURES PARTICIPANTS ARE ELIGIBLE FOR EXTENDED CAMP PROGRAMS AND TRANSPORTATION FOR AN ADDITIONAL CHARGE.\*\***

### **CAMP SUMMER FUN**

Director: Rob Del Greco

Asst. Director: Dave Grazioli

#### **For Campers entering 1<sup>st</sup> thru 3<sup>rd</sup> grade in Fall, 2010**

Camp Summer Fun provides a variety of activities for campers in a safe, structured and fun atmosphere. Campers will participate in activities such as sports, art and crafts, nature, drama, music, cooking and story time on a regular basis. In addition, campers will receive American Red Cross Instructional Swim Lessons two times per week and when possible recreational swim one time per week at the Mt. Pleasant Town Pool. Special events and entertainment are provided on a weekly basis. Out-of-camp trips (i.e., bowling, IMAX) are also incorporated into the schedule.

**Day/Dates:** Beginning Tuesday, June 29 thru Friday, August 6 (**No camp Monday, July 5th**)

**Location:** Valhalla Methodist Church- located on Columbus Ave. in Valhalla. This site offers indoor classroom areas, a multi-purpose room, an outdoor playground and is adjacent to Lakeside Park which will be utilized for various camp activities and events.

**Time/Fee:**

<b>Half Day session:</b>	<b>9:00 am – 12:00 noon</b>	<b>\$560.00</b>
<b>Full Day session:</b>	<b>9:00 am – 3:00 pm</b>	<b>\$705.00</b>

### **GREAT VENTURES CAMP**

Director: PJ Levins

Asst. Director: Peter Kreamer

#### **For Campers entering 4<sup>th</sup> thru 6<sup>th</sup> grade in the Fall 2010**

Great Ventures Camp provides an array of activities in a safe, structured and fun environment. Campers will participate in activities such as sports, arts and crafts, nature, music, cooking, tennis and drama on a daily basis. In addition Great Ventures campers will receive American Red Cross Instructional Swim two times per week and when possible recreational swim one time per week at the Mt. Pleasant Town Pool. Special events and entertainment will also be incorporated into the weekly schedule. Out-of-camp trips (i.e., bowling, IMAX, baseball game) will be offered throughout the season to compliment this well-rounded program.

**Day/Dates:** Beginning Tuesday, June 29 thru Friday, August 6 (**No camp Monday, July 5th**)

**Location:** Westlake High School. This site offers classrooms, gym, lunchroom and play area.

**Time/Fee:**

<b>Half Day session:</b>	<b>8:45 am – 11:45 am</b>	<b>\$560.00</b>
<b>Full Day session:</b>	<b>8:45 am – 2:45 pm</b>	<b>\$705.00</b>

**\*\*NEW\*\***  
**GREAT ESCAPE CAMP**

Director: Peter Kreamer

**For Campers entering 7<sup>TH</sup> grade in the Fall 2010**

There are exciting changes for 7<sup>th</sup> graders this summer. We are announcing a new camp called "Great Escape". This camp will offer more for your young teen who is ready to "escape" Camp Great Ventures. On Tuesdays, Wednesdays and Thursdays, Great Escape campers will travel to adventurous and structured trips that are conveniently located. On Mondays and Fridays campers will remain at the Great Ventures camp site and participate in camp activities.

**There is a limit of 45 campers, please remember to register early.**

**NOTE:** The 1<sup>st</sup> and 6<sup>th</sup> week of camp there will not be any trips, campers will remain at Camp Great Ventures for traditional activities.

**Parent Orientation: Thursday, June 10, 2010 at 7:00 p.m. at the Mt. Pleasant Community Center**

**Day/Dates:** Beginning Tuesday, June 29 thru Friday, August 6 (No camp Monday, July 5th)

**Location:** Westlake High School.

**Time/Fee:**

**Full Day session:** 8:45 am – 2:45 pm (unless otherwise noted) \$875.00

**TRANSPORTATION**

**(Camp Summer Fun, Great Escape Camp and Great Ventures Camp only)**

The Town provides transportation to and from Camp Summer Fun and Great Ventures Camp at limited bus stops within the Town. Hawthorne Elementary School lower ball field at Brookline St., Carroll Park, Easter Seals building (formally Valhalla Columbus Avenue School). The fee for this service is **\$35.00** per camper for the season. The drop off times and pick up times for each site will be available at Parent Orientation.

**EXTENDED DAY PROGRAMS**

**(For Camp Summer Fun, Great Ventures Camp and Great Escape ONLY)**

The Town offers an extended day program before and after camp for campers enrolled in Camp Summer Fun and Great Ventures and Great Escape.

**EARLY RISERS**

This program provides a safe, supervised environment for your camper to begin his/her day. Activities are provided in the Recreation Room including ping-pong, foosball, board games and art activities.

**Location:** Mt. Pleasant Community Center- Recreation Room

**Time:** Campers can be dropped off beginning at 7:30 a.m. Campers will be bussed from the Community Center to their respective campsite at approximately 8:30 a.m.

**Fee:** \$145.00

**AFTER CAMP CLUB**

This program is held at Valhalla Methodist Church for Summer Fun Campers and Westlake High School for Great Ventures and Great Escape Campers. The After Camp Club ends at 5:30 pm. There is no transportation provided at dismissal. **ALL CAMPERS MUST BE PICKED UP AT THEIR RESPECTIVE SITE BY 5:30.** The After Camp Club is supervised by camp staff (Directors, specialists and counselors). Campers will take part in various games, sports and arts and crafts. In addition, a snack will be provided.

**Fee:** \$285.00

## TEENScape

Director: Ken Barrios

**\*\*PLEASE NOTE: For campers entering 8<sup>th</sup> thru 10<sup>th</sup> grade in the Fall, 2010**

**There is a limit of 45 campers, please remember to register your child early for Teenscape.** Campers will travel to various trip sites throughout the New York, Pennsylvania, Connecticut and Massachusetts areas. Due to the nature of the program, campers enrolled are expected to be mature, responsible, well behaved, respect the rights and property of others and able to function independently within a group of other campers under staff supervision.

**Day/Dates: Mondays-Thursdays, July 6<sup>th</sup>-August 5<sup>th</sup>** - camp does not meet on Fridays.

**Location:** Mt. Pleasant Community Center.

**Trip Times:** will vary daily based on scheduled trip. Camp begins each day at 8:45 am (unless otherwise noted). The end of the camp day will be based on the trip destination. The end of the day could vary from 3:00 to 9:00 pm. The trip locations, departure and return times and other pertinent information will be discussed and available at the parent orientation meeting.

**Fee: \$998.00** that includes trip admission, transportation and supervision. Extra spending money for gifts, souvenirs, snacks, and food is the responsibility of the participant. On some trips, food will be provided for an extra fee. Individual trip information will be provided in the parent handbook.

**Registration:** begins Monday, April 12<sup>th</sup> and will be accepted at the Recreation Office on a first come, first served basis. **Teenscape has a limited enrollment of 45 campers.** Registration will be accepted, if space permits, thru May 7<sup>th</sup>. After May 7<sup>th</sup>, registration will be accepted on a space available basis with a late charge of \$50.00 per camper. A discount of \$50.00 per camper is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. (This does not include Sports Camps)

Camper registration AND immunization form must be completed and returned to the Recreation Department. **One Form per child.**

**Parent Orientation: Tuesday, June 15<sup>th</sup> at 7:00 pm at the Mt. Pleasant Community Center.**

Meet the camp director and counselors and discuss in detail camp trips, policies and procedures. There will be ample time to answer questions. **Parent handbooks and the camp trip schedule will be distributed at this time.**

## TENNIS CAMP

39411

**Registration:** Please fill out an Activity Registration Form

This camp is designed for the beginner and low intermediate tennis player with little or no previous experience. Your child will have an introduction to all the basic tennis strokes through the use of games and drills. We will also work on conditioning, hand-eye coordination and footwork. The camp is designed for children in grades 1 through 8.

Instructors: Maria Borg, Jessica Woolf and Dee Young. All instructors are PTR (professional tennis registry) certified, have coached high school sports and are CPR and First Aid certified. Between them, they have 20 years of experience teaching tennis.

### Westlake High School

July 19 thru July 23

Grades 1 to 3 – 9:00 a.m. to 10:30 a.m.

(A)

Grades 4 to 8 – 10:30 a.m. to 12:00 p.m.

(B)

**Fee:**

**\$105.00**

July 26 thru July 30

Grades 1 to 3 – 9:00 a.m. to 10:30 a.m.

(C)

Grades 4 to 8 – 10:30 a.m. to 12:00 p.m.

(D)

**Fee:**

**\$105.00**

## SPORTS CAMPS for Boys and Girls

**Registration:** Please fill out an Activity Registration Form

**NOTE:** No refunds will be given 2 weeks prior to starting dates. Sampler camps include a combination of softball, baseball, stickball, soccer etc.

Maximum Participants: 50 each session

**GRADES 3 to 7**

**39400**

**FEE: \$135**

July 5 – July 9	<b>BASEBALL CAMP</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(A)
July 12 – July 16	<b>BASKETBALL CAMP</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(B)
July 19 – July 23	<b>SOCCER CAMP</b>	9:00 a.m. to 2:30 p.m.	Broadway Field	(C)
July 19 – July 23	<b>SPORTS SAMPLER I</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(D)
July 26 – July 30	<b>SPORTS SAMPLER II</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(E)
Aug 2 – Aug 6	<b>SPORTS SAMPLER III</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(F)
Aug 9 – Aug 13	<b>SPORTS SAMPLER IV</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(G)
Aug 16 – Aug 20	<b>SPORTS SAMPLER V</b>	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(H)

**Rain Date Policy:** Sports camps may be subject to being moved indoors, where children will play a variety of board games and watch movies.

**AGES 5 to 7**

**39401**

**FEE: \$75**

July 5 – July 9	<b>SPORTS SAMPLER A</b>	10:00 a.m. to 12 noon	Westlake M.S.	(A)
July 12 – July 16	<b>SPORTS SAMPLER B</b>	10:00 a.m. to 12 noon	Westlake M.S.	(B)
July 19 – July 23	<b>SPORTS SAMPLER C</b>	10:00 a.m. to 12 noon	Westlake M.S.	(C)
July 26 – July 30	<b>SPORTS SAMPLER D</b>	10:00 a.m. to 12 noon	Westlake M.S.	(D)
Aug 2 – Aug 6	<b>SPORTS SAMPLER E</b>	10:00 a.m. to 12 noon	Westlake M.S.	(E)
Aug 9 – Aug 13	<b>SPORTS SAMPLER F</b>	10:00 a.m. to 12 noon	Westlake M.S.	(F)
Aug 16 – Aug 20	<b>SPORTS SAMPLER G</b>	10:00 a.m. to 12 noon	Westlake M.S.	(G)

## NORTH EAST WESTCHESTER SPECIAL RECREATION

### 2010 Summer Day Camp Program

**Location: Columbus Elementary School**

**Monday - Friday, June 28– August 6 (No camp on July 5<sup>th</sup>)**

**9:00 am - 3:00 pm**

The North East Westchester Summer Day Camp Program provides an opportunity for children and teens with developmental disabilities to experience the benefits of participating in a local community day camp program. Participants enjoy a six week program packed with swimming, field trips, and a variety of special activities designed with the specific support needed for success in this environment. We provide at least a 1:3 staff ratio, individual assessment, on-going evaluation and collaboration with family members, school personnel and other outside professionals. North East day camp consists of four camp groups:

<b>Roadrunners:</b>	<b>Children ages 4-8 - Developmental Delays</b>
<b>Dragons:</b>	<b>Children/youth ages 8-11 - Neurologically impaired (NI)</b>
<b>Panthers:</b>	<b>Children/youth ages 11-14 - Neurologically impaired (NI)</b>
<b>Eagles:</b>	<b>Youth ages 13-20 - NI, Moderate Mental Retardation, Physically Challenged</b>

Bus transportation is provided to and from central pick up points by Royal Coach Bus Lines. The camp fee for residents in the North East District (Bedford, Briarcliff Manor, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, North Salem, Sleepy Hollow, Pleasantville, Pound Ridge and Somers) is \$825.00. For additional information on North East Westchester Recreation's Summer Camp Program or year round programs call the North East office at 347-4409.



## CAMPER MEDICAL FORM

(This form needs to be completed for application to be accepted)

All information is confidential. Please complete all questions in detail for your child's welfare and enjoyment. Remember to sign bottom. A doctor's physical or signature is not required.

CHILD'S NAME \_\_\_\_\_ GRADE IN FALL : \_\_\_\_\_

EMERGENCY INFORMATION: If you are not available in an emergency notify:

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

MEDICAL HISTORY: Please fill out completely:

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DENTIST'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

### ALLERGIES:

Please specify what your child is allergic to in the space provided

Medication(s): \_\_\_\_\_ Food: \_\_\_\_\_

Insect bites/stings: \_\_\_\_\_ Other: \_\_\_\_\_

Emotional concerns (explain): \_\_\_\_\_

Physical limitations (explain): \_\_\_\_\_

Significant health history (i.e., diabetes; seizures, heart disease, etc.) \_\_\_\_\_

Medications/precautions necessary for above: \_\_\_\_\_

Does your child have asthma?  Yes  No Does he/she need an inhaler?  Yes  No

Is your child required to take any medication during camp hours including an inhaler if necessary?  Yes  No

If yes a separate medical authorization form must be completed by both the parent and doctor and returned with the medication the first day of camp.

Medical authorization forms are available at the Recreation Office.

### OTHER COMMENTS:

MEDICAL HISTORY: Immunization Records - Required by N.Y. S. - **YOU MUST LIST DATES- NO ATTACHMENTS!**

DTP (3 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

DTaP (2 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Oral Polio (3 or 4 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

MMR Vaccine (Mumps, Measles, Rubella) (2 doses) Dates: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Hepatitis B (Hep B) (3 doses): 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Haemophilus Influenza Type B (HIB): 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Varivax (Chicken Pox) Date of inoculation or chicken pox infection: 1) \_\_\_\_\_

EMERGENCY AUTHORIZATION: In the event that I cannot be reached and an emergency occurs, I hereby give permission to the physician selected by the Camp Director to hospitalize and secure proper treatment for the child named above.

Parent/Guardian Signature Required: \_\_\_\_\_ Date: \_\_\_\_\_

Medical Insurance Company: \_\_\_\_\_ ID#: \_\_\_\_\_

**MT. PLEASANT RECREATION & PARKS REGISTRATION FORM**

**ACTIVITY/POOL REGISTRATION**

Return to: 1 Town Hall Plaza, Valhalla, New York 10595 ☎ 742-2310

**COMPUTER REGISTRATION - PLEASE PRINT CLEARLY**

**Make Checks Payable To: Town of Mount Pleasant**

ADULT NAME	LAST:	FIRST:	RECEIPT#:
ADDRESS	E-MAIL:		
	CITY:	STATE:	ZIP:
	SCHOOL DISTRICT:		
PHONE NO'S	HOME: ( )	WORK: ( )	EMERGENCY: ( )

ACTIVITY NUMBER	SESSION LETTER 1 <sup>ST</sup> CHOICE	SESSION LETTER 2 <sup>ND</sup> CHOICE	SESSION LETTER 3 <sup>RD</sup> CHOICE	PARTICIPANT'S NAME		GRADE	AGE	SEX	D.O.B.	ACTIVITY NAME	FEE
				LAST	FIRST						
12345	A	B		Doe	John	1	6	M	00/00/00	Sample	\$00.00

The undersigned hereby releases the Town of Mt. Pleasant, it's Town Board, employees and volunteers of any liability whatsoever in connection with any damage and/or injuries that the above named person(s) may sustain as a result of his/her participation in the above named programs(s). I further state the above information is accurate and realize that any false information will result in cancellation of program participation or pool membership with no refunds.

Signature \_\_\_\_\_ Date \_\_\_\_\_ CASH \_\_\_\_\_ CHECK # \_\_\_\_\_ INITIALS \_\_\_\_\_