

TOWN OF MOUNT PLEASANT RECREATION & PARKS DEPARTMENT



SPRING/SUMMER 2008

www.MtPleasantNY.com/rec

Town of Mt. Pleasant
Recreation and Parks Department
1 Town Hall Plaza
Valhalla, NY 10595

PRESORTED STANDARD
U.S. POSTAGE PAID
White Plains, NY
Permit No. 9507

SPECIAL EVENTS

Easter Egg Hunt
Flashlight Egg Hunt
Bell Ringing Ceremony & 4th of July Extravaganza

Saturday, March 15th
Tuesday, March 18th
Friday, July 4th

RESIDENTIAL CUSTOMER



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**THE HOTLINE NUMBER IS 742-2364
SPORTS HOTLINE NUMBER IS 742-2367
OR POOL PROGRAM CANCELLATIONS
769-1766**

**TOWN OF MT. PLEASANT TELEPHONE
DIRECTORY**

<u>Departments</u>	<u>Phone No.</u>
Assessor	742-2345
Building	742-2305
Comptroller	742-2360
Engineering.....	742-2317
Highway	769-1045
Justice Court.....	742-2324
Planning & Zoning.....	742-2330
Police Dept. (Non-Emergency)	769-1941
Receiver of Taxes	742-2348
Recreation	742-2310
Office of Elder Americans	592-6441
Sanitation	592-4129
Supervisor's Office.....	742-2300
Town Attorney.....	742-2326
Town Clerk.....	742-2312
Water & Sewer.....	831-1062

WANT TO BE A CAMP COUNSELOR

Being a Camp Counselor...

The Benefits Are Endless!!

- Make a difference in the life of a child.
- Be a role model.
- Make new friends.
- Learn responsibility.
- Improve communication skills.
- Learn patience.
- HAVE FUN!
- Be a part of a team.
- Work in an outdoor environment.
- Feel good about your job and yourself.
- Be a leader.
- Earn \$\$\$
- MAKE A DIFFERENCE IN THE LIFE OF A CHILD!

For an application to become a Camp Counselor or Lifeguard call the Recreation Office at 742-2310.

WANT TO BE A LIFEGUARD

Being a Lifeguard...

The Benefits Are Endless!!

- Make new friends.
- Learn responsibility.
- Maintain fitness level.
- Sharpen reflexes.
- Improve communication skills.
- Learn diplomacy.
- HAVE FUN!
- Be a part of a team.
- Work in an outdoor environment.
- Feel good about your job.
- Be a role model.
- Interact with children & adults.
- Earn \$\$\$
- KEEP POOL USERS SAFE

SPECIALISTS NEEDED!!

If you have a special skill and would be interested in teaching a class in the fall, winter or spring or be a specialist in one of our camps please call the Recreation Office at 742-2310.

REGISTRATION POLICY AND PROCEDURES

Spring Programs

1. All mailed-in and dropped-off registrations received by Friday, March 28 will be processed on a random basis starting Monday, March 31st, 2008. All registrations received by 4:30 p.m. on Monday, March 31st will be processed on a random basis starting Tuesday, April 1st. Registrations received on April 1st will be processed on a random basis starting on the 2nd. The same process will be followed on the 2nd, 3rd and 4th.
2. Starting April 7th, walk-in registrations will be accepted at the Recreation Office on a space available basis in the order in which they are received. Mail-in registrations will be processed randomly each day and interspersed with the walk-in registrations as they are received.
3. Registration forms are required for most programs. Phone registrations will not be accepted unless noted.

A SEPARATE CHECK IS REQUIRED FOR EACH INDIVIDUAL PROGRAM

Camp Mini Mount

Camp Mini Mount registration will be handled on a mail in basis as outlined below. A completed Camp Registration form with immunization dates clearly written in is required for a registration to be processed.

1. Only mail-in registrations and registrations placed in a drop box at the Recreation Office will be accepted through Friday, April 4th.
2. Processing of properly completed mail-in and drop-off registrations received by April 4th will start on Monday, April 7th. All registrations will be processed on a random basis. Registrations received on April 7th will be processed April 8th. The same process will be followed for registrations received on April 8th, 9th, 10th and 11th.
3. Open registration will start, if space is available, on April 14th.
4. Camp Mini Mount registrations should be placed in a separate envelope from other camp/program registrations clearly marked "Camp Mini Mount".

Camp Summer Fun, Great Ventures Camp, Teenscape

Camp registration (other than for Camp Mini Mount) will start on April 14, 2008 and continue through May 9th. Teenscape has limited enrollment and may fill up prior to May 9th. A complete registration form, with immunization dates clearly written in, is required for a registration to be processed.

CAMP REGISTRATION FORMS WILL NOT BE ACCEPTED WITHOUT IMMUNIZATION DATES WRITTEN IN

Sports Camps & Tennis Camp

Sports Camp & Tennis Camp registration will start on April 14, 2008. These camps have limited enrollment and may fill up. To register please fill out the "Activity/Pool" Registration Form in the back of the brochure.

Town Pool

Registration for the Town Pool and all instructional swimming programs will be accepted starting April 14th. Two proofs of residency such as a driver's license, telephone bill, credit card invoice or automobile insurance card are required. Old pool passes and tax bills are not considered proof of residency. **EVERYONE MUST HAVE A NEW PHOTO.**

information on the use of the signs and to reserve space contact the Recreation Office at 742-2310.

SUMMER EMPLOYMENT OPPORTUNITIES

The Mt. Pleasant Recreation and Parks Department has over 100 part time jobs available during the summer for individuals 16 years of age and over. Positions include Lifeguard, Water Safety Instructors, Cashiers, Parks Groundskeepers, Counselors and Specialists. Some positions are available on a half day basis. Mt. Pleasant has volunteer positions for 15 year old teens as Counselors in Training at the day camps and Lifeguards in Training at the pool. CIT's can work in either Camp Summer Fun or Mini Mount for half or all day. All applications are available at the Recreation Office.



**REGISTRATION INFORMATION
LOCATED ON PAGE 2**

PARTICIPATION & FEES

Participation is restricted to residents of the Town of Mt. Pleasant living outside the Villages of Briarcliff Manor, Pleasantville and Sleepy Hollow. If space is available in any program one week prior to the start of the program, nonresidents and Village residents will be allowed to participate by paying a 20% surcharge.

Senior Citizens age 60 and over who live in the Town Outside are entitled to a 50% reduction in program fees for all adult programs other than trips. Proof of age is required.

The Recreation and Parks Commission maintains a policy which requires individuals in programs to help defray costs involved. Fees have been established for each program based on the cost of operating the program and nature and number of individuals served. It is the intention of the Town that no resident of the Town Outside be denied the ability to participate in programs because of an inability to pay. Fee reduction and scheduled payment applications are available in the Recreation and Parks Office.

Sorry, credit cards are not accepted!

REFUNDS

Refunds are granted only if a program is canceled. Any other refund requests will be reviewed individually and will be prorated and subject to a \$10.00 processing fee, if approved. The Recreation and Parks Department reserves the right to cancel any program and issue appropriate refunds whenever it is considered in the best interest of the Department.

INSURANCE

The Town of Mt. Pleasant does not provide accident insurance for any of its programs. All persons participate at their own risk and should make certain they have their own insurance.

ACTIVITY CHANGES/SCHEDULES

Due to circumstances beyond our control, some activities may require time or location changes. All participants will be notified, when possible, if a change or cancellation does occur.

WAITING LIST

If your desired class is filled, you will be notified and placed on a waiting list. The department will make every effort to accommodate those on the waiting list. If any openings become available, we will then go to the waiting list to fill the class.

PROGRAM CANCELLATION

If programs are canceled due to inclement weather, notification will be made over radio station WFAS (103.9 FM or 106.3 FM and 12.30 AM). You can also log onto the WFAS website at www.wfasfm.com & www.wfasam.com. In addition, the Recreation and Parks Department has a Hotline number that gives information on program changes and cancellations.

**The Hotline Number is 742-2364
Sports Hotline Number is 742-2367**

PROGRAM BEHAVIOR

Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Participants shall:

- show respect to all participants and staff.
- refrain from using foul language.
- refrain from causing bodily harm to other participants or staff.

-show respect for equipment, supplies and facilities.

MESSAGE TO PARENTS (AGE REQUIREMENTS)

For all programs, age requirements will be as of the date of the first class unless otherwise specified. Please do not request or sign your child up in a class he/she does not belong in. If you should do so and we discover the error, it may be too late to get your child in the correct class because it is full. All age requirements are set to benefit the children and make instruction more consistent for the program leader.

THANK YOU FOR YOUR COOPERATION.

PRE-SCHOOL PROGRAMS

SORRY, SIBLINGS MAY NOT ATTEND PARENT & TOT PROGRAMS

ART & LIT FOR PARENTS & TOTS

21101

Instructor: Robin Cambria

An art class designed for 2 year olds and their parents that will ignite their imaginations through stories and art projects with an assortment of materials and books. Holiday crafts are included in this program. **Smocks are suggested.**

Mondays, Community Center

April 28 thru June 16 (no class May 26)

10:00 a.m. to 10:30 a.m.

10:45 a.m. to 11:15 a.m.

Maximum of 10 children

7 sessions

Fee:

(A)

(B)

\$59.00



ART & LIT FOR LITTLE ONES

21102

Instructor: Robin Cambria

Inspired by books and stories, 3 and 4 year olds will work independently with an assortment of materials to create many wonderful projects. Holiday themes will be included in this session. **Smocks are suggested.**

Mondays, Community Center

April 28 thru June 16 (no class May 26)

11:35 a.m. to 12:15 p.m.

Maximum of 10 children

7 sessions

Fee:

(A)

\$65.00



MUSIC & MOVEMENT FOR PARENTS & TOTS 21103

Instructor: Burr Johnson

A fun and exciting musical experience for tots (18 months to age 3) and their parents. This program is designed to develop perceptual motor skills, learning and socialization thru songs, movement, instrument playing and activities using a variety of props such as hoops, balls and more.

Wednesdays, Community Center

April 30 thru June 11

10:15 a.m. to 10:45 a.m.

10:45 a.m. to 11:15 a.m.

Maximum of 12 children

7 sessions

Fee:

(A)

(B)

\$56.00

MUSIC & MOVEMENT

21104

Instructor: Burr Johnson

A fun and exciting musical experience encouraging active participation. This program is for 3 and 4 year olds and develops perceptual motor skills, learning and socialization thru songs, instrument playing and activities using a variety of props such as hoops, balls, and more.

Wednesdays, Community Center

April 30 thru June 11

11:15 a.m. to 12:00 Noon

Maximum of 12 children

7 sessions

Fee:

(A)

\$59.00

TEENY TOT PLAYGROUP

21106

Instructor: Nora Pierce

Moms and teeny tots from 2 to 3 years old will spend quality time together playing and growing. Toddlers will be encouraged to interact and explore with toys, center based activities, and a variety of materials to spark their creativity. Join us to learn together while sharing ideas and introducing your toddlers to new situations to better prepare them for pre-school. Summer session will focus on summer themes like Fun in the Sun, Nature & more.

Tuesdays, Community Center

April 29 thru June 17

9:40 a.m. – 10:40 a.m. (A)

Maximum of 10 participants

8 sessions

Fee: \$72.00



LIL' COOKS

Instructors: Rosa Carra & Rosalie Fierro

This program introduces 3 to 6 year old children to the art of cooking and baking! Children will prepare, cook and eat their own foods! This program will also enhance many skills such as early math skills, pre-reading skills, and language skills as they learn about measuring, counting, word and symbol recognition, and predicting outcomes of what they are making. A related craft and story will be included. **Max of 8 participants per session.**

SPRING SESSION (7 sessions) 21501

Wednesdays, Town Hall Tower Room

April 2 thru May 21 (no class April 23)
12:30 p.m. to 2:00 p.m. (A)

Thursdays, Town Hall Tower Room

April 3 thru May 22 (no class April 24)
10:00 a.m. to 11:30 a.m. (B)
12:30 p.m. to 2:00 p.m. (C)

Friday, Town Hall Tower Room

April 11 thru June 6 (no class April 24 & May 23)
12:30 p.m. to 2:00 p.m. (D)
Fee: \$100.00

SUMMER SESSION (4 session) 31501

Tuesday thru Friday, Town Hall Tower Room

June 3 thru 6
10:00 a.m. to 11:30 a.m. (A)
12:30 p.m. to 2:00 p.m. (B)

June 10 thru 13
10:00 a.m. to 11:30 a.m. (C)
12:30 p.m. to 2:00 p.m. (D)

Monday thru Thursday, Town Hall Tower Room

June 30 thru July 3 (E)
August 11 thru 15 (F)

9:00 a.m. to 10:30 a.m.
Fee: \$85.00

PARENT & TODDLER SPORTS INTRO

21105

Instructor: Chris Gifas

Parents & toddlers will participate in an interactive introduction to sports – soccer/t-ball/basketball. Toddlers will be taught basic skills with an emphasis on having fun.

Tuesdays, Community Center

April 29 thru June 17

For ages 2 and 3 (A)

11:15 a.m. to 12:15 p.m.

For ages 4 and 5 (B)

10:00 a.m. to 11:00 a.m.

Maximum 25 children

8 sessions

Fee: \$60.00



PRE-KINDERGARTEN PARTY

21502

Instructors: Diane Stonis & Nora Pierce

Is your child starting kindergarten in September? Meet and greet other children and their parents at a pre-kindergarten party!

Along with pizza, games, and crafts, school and bus safety will be discussed. During the last half hour parents will be invited to join us for cookies, milk and socializing.

For children entering kindergarten in September.

Mt. Pleasant Community Center

Saturday, June 7

11:30 a.m. to 1:30 p.m. (A)

Friday, July, 11

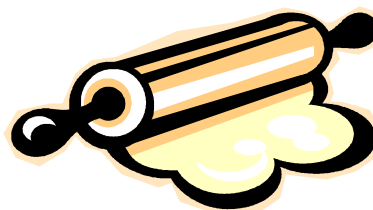
5:00 p.m. to 7:00 p.m. (B)

Tuesday, August 12

12:00 p.m. to 2:00 p.m. (C)

Maximum of 25 participants

Fee: \$20.00



CHILDREN'S PROGRAMS

PAINTING LIKE THE MASTERS

22101

Instructor: Carol Rodriguez

For children in grades 1 to 5

Bring out your child's artistic qualities as they learn to draw and paint like the Masters! During this class your child will do artwork equivalent to such master artists as Picasso, Monet and DaVinci! Painting and drawing techniques will be developed in a variety of mediums.

Mondays, Town Hall Tower

May 5 thru June 23 (no class May 26)

(A)

4:30 p.m. to 5:45 p.m.

Maximum of 12 participants

7 sessions

Fee:

\$72.00

SAFE ON MY OWN

22401

Instructor: Diane Stonis

Safe On My Own is a program for children in grades 3 thru 5 taught by a Red Cross Instructor, on the safety measures of what to do when home alone.

Tuesday, Bradhurst Community Center

June 3

4:00 p.m. to 6:00 p.m.

(A)

Maximum of 12 participants

Fee:

\$22.00

CREATIVE KIDS

22103

Instructor: Nora Pierce

An art program for children in 1st and 2nd grade. This program will include drawing, painting, constructions, and crafts. Lots of materials for big imaginations and tiny hands to explore. Bring a smock.

NOTE: If your child attends Hawthorne Elementary School they will be supervised by the instructor immediately following dismissal.

NOTE: You must send a note to school if your child will be attending this program.

Mondays, Hawthorne Elementary School

April 28 thru June 16 (no class May 26)

2:30 p.m. to 3:30 p.m.

(A)

Maximum of 12 participants

7 sessions

Fee:

\$63.00

CREATIVE KINDER KIDS

22102

Instructor: Nora Pierce

Kindergarteners will stretch their imaginations to create crafts and constructions. These creations will involve painting, drawing, coloring and gluing. Please bring a smock and your enthusiasm for creative fun.

Tuesdays, Community Center

May 6 thru June 17

3:30 p.m. to 4:30 p.m.

(A)

Maximum of 10 children

7 sessions

Fee:

\$63.00

JUNIOR COOKS

Instructors: Rosa Carra & Rosalie Fierro

For ages 9 to 11

The art of cooking & baking will be introduced. Children will prepare, cook and eat their own creations through hands-on experiences. All math, reading and language arts skills will be enhanced through the cooking process. The children will go home with the recipe, a related craft and rating. Parents are invited to join their children 15 minutes before class ends to enjoy the finished product. Maximum of 8 participants.

Fridays, Town Hall Tower Room

SPRING SESSION (7 sessions)

22502

April 11 thru June 6 (no class April 25 & May 23)

3:30 p.m. to 5:00 p.m.

(A)

Fee:

\$100.00

SUMMER SESSION

32502

June 30 thru July 3

11:00 a.m. to 12:30 p.m.

(B)

Fee:

\$65.00

August 11 thru August 15

11:00 a.m. to 12:30 p.m.

(C)

Fee:

\$75.00

AMERICAN RED CROSS BABYSITTERS TRAINING COURSE

22402

Instructor: Diane Stonis

For children ages 11 thru 15. Prepares youth with the training every parent wants in a babysitter, including safety, basic child care, safe play, first aid and critical emergency action skills.

Thursdays, Bradhurst Community Center

April 17, May 1, May 8

5:30 p.m. to 7:30 p.m.

(A)

Maximum of 10 participants

3 sessions

Fee:

\$55.00

THE HOTLINE NUMBER IS 742-2364
SPORTS HOTLINE NUMBER IS 742-2367

AFTER SCHOOL SPORTS**22205**

Instructor: Ken Fisher

Enjoy an extra hour of sports and games after school. A variety of sports and games are played emphasizing fun for all.

IMPORTANT: Children may sign up for one class only.**Columbus Elementary School**

2:30 p.m. to 3:30 p.m.

Wednesdays

April 16 thru June 11 (no class April 23) (A)

Thursdays

April 17 thru June 12 (no class April 24) (B)

Fridays

April 18 thru June 20 (no class Apr 25 & May 23) (C)

Maximum of 25 participants per class

8 sessions**Fee: \$45.00****TUMBLING****22223**

Instructor: Alex & Candy Munoz

This class provides you the opportunity to learn, maintain or improve your tumbling skills. Your 45 minute class will include strength and condition training. Whether you are looking for a great workout or an eye popping tumbling pass, you'll find satisfaction and fun that will have you flipping for more.

Wednesdays, Community Center

July 2 thru August 13

Grades 1 to 4

4:00 p.m. to 4:45 p.m. (A)

Grades 5 to 8

5:00 p.m. to 5:45 p.m. (B)

Grades 9 to 12

6:00 p.m. to 6:45 p.m. (C)

Maximum of 20 participants per class

7 sessions**Fee: \$65.00****SUMMER CHEER****32214**

Instructors: Alex & Candy Munoz

Cheer away your summer. This program is available to participants who have no cheer experience through the advanced level. Basic cheers, explosive jumps, various cheer techniques and more will be taught.

Mondays, Community Center

June 30 thru August 11

For grades K to 2

Intro to Cheerleading (no cheer experience)

4:00 p.m. to 4:45 p.m. (A)

For Grades 1 to 4 (with cheer experience)

5:00 p.m. to 6:00 p.m. (B)

For Grades 5 to 12

6:00 p.m. to 7:00 p.m. (C)

Maximum of 25 participants

7 sessions**Fee: \$75.00****SUMMER CHEER CAMP****32215**

Mt. Pleasant Recreation and Parks Department in conjunction with COA (Cheerleaders of America) present Summer Cheer Camp. Get ready for a jammed-packed week of cheering, dancing, jumping and stunting. Join us and the staff of COA for a cheer experience like no other. NOTE: Free gym bag with registration. NOTE: Bring bagged lunch.

For children entering grades 2 to 12

Tuesday thru Friday, Community Center

Tuesday, August 12 8:30 a.m. to 6:00 p.m.

Wednesday, August 13 8:30 a.m. to 4:00 p.m.

Thursday, August 14 12:00 p.m. to 6:00 p.m.

Friday, August 15 11:00 a.m. to 6:00 p.m.

Space is limited.

4 sessions**Fee: \$180.00****INDOOR STREET GAMES****22207**

Instructor: Pat Tufano

Come play the same games that Mike Piazza, Sammy Sosa, Gary Sheffield, Derek Jeter and Ken Griffey, Jr. played when they were kids. A weekly rotation of four different street games; punchball, slap ball, stickball and waffle ball.

Fridays, Community Center

April 18 thru June 13 (no class April 25 & May 23)

Grades 1 to 4

3:30 p.m. to 4:30 p.m. (A)

Grades 5 to 7

4:30 p.m. to 5:30 p.m. (B)

Maximum of 30 participants

7 sessions**Fee: \$38.00****YOUTH GOLF****22203**

Instructor: Greg Weis

For children ages 9 to 15

Great sport to start young!

Learn the basic techniques to improve your swing and approach to the green. Participants must provide their own clubs. Nine Iron and Pitching Wedge recommended.

Tuesdays & Thursdays, Lakeside Park

May 13 thru June 5

4:45 p.m. to 5:45 p.m. (A)

Maximum of 8 participants

8 sessions**Fee: \$67.00**

YOUTH TENNIS

Instructor: Linda Rosensweig
 For children ages 8 to 14
 Certified instruction for all levels of ability
 Beginner: Enjoy the fundamentals including forehand, backhand, serving, and light play.
 Intermediates: Master your ground strokes, volleying, and learn various game strategies. Maximum 10 children

Saturdays, Westlake High School Tennis Courts
SPRING SESSION (7 sessions) 22204

April 19 thru June 7 (no class May 24)
 Beginner: 11:00 a.m. to 12:00 p.m. (A)
 Intermediate: 12:00 p.m. to 1:00 p.m. (B)
Fee: \$100.00

SUMMER SESSION (4 sessions) 32204

July 12 thru Aug 2
 Beginner: 11:00 a.m. to 12:00 p.m. (A)
 Intermediate: 12:00 p.m. to 1:00 p.m. (B)
Fee: \$50.00



MT. PLEASANT FLAG FOOTBALL 42206

Program Director: Ken Fisher
 Mt. Pleasant Recreation is now accepting registrations for the **youth football program in the fall**. Divisions of play are 3rd & 4th graders; 5th & 6th graders. First practices will be held in early September with games starting October and finishing early November. Members receive NFL Team-identified football jerseys. Flag football is non-contact...The offensive team plays for a first down midfield and a touchdown in the end zone. Running and passing plays are allowed. The defensive team covers the receivers, rushes the passer, and grabs flag belts to make "tackles". All youths play in each game. Practices/games are once a week. Either Wednesdays or Fridays (rotates).

Location: Bradhurst Field
Dates: September 3 thru November 7
 Wednesdays & Fridays, 4:00 p.m. to 4:45 p.m.
 3rd & 4th Grade (A)
 5th & 6th Grade (B)
 Maximum of 60 participants per grade group
Fee: \$65.00

MT. PLEASANT AMERICAN HERITAGE GOJU KARATE 22208

Sensei: Dayton Guinee
 This exciting, high energy, level specific martial arts program is designed for boys and girls ages 6 thru 12. Students will be taught a wide range of self defense techniques in addition to increasing respect for themselves and others, while developing a more positive attitude, a stronger body and a healthier way of thinking. Sessions are held throughout the school year. Official uniforms are required and may be purchased through the instructor. All instruction requirements, standards and rank promotions are governed by the American Heritage Goju Karate organization.

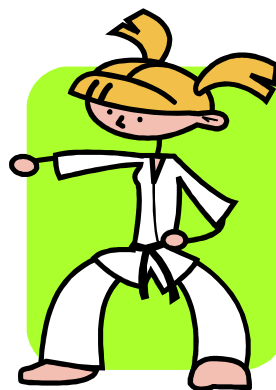
Community Center
 April 14 thru June 4 (no class April 21, 23, May 26 & 28)
Peewee – Ages 6 & 7 (must be 6 by April 23)
 Mondays, 4:00 p.m. to 5:00 p.m. (A)
Peewee – Ages 6 & 7 (must be 6 by April 23)
 Wednesdays, 4:00 p.m. to 5:00 p.m. (B)
 Maximum of 20 children

6 sessions
Fee: \$80.00
Juniors – Ages 7 and a half to 11 22208

Mondays & Wednesdays
 5:00 p.m. to 6:00 p.m. (Beginners, White & Yellow) (C)
 6:00 p.m. to 7:00 p.m. (Blue & Up) (D)

12 sessions
Fee: \$160.00
Adult- Ages 12 & Up 24201

Mondays & Wednesdays
 7:00 p.m. to 8:30 p.m. (all belts)
12 sessions
Fee: \$160.00



TEEN PROGRAMS

"THE PREMIER"

Mt. Pleasant provides a unique atmosphere for students. The evening includes a DJ, game room, and a chance to mingle with friends. Pre-teens in grades 6 to 8 can take advantage of the Community Center on Lozza Drive between the hours of 7:00 p.m. and 10:00 p.m. Parents are asked to have their children dress appropriately. Glow devices will NOT be allowed at "The Premier". Doors will open at 7:00 p.m. Please check the schedule below:

DATES: March 22, April 12, May 17 and June 21
TIMES: 7:00 p.m. to 10:00 p.m.
FEE: Tickets will be available the Monday prior to "The Premier" at the Recreation Office.
\$3.00 at the office
\$5.00 at the door

*M*aking *A*Difference (formerly P.H.A.T.Club)

Tom Vernile, Coordinator

Attention students! Are you in need of community service? Do you want to build your resume? Do you want to improve upon your leadership skills? Or do you just enjoy the personal satisfaction of helping others? What ever the reason, the M.A.D. Club is your means to reach your goal. Students in grades 8 to 12 are encouraged to join the club and discover what it's all about. Members will meet approximately twice a month with an opportunity to receive at least 3 hours of community service a month. For more information call Tom Vernile at the Mt. Pleasant Recreation and Parks Department, 742-2365

TEEN CHEFS

33503

Head Chef & Teacher: Rosa Carra

Assistant Chef: Rosalie Fierro

For teens 13-17 years old

This program develops the cooking skills of teens by introducing them to the art of cooking and baking. All math, language arts and science skills will be enhanced through the cooking process. Teens will prepare, cook and eat their own creations through hands-on experiences.

Town Hall Tower Room

August 4 thru August 8

10:00 a.m. to 12:30 p.m.

(A)

Maximum of 8 participants

5 sessions

Fee:

\$110.00

*B*ATTLE OF THE *B*ANDS

After a very successful third year, the Recreation Department in co-sponsorship with the Mt. Pleasant D.A.R.E. program will be sponsoring a Battle of the Bands contest for local area high school bands.

Local bands are encouraged to participate at no cost and have the opportunity of winning some great prizes.

So get your band and fans together and come out for a little friendly competition

WHEN: Friday, May 16
WHERE: Mt. Pleasant Community Center
TIME: 8:30 p.m. to 11:00 p.m.
WHO: Open to local high school bands from Westlake High School, Valhalla High School and Pleasantville High School and spectators from the Town of Mt. Pleasant and aforementioned school districts.

CALL 742-2310 TO REGISTER YOUR BAND

FEE: Bands – FREE
 Spectators - \$5.00 per person
 Payable at the door

*I*NNER VIBE *Y*OUTH FESTIVAL

SATURDAY, JULY 19

7:00 p.m. to 11:00 p.m.

The Festival tips off with a 3 vs. 3 basketball tournament. Prizes for 1st place team and the runner up. Festival also includes an evening of musical performances by local high school bands. A BBQ and giveaways all night! Mark your calendar and come see who hits the stage at Broadway Park in Hawthorne. Open to residents in Grades 9 thru 12.

Call for details or to book your band – 742-2365

WEBSITE

For information and form downloads please visit the Town of Mt. Pleasant's website at www.MtPleasantNY.com/gov. For Recreation Department only use www.MtPleasantNY.com/rec.

ADULT PROGRAMS

DEFENSIVE DRIVING

24401

Instructor: Dan Oderifero

Upon successful completion of this program, you may be eligible for a 10% insurance discount as well as a 4 point removal from your driving record. If you pass the course and would like the certification, there is an \$11.00 fee to receive the certification.

Town Hall Tower

7:00 p.m. to 10:00 p.m.

April 14 and April 16

May 12 and May 14

June 9 and June 11

Sept. 22 and Sept. 24

Maximum of 25 participants per class

Fee per session:

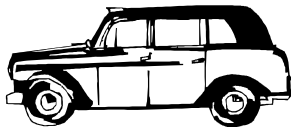
(D) 14401

(A)

(B)

(C)

\$35.00



THE KNITTING CIRCLE

24118

Instructor: Sharon Campbell Rubens

Sharon has taught knitting for over 20 years. She is currently working at A.C. Moore in Yorktown Heights and is a designer and seller of specialized embroidery kits. All skill levels welcome, including no-skills-at-all. Beginners will be taught the basics of this ancient craft and move on to hat and scarf projects. More advanced knitters can hone their skills, acquire new techniques, and work on projects of their choice. Please bring to class one pair of medium size (US 7 through 9) knitting needles, and any worsted weight basic yarn, or purchase a starter kit containing needles, yarn, book and tote from the instructor at the first class.

Tuesdays, Town Hall Tower

April 15 thru June 3 (no class April 22)

9:30 a.m. to 11:30 a.m.

Maximum of 12 participants

7 sessions

Fee:

(A)

\$63.00

TRAPSHOOTING FUNDAMENTALS

24202

Instructor: Tony Nacinovich & Bo Guglielmo

An introduction to clay bird shooting with instruction by experienced marksmen and more advanced instruction for experienced participants. Program includes discussion on fire arm safety and individual instruction on clay bird shooting. Participants must be 16 years or older. Program will be held at and with the cooperation of the Mt. Pleasant Sportsman's Club. Although there is no charge for this program, you must register by completing and mailing in the registration form. Each participant will receive a free gunlock, compliments of Project Childsafe.

Mt. Pleasant Sportsman's Club

121 Clay Bird Lane, Briarcliff

9:00 a.m. to 1:00 p.m.

Saturday, May 3

Saturday, June 7

Maximum of 15 participants

Fee:

FREE

NOTE: Participants must purchase their own ammunition \$6.00 per round of 25 shells. Anticipate shooting 2 or 3 rounds. NOTE: Any questions please contact Roger Buglione at 769-0470.

(A)

(B)

BOW HUNTER EDUCATION COURSE

34205

Instructor: Manny Pinto

A serious bow hunter education course leading to certification required for bow hunting license. Participants 14 and older will learn their responsibilities as a hunter, how to prepare for the hunt, equipment and maintenance, how to hunt, safety practices as well as all the things you need to know that could go wrong. This is a comprehensive 10 hour classroom and field demonstration course and is certified by the New York State Department of Environmental Conservation. Pre-registration is required by completing and mailing in the registration form in the back of this booklet.

NOTE: For more information and materials needed contact Manny Pinto at 769-6104 one week prior to class.

Saturday, September 13

Mt. Pleasant Sportsman's Club

121 Clay Bird Lane, Briarcliff

8:00 a.m. to 6:00 p.m.

Maximum of 30 participants

Fee:

FREE

(A)

ADULT TENNIS

Instructor: Linda Rosensweig

Certified instruction for all levels of ability.

Beginner: Enjoy the fundamentals including forehand, backhand, serving, and light play.

Intermediates: Master your ground strokes, volleying, and learn various game strategies.

Saturdays, Westlake High School Tennis Courts

SPRING SESSION (7 sessions) 24204

April 19 thru June 7 (no class May 24)

Beginner: 9:00 a.m. to 10:00 a.m. (A)

Intermediate: 10:00 a.m. to 11:00 a.m. (B)

Maximum of 10 participants

Fee: \$100.00

SUMMER SESSION (4 sessions) 34204

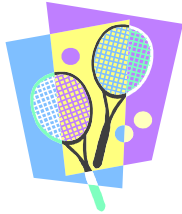
July 12 thru Aug 2

Beginner: 9:00 a.m. to 10:00 a.m. (A)

Intermediate: 10:00 a.m. to 11:00 a.m. (B)

Maximum of 10 participants

Fee: \$50.00



ADULT GOLF 24203

Instructor: Greg Weis

A great sport. Learn the basic techniques to improve your swing and approach to the green. Must provide your own clubs. Nine Iron and Pitching Wedge recommended.

Tuesdays & Thursdays, Lakeside Park

May 13 thru June 5

Beginner: 5:45 p.m. to 6:45 p.m. (A)

Advanced: 6:45 p.m. to 7:45 p.m. (B)

Maximum 10 participants

8 sessions

Fee: \$67.00

THE ALEXANDER TECHNIQUE 24310

Instructor: Carol MacCallum Strozier

Come learn to make the best use of your body with minimum effort, release tension and rediscover balance of mind and body, move according to your natural design.

Mondays, Community Center

April 7 thru June 2 (no class April 21)

5:30 p.m. to 6:30 p.m. (A)

Tuesdays, Community Center

April 8 thru June 3 (no class April 22)

1:00 p.m. to 2:00 p.m. (B)

Maximum of 10 participants

8 group sessions at Community Center

2 ½ hour lessons at Private Valhalla Studio

Fee: \$120.00

Supplies (senior discount does not apply): \$ 6.00

MT. PLEASANT AMERICAN HERITAGE GOJU KARATE

Sensei: Dayton Guinee

24201

This program caters to adults as well as ages 12 and up.

Students will be taught a wide range of self-defense techniques in addition to increasing respect for themselves

and others while developing a more positive attitude, a stronger body and a healthier way of living. Sessions are held

continuously throughout the year. Official uniforms are

required and may be purchased through the instructor. All

instruction, requirements, standards and rank promotions are

governed by the American Heritage Goju Karate Organization.

Mondays & Wednesdays, Community Center

April 14 thru June 4 (no class April 21, 23, May 26 & 28)

7:00 p.m. to 8:30 p.m. (A)

12 sessions

Fee: \$160.00

YOGA 24304

Instructor: Chris Tangerman 6:15 pm – Raina Fortini 7:20 pm

The century's old practice is today's most popular fitness

endeavor. Increase your body's strength, endurance and

flexibility like no other program. As you practice Asanas

(postures) along with conscious breathing, you will achieve a

sense of calm, balance and well being on more than just the

physical plane. The session ends with deep relaxation and

guided meditation. Men and women welcome. Wear

comfortable clothing and bring a floor mat.

Thursdays, Community Center

April 3 thru May 22 (no class April 24)

6:15 p.m. to 7:15 p.m. (A)

7:20 p.m. to 8:20 p.m. (B)

Maximum of 20 participants

7 sessions

Fee: \$84.00

FITBALL WORKOUT 24307

Instructor: Carol Migliorelli

ISCA/Promise Certified Instructor

Learn how to use a resistance fitness ball during this Pilates-

based exercise class. You will tone and strengthen your body

while working on balance. Bring heavy hand weights and a

mat.

NOTE: Check with your physician before doing this interval program, or any exercise routine!

Mondays, Community Center

8:00 p.m. to 9:00 p.m.

May 5 thru June 23 (no class May 26) (A)

Maximum of 10 participants

7 sessions

Fee: \$68.00

SHAPE AND TONE**24303**

Instructor: Cameron Kelly & Stacey Christiano
 Flex your muscles, gain flexibility and get a cardiovascular workout. This program is designed to keep your bones strong, muscles flexible and heart rate pumping while incorporating all the elements of a well-rounded fitness program. This class is set to great music and designed to accommodate all fitness levels. NOTE: Please bring an exercise mat and handheld weights to class. Maximum of 25 participants

Wednesdays & Fridays, Community Center

April 11 thru June 13 (no class April 23, 25 & May 23)
 10:00 a.m. to 11:00 a.m.

8 or 16 sessions**Fee per session Wed. & Fri.: \$120.00 (A)****Fee per session once a week: \$60.00 (B)****TIGHT AND TONED****24301**

Instructor: Carol Migliorelli
 ISCA/Promise Certified Instructor
 Start off with an aerobic warm-up ...follow up with targeted exercises using resistance tubes and weights (5 lbs.). I'll supply the AB BLAST (last 15 minutes will target your abdominals). Come ready to work!!! Bring a mat and hand weights...I'll supply the tubes. Maximum of 15 participants

Mondays, Community Center

May 5 thru June 23 (no class May 26)
 7:00 p.m. to 8:00 p.m. (A)

7 sessions**Fee: \$68.00****20-20-20****24302**

Instructor: Carol Migliorelli
 ISCA/Promise Certified Instructor
 20 minutes of aerobic, 20 minutes of basic step, and 20 minutes of target exercises for those not so toned areas. Come workout - sweat and feel great! Some steps are available to borrow or to purchase through the instructor so don't let that be an excuse to stop you.

Thursdays, Community Center

April 3 thru May 22 (no class April 24)
 8:15 p.m. to 9:15 p.m. (A)

Maximum of 20 participants

7 sessions**Fee: \$65.00****SUMMER SHAPE UP****34305**

Instructor: Carol Migliorelli
 Not hot enough for you? Then work up a sweat with Summer Shape Up! Six weeks of exercise consisting of aerobics, step, toning, interval shaping and cardio-kickboxing. Please bring a mat and hand weights. Maximum 20 participants.

Tuesdays, Community Center

July 1 thru August 5
 7:00 p.m. to 8:00 p.m. (A)

6 sessions**Fee: \$56.00****PILATES****24309**

Instructor: Stacey Christiano
 Pilates is a target sequence of movements designed to firm and strengthen the abdominal thigh and buttocks muscles. These focused exercises enable you to achieve a flatter stomach and firmer legs while improving your posture and coordination. Pilates is a fun and healthy way to reduce your stress level and attain a beautifully sculpted body. NOTE: Please bring a towel and your own mat.

Tuesdays, Community Center

April 15 thru June 3 (no class April 22)
 6:15 p.m. to 7:15 p.m. (A)

7:30 p.m. to 8:30 p.m. (B)

Thursdays, Community Center

April 17 thru June 5 (no class April 24)
 9:15 a.m. to 10:15 a.m. (C)

Maximum of 20 participants

7 sessions**Fee per session: \$74.00****SHALL WE DANCE: BALLROOM AND SWING DANCE****24103**

Instructor: Cameron Kelly & Instructors
 Dancing with a partner is back! Why sit on the sidelines at weddings, bar mitzvahs and parties when you can get up and dance. It's easy! Learn to swing, foxtrot, salsa and cha cha cha to great music. You'll be turning, dipping and swinging your lady with ease. Men are taught easy ways to lead so they make their partner look great. Put some spice back in your relationship! Singles meet some fun new people! Everyone has fun! **PLEASE NOTE: We do not guarantee singles a partner.**

Wednesdays, Community Center

April 2 thru May 21 (no class April 23)
 Beginners: 7:30 p.m. to 8:30 p.m. (A)

Intermediate: 8:30 p.m. to 9:30 p.m. (B)

Maximum of 20 participants

7 sessions**Fee: \$80.00 per person****COED LINE DANCING****24300**

Instructor: Cameron Kelly
 Do you love to dance but don't have a partner? No problem! Learn all the popular line dances. Have a blast. Get some exercise and burn calories without even realizing it since you are dancing!! Dance and pop...so you think you can dance? I know you can!!!

Wednesdays, Community Center

April 2 thru May 21 (no class April 23)
 6:30 p.m. to 7:30 p.m. (A)

Maximum of 20 participants

7 sessions**Fee: \$70.00**

BEGINNER TAP DANCING FOR ADULTS 24104

Instructor: Donna Simone
Have you always wanted to tap but never had the chance? Or do you want to brush up on some steps you used to do, but to today's popular tunes? Donna will inspire you to dance using new and exciting music along with your favorite show tunes. Burn more calories in one hour than the hardest workout just having fun and dancing up a storm! Tap shoes required.

Fridays, Community Center

April 11 thru June 6 (no class April 25 & May 23)
12:00 p.m. to 1:00 p.m. (A)
Maximum of 20 participants

7 sessions

Fee: \$88.00

BELLY DANCING 24306

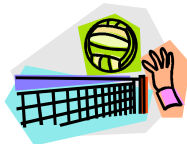
Instructor: Gina Bergamini
Have fun, lose weight, tone up, feel confident! As featured in Time Magazine, belly dancing is now being discovered by modern women as a great workout! This ancient dance is gaining in popularity in health clubs around the country as a way to stay in shape, burn calories, relax your mind and nurture your soul! Veils will be provided for use at first class. Barefoot please!

Tuesdays, Community Center

April 15 thru June 3 (no class April 22)
10:00 a.m. to 11:00 a.m. (A)
8:30 p.m. to 9:30 p.m. (B)
Maximum of 20 participants

7 sessions

Fee: \$77.00



FINANCIAL SEMINARS –SHARE SAVE SPEND 24506

Instructor: Daniel W. Saalman, CFP, Senior Financial Advisor
NOTE: 4-Part series

Goal: To provide concrete, actionable tools that help you shift effectively from a spend-centric mode to one that balances spending with savings and sharing. Problem: The social and economic impacts of hyper-consumption are and will continue to be extremely problematic for present and future generations. Solution: Past research suggests that when people shift from a spending mentality to one that focuses on sharing and saving they will evidence healthier values and more happiness. Course material provided at no charge.

Wednesdays, Town Hall Tower Room

7:00 p.m. to 8:30 p.m.
April 23 **My Money Plan – Part #1** (A)
May 7 **Premium Brands – Part #2** (B)
May 21 **What Matters Most To Me – Part #3** (C)
June 4 **Financial Sanity Action Plan – Part #4** (D)

Maximum of 20 participants per session

Fee: Free

OPEN BASKETBALL FOR LADIES & GENTLEMEN OVER 35 YEARS OF AGE

Must live or work in the Town of Mt Pleasant
Games limited to Half Court

When: Fridays
April 18 thru June 6 (no program May 9 & 16)
7:30 p.m. to 9:00 p.m.

Where: Community Center
Fee: \$2.00 each evening



OPEN VOLLEYBALL

Bump, volley and serve...just get it over the net! Come join the fun and play a few friendly games of volleyball. Have twice the fun, bring a friend.

Resident Men & Women and persons employed within the Town ages 18 and older.

When: Wednesdays
April 23 thru August 13
8:30 p.m. to 10:00 p.m.

Where: Community Center
Fee: \$2.00 each evening

OPEN BASKETBALL

Swish! Take a few or your best shots at that hoop and you are headed for fun!

Resident Men & Women and persons employed within the Town ages 18 and older.

When: Tuesdays
April 22 thru August 12
8:30 p.m. to 10:00 p.m.

Where: Community Center
Fee: \$2.00 each evening

HOLIDAY, VACATION & SPECIAL EVENTS

BUNNY & EGG EXTRAVAGANZA

26819

Saturday, March 8

Instructors: Diane Stonis

For children ages 5-8. Stuff an 8" bunny. Listen to a Peter Cottontail story. Then, create some very colorful holiday eggs.

THIS IS A DROP OFF PROGRAM!

Community Center

10:30 a.m. – 12:00 p.m.

(A)

Note: Maximum 24 children

Fee:

\$20.00

EASTER EGG HUNT

Saturday, March 15

Hop on over to Broadway Park for our Annual Eggciting Easter Egg Hunt. This event allows pre-schoolers through 2nd graders to search for plastic eggs, candy and other surprises. Bring an Easter basket or bucket. The Easter Bunny will also be making a visit.

Parents please be advised this event is for children. Adults will not be allowed to participate with children. Easter escorts will bring your children on to the field to gather eggs. **ALL ADULTS WILL WAIT ON THE BASKETBALL COURTS!** No exceptions will be made.

First Session: 10:30 a.m. (approximately)

Second Session: 12:00 p.m. (approximately)

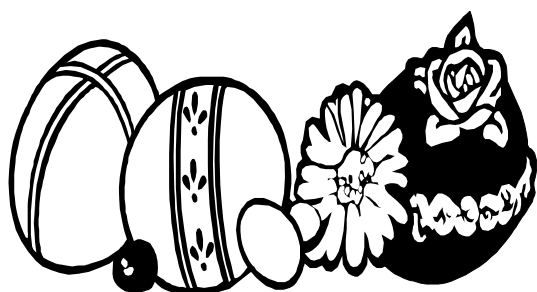
Fee:

FREE

In case of inclement weather please call the Recreation

Hotline at 742-2364 for updates on times.

Rain location will be at the Community Center



FLASHLIGHT EGG HUNT

16506

Tuesday, March 18

For children in grades 3 to 6

Bring a flashlight and a bag to Broadway Field in Hawthorne and try to find some hidden treasures in the dark.

8:00 p.m.

(A)

Fee:

\$7.00

4th OF JULY EXTRAVAGANZA AND ANNUAL BELL RINGING CEREMONY

Join us as we celebrate Independence Day on July 4th. Be patriotic, come to the Town Pool and ring the bell in this traditional event. The Bell Ringing Ceremony will be at 10:15 a.m. and followed immediately by the 4th of July Extravaganza. Enjoy music, games and events. Complementary refreshments will be served. Entrance to the pool is free to all Town residents from 10:00 a.m. to 1:00 p.m. Swimming begins at 10:30. **Proof of residency is required.**

BARNYARD CRITTERS

26113

Saturday, May 31

Instructors: Nora Pierce and Diane Stonis

For children ages 4-6. Stuff a 15" barnyard critter. Learn how to make butter, sing a song, play farmer in the dell and finish up making an ice cream sundae. **THIS IS A DROP OFF PROGRAM!**

Community Center

12:00 p.m. to 2:00p.m.

(A)

Note: Maximum 24 children

Fee:

\$30.00

PARENTS NITE OUT

26501

Parents go out and enjoy yourselves for a few hours on your own. We'll take care of the kids – you take care of yourself. Under the supervision of Recreation Staff, children will enjoy games, movies, snacks and special events.

Community Center

5:30 p.m. to 9:30 p.m.

Saturday, April 19

(A)

Saturday, June 7

(B)

Pre-registration required – registration limited. Grades K to 5

* Pizza available for \$1 a slice

Fee per session:

\$10.00



KIDZ NIGHT OUT

26516

For Grades 1 to 5

Fridays, Community Center

5:30 p.m. to 9:00 p.m.

May 9 High School Musical Night (A)

Dress as your favorite HSM character for a night of singing, dancing, basketball, food and fun.

June 13 Friday The 13th Night (B)

Halloween comes early. Dress in your favorite costume or come as you are for a night of tricks and treats!

July 18 The Caribbean Comes to Mt. Pleasant (C)

The Caribbean comes alive with calypso music, food, games and crafts.

* Pizza available for \$1 a slice

Fee: \$10.00

SHHH, MOTHER'S DAY SURPRISE

26112

Saturday, May 3

Instructors: Nora Pierce & Diane Stonis

With Mother's Day around the corner, you can make a special surprise for the special lady in your life. **THIS IS A DROP OFF PROGRAM. *Snack included.**

Community Center

Ages 3-5 11:00 a.m. to 12:00 p.m. (A)

Ages 6-8 12:30 p.m. to 1:30 p.m. (B)

Maximum 15 participants

Fee: \$15.00 per child



TOWN OF MT. PLEASANT OLDIES NIGHT PLUS KARAOKE

Saturday, April 26

Take a trip down Memory Lane!

Featuring music from the 60s, 70s and 80s.

FOOD, MUSIC AND FUN!!!

Mt. Pleasant Community Center

125 Lozza Drive, Valhalla

7:00 p.m. to Midnight

**Fee: \$15 per person
(21 & over please)**

NOTE: TICKETS CAN BE PURCHASED

AT MT. PLEASANT RECREATION

MARCH 24th THRU APRIL 18th



SENIOR CITIZEN PROGRAMS & ACTIVITIES

WEEKLY PROGRAMS

Mondays

10:00 a.m. Lunch Bunch Lunches
Suggested contribution
\$3.00 with transportation
\$2.50 without transportation

12:00 p.m. Thornwood Neighborhood Group Club
Meeting

12:30 p.m. Blood Pressure Testing
(2 times a month – see senior flyer for dates)

1:15 p.m. Strengthen and Tone with Michelle
Saccurato \$1.00 fee

Tuesdays

10:00 a.m. Shopping Trips to local shopping centers –
call 592-6441

Wednesdays

10:00 a.m. Lunch Bunch Lunches
Suggested contribution
\$3.00 with transportation
\$2.50 without transportation

11:00 a.m. Line Dance and Exercise with Cameron
Kelly \$1.00 fee

Thursdays

11:00 a.m. Floorworks Deluxe with Margaret \$2.00
fee

12:00 p.m. Pleasant Seniors of Mt. Pleasant Club
Meeting

12:30 p.m. Blood Pressure Testing
(2 times a month – see senior flyer for dates)

Fridays

10:00 a.m. Lunch Bunch Lunches
Suggested contribution
\$3.00 with transportation
\$2.50 without transportation

11:15 a.m. Exercise with Stacey Christiano \$1.00 fee

All programs are located in the Community Center unless
otherwise noted, and do not take place on holidays.

BOCCE COURTS

The Thornwood Lions Club has constructed and donated two bocce courts. The courts are at the Mt. Pleasant Community Center. Bocce balls will be available to sign out at the Community Center and Pool.

CLUB MEETINGS

All meetings are held at the Mt. Pleasant Community Center on Lozza Drive in Valhalla, from 12:00 p.m. to 3:30 p.m. except holidays. Coffee is available as is the opportunity to socialize with your friends, old and new. All persons 55 years of age and older, living in the Unincorporated portions of the Town of Mt. Pleasant, are eligible to join the clubs. Other activities include: arts and crafts, cards, bingo, pool, ping pong and much, much more

THORNWOOD NEIGHBORHOOD GROUP

President: Mr. Tony Sardanelli
Club meets Mondays, except holidays.

PLEASANT SENIORS OF MT. PLEASANT

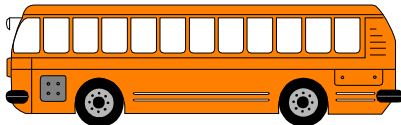
President: Mr. Dominick D'Arrigo
Club meets on Thursdays, except holidays.

SENIOR CITIZEN DISCOUNTS

Individuals over 60 years of age are entitled to discounts of 50% on all programs listed in the Adult Programs sections of this brochure except trips.

MONTHLY BOOK CLUB

Facilitator: Karen Rippstein
The Book Club welcomes new members to come join them for book reading and discussion. Meeting dates are generally the third Wednesday of the month at the Community Center beginning at 1:30 p.m. Please check the monthly Senior Flyer for details.



SENIOR CITIZEN TRIPS AND LOCAL EVENTS

All residents of the Unincorporated Town of Mt. Pleasant who are at least 55 years old are eligible to participate in senior citizen trips. A monthly senior citizen flyer detailing upcoming senior activities is available the first workday of each month at the Recreation Department Office and the Community Center. Registration for new programs starts approximately one week later. One month after a trip first appears in the senior flyer, non-resident guests will be accepted on a space available basis.

UPCOMING TRIPS:

Day trips, extended trips and local events are currently being planned. A trip to a Casino is organized once a month. Look for details in the monthly newsletter.

- March 11 - St. Patrick's Day Celebration at the Tides
- March 26 - Lunch and a Movie at the Community Center
- April 29 - AARP Driver's Safety Course
- May 28 - Lunch and a Movie at the Community Center
- June 2-5 - Chesapeake Bay and Ocean City
- June 24 - Mohegan Sun
- July 11 - Concert at Lasdon Park
- July 30 - "Wicked" - Broadway Show
- Aug. 13 - Senior Picnic at the Community Center
- Oct. 9 - Oktoberfest at Platzl Brauhaus
- Nov. 5 - "Jersey Boys" - Broadway Show

DON'T DELAY – SIGN UP TODAY

Programs require advance planning...

REGISTER...
EARLY...
PLEASE...

THE HOTLINE NUMBER IS 742-2364
SPORTS HOTLINE NUMBER IS 742-2367
FOR POOL PROGRAM CANCELLATIONS
769-1766

WEBSITE

For information and form downloads please visit the
Town of Mt. Pleasant's website at
www.MtPleasantNY.com/rec.

OFFICE OF ELDER AMERICANS 592-6441

63 Bradhurst Avenue, Hawthorne, NY 10532
Director of OEA, Kathryn Fox
Recreation Supervisor, Robin Fleming
Services are offered to residents 60 years old +.

The Office of Elder Americans offers support and guidance to individuals and families living within the unincorporated areas of the Town of Mount Pleasant, including Thornwood, Hawthorne and Valhalla.

The purpose of the Office is to provide services and support that reduce social isolation allowing the individual to be maintained in their home environment, preserving their dignity and independence.

NUTRITION PROGRAMS

You **must** call ahead two business days if you wish to participate, attend or need transportation for the following programs:

***The Pleasant Lunch Bunch** (3 days/week) M,W, F

Community Center 11:00 am. to 2:00 p.m. A nutritious hot lunch is provided as well as nutrition education. Activities include Bingo, Cards and Friendship!

***Bradhurst Senior Day Center** (3 days/week) T,W,Th

Bradhurst Community Center 11:00 am. to 2:00 p.m. Frail and/or socially isolated individuals are provided therapeutic activities, socialization, and a hot lunch in a warm, supportive setting. This atmosphere also provides respite for caregivers.

Home Delivered Meals (5 days/Week, Monday – Friday)

Up to two nutritious meals a day can be provided for any person 60 years or older who is frail, isolated, a homebound individual, unable to meet his/her nutritional needs because of difficulty in shopping and preparing meals. This program is available on a temporary or on-going basis.

HEALTH AND SUPPORT SERVICES

Information, referral and or assistance with issues pertaining to the senior population such as entitlements, benefits and home health care.

Case Management provided for individuals. Needs are assessed during a home visit. A care plan is jointly developed and assistance is provided as necessary.

Visiting Nurse Service of Westchester. Blood pressure and blood sugar screening is available on the second Wednesday of the month from 11:00 a.m. to 12 noon at the Mt. Pleasant Community Center except during the months of July, August and December.

***Weekly shopping** trip to local supermarkets on Tuesdays.

- Please limit your groceries to **only two bags**.
- Should be able to **carry them without help**.
- **The 1st, 3rd & 5th** Tuesday of the month we shop at **Shop Rite**.
- **The 2nd & 4th** Tuesday of the month we shop at **A&P**.
- **Reservations** for shopping are taken the **TUESDAY** before the week you want to shop on a first come first serve basis.

CONTRIBUTIONS

For services indicated *, a contribution is requested. Call OEA Office for more information. No individual is denied a meal if they are unable to meet the suggested contribution.

Employment opportunities, community service, internship and a variety of volunteer experiences are also available. For information, call 592-6441.

Office of Elder Americans is a subcontractor of the Department of Health and Human Services, NYS Office for Aging, Westchester County Department of Senior Programs and Services.

AMERICANS WITH DISABILITIES ACT

The Mt. Pleasant Recreation and Parks Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy our programs and activities to the fullest extent possible. When registering, please let us know if you or your family members have any special needs.

NORTH EAST WESTCHESTER SPECIAL RECREATION



Programs offered by North East Westchester Special Recreation, an agency supported and sponsored by Mt. Pleasant, are available to children and adults with developmental disabilities from our community. North East programs offer a variety of year round recreation activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, professionally staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For information call 347-4409 Employment opportunities, community service credit, educational internships, and a variety of volunteer experience are also available at North East.

MOUNT PLEASANT BRANCH LIBRARY 741-0276

The Mt. Pleasant Branch Library is located in the Community Center. The branch has a collection of approximately 17,000 books (adult and juvenile), popular magazines and a small reference area, as well as a rotating collection of videos, talking books, compact discs and large print books. A variety of craft programs and story times are offered for children. Access to the Internet and other computer databases are also available.

Hours:	Mondays	10:00 a.m. to 5:00 p.m.
	Tuesdays	10:00 a.m. to 5:00 p.m.
	Wednesdays	10:00 a.m. to 8:00 p.m.*
	Thursdays	10:00 a.m. to 5:00 p.m.
	Fridays	10:00 a.m. to 2:00 p.m.
	Saturdays	10:00 a.m. to 2:00 p.m.

* Note: new time effective March 19, 2008

YOUTH SPORTS ORGANIZATIONS

Many youth sports in the Town are organized by voluntary organizations.

These groups are listed below:

BASEBALL/SOFTBALL

Sherman Park Little League

Hawthorne, Thornwood, parts of Valhalla and Pleasantville
Programs for ages 6 to 15

Contact: Steve Surace 447-3184

Kensico Little League

Valhalla, North White Plains and parts of Greenburgh
Programs for ages 6 to 15

Contact: Bob Candrea 288-0504

FOOTBALL

Mt Pleasant Wildcats Football Club

Contact Football & Cheerleading for 3rd, 4th, 5th & 6th grade students of the Mt. Pleasant Central School District.

Program runs from August through November

Contact: Vito Virgilio 449-6139

SOCCER

AYSO

Program for ages 4 and a half to 18

Coaches, referees, and volunteers needed.

Contact: Jim Doer 909-6651

Mt. Pleasant United Soccer Club

A competitive travel soccer league

Contact: Skip Pennachio 804-9190



MOUNT PLEASANT TOWN POOL

POOL DIRECTOR: PAT SALVATORE
POOL PHONE NUMBER – 769-1766 DURING POOL SEASON
POOL SEASON – MAY 24 thru SEPTEMBER 1, 2008

Come and try out the Mt. Pleasant Pool for free on the Memorial Day Weekend. Bring your towel, bathing suit and proof of residence in the Town. Once you see the pool we are confident that you will want to join...

REGISTRATION

**SAVE TIME
COME IN EARLY TO BEAT THE RUSH FOR YOUR
POOL PASS. EVERYONE WILL NEED A NEW
DIGITAL PHOTO IN 2008.**

Photo I.D. pool passes are required for use of the pool starting on May 27, 2008. Registration begins April 14th Individuals and families may register and obtain the photo I.D. passes at the Recreation and Parks Department Office in Town Hall weekdays between 8:30 a.m. and 4:30 p.m., and Tuesday evenings and Saturday mornings listed below:

EVENING AND SATURDAY REGISTRATION

Tuesdays: 4:30 p.m. to 8:00 p.m.
May 6, 13, 20, 27, June 3 and 10

Saturdays: 9:00 a.m. to 12:00 Noon
May 10, 17, 31 June 7, 14, 21

PROOF OF RESIDENCE WILL BE REQUIRED FROM ALL PERSONS PURCHASING POOL PASSES

Everyone will need a new digital photo in 2008. The old pool cards will not be accepted as proof of residence.

Replacement cost of lost pass \$10.00

As per Town policy no refunds will be granted after June 1, 2008.

ACCEPTABLE PROOF OF RESIDENCY

1. A current driver's license with your present address **AND** any of the following items that must indicate a current date:
 - a. car registration or insurance card
 - b. household bill, i.e., Con Ed, telephone or cable.
2. When no current driver's license with your present address is produced a picture I.D. and TWO of the above suggested proofs are required.

NOTE: Owning property does not necessarily qualify a person as a resident.

Tax Bills Are Not Acceptable Proofs of Residency.

POOL HOURS

MAY 24 TO JUNE 22

Weekdays: 3:00 p.m. to 6:00 p.m.
Weekends: 10:00 a.m. to 6:00 p.m.

JUNE 23 TO AUGUST 8

Weekdays (Mon – Thurs.) 12:15 p.m. to 8:00 p.m.
Friday Hours: 11:15 p.m. to 8:00 p.m.
Weekends: 10:00 a.m. to 8:00 p.m.

AUGUST 9 TO SEPTEMBER 1

Weekdays: 11:00 a.m. to 7:00 p.m.
Weekends: 10:00 a.m. to 7:00 p.m.

DEFINITIONS

TOWN OUTSIDE: Residents of the unincorporated sections of the Town of Mt. Pleasant. A portion of the residence must be in the unincorporated Town.

VILLAGE: Residents of the Villages of Pleasantville, Sleepy Hollow and the Town portion of Briarcliff Manor.

FAMILY: Parents and their unmarried children under 21 years of age residing in the same household. Unmarried children between 21 and 25 years of age may be included if they are full time students and proof of student status in the spring of 2008 is provided. Grandparents and household help are not included in the family, but may be eligible for their own passes.

GUESTS

Pool members are permitted to bring guests to the pool. The member is required to be with the guest and pay the guest fee. (No exceptions) A reduced price Guest Pass is provided to all pool pass holders except those with 4 and Under or Volunteer Passes. The Guest Pass will enable pool members to bring a limited number of guests at the rate of \$8.00 before 6:00 p.m. and \$6.00 after 6:00 p.m. Regular guest rates are \$12.00. Family Pass holders will receive a pass good for 15 discount guests. Individual Season Pass and Daily Pass holders will be entitled to bring 6 individuals at the discounted rate. The Guest Passes will be automatically mailed out with the pool pass.

A 10 visit guest pass is available at the Recreation and Parks Office for registered pool members at a price of \$90.00. Pool members must accompany these guests at the pool at all times.

2008 POOL FEES			
CODE	POOL PASS TYPE	DISCOUNTED FEE UNTIL MAY 30th	REGULAR FEE STARTING MAY 31st
	TOWN OUTSIDE		
38601	Family	\$440	\$550
38602	Individual	\$176	\$220
38603	Daily	\$70 + \$7.00	\$90 + \$7.00
38604	Sr. Citizen*	\$70	\$91
38605	Age 4 and Under*	\$44	\$54
	VILLAGE		
38611	Family	\$614	\$767
38612	Individual	\$246	\$307
38613	Daily	\$95 + \$9.50	\$118+ \$9.50
38614	Sr. Citizen*	\$95	\$118
38615	Age 4 and Under*	\$61	\$77
	Guest 5 and Over	\$12.00	\$12.00
	Guest 4 and Under	\$5.00	\$5.00
	Guest 5 and Over after 6:00 p.m.	\$8.00	\$8.00
38630	10 Visit Guest Pass	\$90	\$90

*Persons 60 years of age and over, and age 4 and under must show proof of age

Registration must be postmarked by May 30th

**Please note that no cash refunds will be given.

SWIM FOR FITNESS LAP SWIMMING

Lap lanes will be open for fitness swimmers at all times that the pool is open for recreational swimming. In order to accommodate a number of swimmers, the sharing of lanes is requested. In addition, the pool will be open from 6:00 a.m. to 7:45 a.m. for early morning swim Monday through Friday from June 16 through August 29. A season pass is required to participate in the early morning swim.

** Lap lane closures due to swim meets will be posted on the pool bulletin board as soon as they are available.*

WATER EXERCISE CLASSES

AQUACISE

38301

A high energy, invigorating class with an emphasis on cardio work and strength training. The rhythmic combination and directional changes will challenge even the most fit participant. No swimming skills are necessary. You must be a pool member and register in advance for any of the Aquacise classes. In case of inclement weather the class will not be held or made up. The class is a one-hour session unless stated otherwise. Maximum participants 25.

CODE	DAYS	DATES	TIMES	FEE
38301-A	Tues/Thurs	July 1-Aug 7	3:00 p.m.	\$30

DEEP WATER EXERCISE

38302

A great deep-water workout aided by the use of floatation belts. This is a no-impact work out which provides a great aerobic exercise with no stress on your joints. You do not need to know how to swim to enjoy this class. This class is a 45 minute class. Maximum participants 10.

CODE	DAYS	DATES	TIMES	FEE
38302-A	Tues	July 8-Aug 5	10:00-a.m.	\$25

SWIMMING INSTRUCTION PROGRAMS

GET IN THE SWIM!

American Red Cross classes are listed below with a general description and a list of skills to be taught at each level. **Children often need to repeat certain levels.** All levels have been updated through the American Red Cross. There have been many changes in the levels so, please sign up according to skills. All Water Safety Instructors will be retrained since the levels have been updated through the American Red Cross.

It is the goal of the aquatics program to serve as many swimmers as possible within the resources available (pool time and instructors). Please register early. Classes will be adjusted to accommodate as many participants as possible. If you are unable to get the class of your choice, please have us place your request on the waiting list.

GENERAL INFORMATION

- Refunds will not be given after the class begins.
- **NO** makeup classes will be given for classes missed for inclement weather or any other reason. Call pool for details.
- Registration is limited to one class per child unless space is still available one week prior to the start of classes
- Level 1 thru Level 6 – you must be at least 5 years old.
- Leveled Lessons are 35 minutes (10:55 or 11:30). All other lessons are one half hour.
- NO food, gum or beverages are allowed on the pool decks during lessons.
- Parents may wait for their children at the food terrace area behind the white line at the top of the stairs.

For pool program cancellation information call 769-1766

Each child may only register for one session of swim lessons. If space is available one week prior to the next session, you may register your child for a second session.

PARENTS & TOTS

Ages 6 months to 3 years

Adult participation is required. This class is designed to introduce and accustom your child to the water. Participating adults will learn to teach your child safety, including holding positions, safety skills and emergency preventions. No diapers allowed! Please use swim diapers. You and your child must be pool members to register. Enrollment is limited.
(Half hour lesson)

CODE	DAYS	DATES	TIMES
38701-A	Tues/Thurs	July 1-July 10	10:30 a.m.
38701-B	Tues/Thurs	July 1-July 10	11:00 a.m.
38701-C	Mon & Wed	June 30-July 9	11:00 a.m.
38701-D	Saturdays	June 28-July 19	10:30 a.m.
38701-E	Saturdays	June 28-July 19	11:00 a.m.
38701-F	Tues/Thurs	July 15-July 24	10:30 a.m.
38701-G	Tues/Thurs	July 15-July 24	11:00 a.m.
38701-H	Mon & Wed	July 14-July 23	10:30 a.m.
38701-I	Mon & Wed	July 28-Aug 6	10:30 a.m.
38701-J	Saturdays	July 26-Aug 16	10:30 a.m.
38701-K	Saturdays	July 26-Aug 16	11:00 a.m.
Fee: \$25 – must have season passes			

TADPOLES

Child must be 4 years old by the first day of class

A fun introduction to the water for 4 year olds, with a stress on safety. You must be a pool member to register. Enrollment is limited. (Half hour lesson)

CODE	DAYS	DATES	TIMES
38702-A	Mon-Thurs	June 30-July 10	11:00 a.m.
38702-B	Mon-Thurs	June 30-July 10	11:30 a.m.
38702-C	Mon-Thurs	June 30-July 10	12:00 p.m.
38702-D	Mon-Thurs	July 14-July 24	11:00 a.m.
38702-E	Mon-Thurs	July 14-July 24	11:30 a.m.
38702-F	Mon-Thurs	July 14-July 24	12:00 p.m.
38702-G	Mon-Thurs	July 28-Aug 7	11:00 a.m.
38702-H	Mon-Thurs	July 28-Aug 7	11:30 a.m.
38702-I	Mon-Thurs	July 28-Aug 7	12:00 p.m.
Fee: \$25 – must have season passes NOTE: First session classes start on Monday, June 30 th for tadpoles only!!			

GUPPIES WATER SCHOOL

Child must be 3 years old by the first day of class

This class was designed for 3 year olds that are READY for swimming lessons and love the water. This is a fun introduction to the water for 3 year olds with a stress on being comfortable in the water. You must be a pool member to register. Half hour lesson. Enrollment is limited.

CODE	DAYS	DATES	TIMES
38714-A	Fridays	July 11–Aug 8	10:00 a.m.
38714–B	Fridays	July 11–Aug 8	10:30 a.m.
38714-C	Fridays	July 11–Aug 8	11:00 a.m.
38714-D	Fridays	July 11–Aug 8	11:30 a.m.
Fee: \$24 – must have season passes			

Child must be 5 years old by date of first class for level 1 thru level 6 swim lessons.

LEVEL 1 – INTRODUCTION TO WATER SKILLS

The objective of Level 1 is to help students feel comfortable in the water and to enjoy the water safely. Most students need to repeat this level before they are ready to move on. Elementary aquatic skills will be taught at this level.

CODE	DAYS	DATES	TIMES
38703-A	Mon-Thurs	July 1-July 17	10:55 a.m.
38703-B	Mon-Thurs	July 1-July 17	11:30 a.m.
38703-C	Mon-Thurs	July 21-Aug 7	10:55 a.m.
38703-D	Mon-Thurs	July 21-Aug 7	11:30 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

The objective of Level 2 is to give students success with fundamental skills. Students learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills.

CODE	DAYS	DATES	TIMES
38704-A	Mon-Thurs	July 1-July 17	10:55 a.m.
38704-B	Mon-Thurs	July 1-July 17	11:30 a.m.
38704-C	Mon-Thurs	July 21-Aug 7	10:55 a.m.
38704-D	Mon-Thurs	July 21-Aug 7	11:30 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

**FOR POOL PROGRAM CANCELLATION INFORMATION CALL
769-1766**

LEVEL 3 – STROKE DEVELOPMENT

The objective of Level 3 is guided practice. Students learn to coordinate the front crawl and back crawl. Introduction of the elements of butterfly, treading water and head-first entries are also present in this level.

CODE	DAYS	DATES	TIMES
38705-A	Mon-Thurs	July 1-July 17	10:55 a.m.
38705-B	Mon-Thurs	July 21-Aug 7	10:55 a.m.
38705-C	Mon-Thurs	July 21-Aug 7	11:30 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

LEVEL 4 – STROKE IMPROVEMENT

The objective of level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Improving skills and increasing endurance is included in this level. Building on butterfly and introducing elementary backstroke, breaststroke, sidestroke and basic turns are essential in this level.

CODE	DAYS	DATES	TIMES
38706-A	Mon-Thurs	July 1-July 17	10:55 a.m.
38706-B	Mon-Thurs	July 1-July 17	11:30 a.m.
38706-C	Mon-Thurs	July 21-Aug 7	10:55 a.m.
38706-D	Mon-Thurs	July 21-Aug 7	11:30 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

LEVEL 5 – STROKE REFINEMENT

The objective of Level 5 is coordination and refinement of strokes. Participants refine their performance of all the strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke) and increase their distances. Flip turns are introduced.

CODE	DAYS	DATES	TIMES
38707-A	Mon-Thurs.	July 1-July 17	11:30 a.m.
38707-B	Mon-Thurs	July 21-Aug 7	10:55 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

Unfortunately, if you miss a swimming or diving lesson, we will be unable to make up the lesson.

LEVEL 6 – FITNESS SWIMMER

The objective of Level 6 is to refine strokes so students swim with ease, efficiency, power and smoothness over great distances.

CODE	DAYS	DATES	TIMES
38708-A	Mon-Thurs.	July 1-July 17	10:55 a.m.
38708-B	Mon-Thurs	July 21-Aug 7	11:30 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68 NOTE: First session classes start on Tuesday, July 1st.			

LEVEL 6 – LIFEGUARD READINESS

The objective of Level 6 is to refine strokes so students swim with ease, efficiency, power and smoothness over great distances, refine strokes, and introduce and practice life guarding precourse skills.

CODE	DAYS	DATES	TIMES
38708-C	Mon-Thurs.	July 21 – Aug 7	10:55 a.m.
Fee: with season pool pass \$27, with daily pool pass \$39, without pool pass \$68			

DIVING LESSONS

These diving instruction classes are for competent swimmers. We will focus on front and back dives from side of pool as well as diving boards. You must be a pool member to participate. Diving 1: Beginner Diver, Diving 2: Intermediate Diver (diving boards)

CODE	CLASS	DAYS	DATES	TIMES
38712-A	Diving 1	Weds	July 9-July 30	3:00 p.m.
38712-B	Diving 2	Weds	July 9-July 30	3:30 p.m.
38712-C	Diving 1	Weds	Aug 6-Aug 27	3:00 p.m.
38712-D	Diving 2	Weds	Aug 6-Aug 27	3:30 p.m.
Fee: \$25.00 must have season pool pass Please be sure to sign up for the correct level class.				

CREDIT VOUCHER POLICY:

In the event of an emergency closing, Daily pass holders and Guests will be entitled to a credit voucher for future admission if they were at the pool less than one hour and if the pool stays closed the rest of the day. The time of admission is stamped on the receipt. To receive the credit voucher, the receipt is to be presented at the Recreation and Parks Office no sooner than the following day. The time on the receipt will be compared to the official closing time and, if they are less than one hour apart, credit vouchers for future use will be issued.

No refunds will be given at any time.

LIFEGUARD IN TRAINING 38402

This class includes Lifeguard Training, First Aid and CPR instruction. You must attend the full lifeguard training program that will be offered June 26, 27, 30, July 1 and 2 and be 15 years old by the first class. Pool pass required. Kick Off meeting on Monday, June 23 from 6:00 p.m. to 7:00 p.m. at the pool. Registrants will be required to volunteer 15 to 20 hours per week. The volunteer schedule will be made on June 23rd, so bring a planner with you to make your schedule. If student completes 150 volunteer hours, they receive LGT/CPR certification cards (if they meet Red Cross requirements). **Pick up schedule in Recreation Office when registering.**

LIFEGUARDING 38403

You must be 15 years old by the first class. Includes swimming prerequisites to be discussed at the first class. Life guarding, Community First Aid and CPR for the Professional Rescuer certifications are earned in approximately 31.25 hours of class. This course includes everything you need to know to become a Lifeguard. After the first class you will meet privately with the instructor to discuss prescreening results. People who do not pass swim skills at the first class will receive refunds. You must be able to attend all classes from June 26th thru July 2nd. **Pick up a schedule in the Recreation Office when registering.**

Fee: \$138.00 with pool pass
Fee: \$280.00 without season pool pass
Fee: \$350.00 for non residents

ART AT THE POOL

For pool users ages 3 to 11. Take a break from the pool and do an arts and crafts project which is quite cool. The program will be held under the overhang next to the Community Center and adjacent to the snack bar. Parents are required to stay and work with children 7 and under. This program will not operate in inclement weather. Begins: Friday, July 11 thru Friday, August 22
Mondays & Fridays - 2:00 p.m. to 4:00 p.m.

Fee: \$1.00 per project

BIRTHDAY PARTIES

Have your next birthday party at the Mount Pleasant Town Pool. We have a great birthday package available to you at the pool. Ask in the main office for more information and to schedule your party today.

SWIM TEAM & DIVE TEAMS

SWIM TEAM

38201-A

The Mt. Pleasant Swim and Dive Team competes in the Northern Westchester Swimming League. This program will be run as a competitive swim team program, geared towards preparing youngsters for competition. Participants must be able to swim free style and backstroke the length of the pool without assistance. This is not for the novice or beginner swimmer. The Swim and Dive Team kick-off meeting will be held in the Community Center on Tuesday, June 17 from 6:00 p.m. to 7:30 p.m. You can purchase the team suit at that time. Practices begin Wednesday, June 18 from 6:00 to 7:00 p.m. Practices change to 7:45 a.m. to 8:45 a.m. on June 30th.

Parents are asked to remain on the terrace during practices and lessons. Thank you.

DIVE TEAM

38201-B

The Mt. Pleasant Dive Team will run as a separate team this year. We will share the kick-off, the dinner and all practice dates and times. Children on the dive team will still have swimming warm-ups but will not be required to swim competitively. Practice will be from 7:30am-8:30am

A valid pool pass is required to sign up for the Swim Team and Dive Team.

FEE: \$62.00 for individuals

FEE: \$100.00 for families

POOL SPECIAL EVENTS SCHEDULE



Tuesday Tube Night

Begins on

Tuesday, June 17th and ends on Tuesday, August 5th

5:30 – 7:00 p.m.

(June 17th from 4:00 – 5:30 p.m.)



Fourth of July Celebration

Friday, July 4th, 10:00 a.m. – 1:00 p.m. --- Music, Food & Fun

Swimming begins at 10:30 a.m.

See a very special schedule of events at the pool!

Free to residents with proof of residency!

Senior Day at Mt. Pleasant Pool

Thursday, July 10th 1:00 – 4:00 p.m.

Come and enjoy Oldie's Music with a DJ while you sit by the pool. Sip iced tea that will be set up at a table right by the adult section. Relax the day away as you float in the adult section on various kickboards and floats.

Rock n Roll Splash Bash

Saturday, July 12th 1:00 – 4:00 p.m.

A special day to swim and rock with entertainers.

We will also have games, fun and prizes for all ages!

ART PROJECT: 2:00 – 4:00 p.m. \$1.00 each



Adult Splash Party

Thursday, July 17th from 6:00 – 8:00 p.m.

The pool will close at 6:00 p.m. this evening to all patrons under the age of 18 years old. Enjoy light music in the adult section while relaxing by the pool. **Hawaiian Theme!**

*** The facility will close at 6:00pm to all members under the age of 18.**

Exercise class for all from 6pm – 7pm!

***RUNS SAME TIME AS DUNK-A-COOKIE NIGHT**



Dunk-a-Cookie and Watch a Movie

Thursday, July 17th from 6:00 – 8:00 p.m. (Runs simultaneously with Adult Splash Party)

This program has been set up for children 5 years old and up. Your child will enjoy milk and cookies while watching a Disney Movie with the lifeguards. (Movie TBA).

Limited Enrollment

Tickets will be available at pool office July 3rd

“A Magical Adventure Day”

Saturday, July 26th 1:00 – 4:00 p.m.

Join us for a very special day of magic at the Mount Pleasant Town Pool.

We will have various magic shows set up around the facility for all ages. Come join the fun!



Lifeguard for a Day Contest

Write an essay (50 – 100 words) about why you want to be a lifeguard. TEN lucky winners will be taught some basic life saving skills and learn about what it is really like to be a lifeguard. Winners will receive a Junior Lifeguard T-Shirt.

**All essays are due in the pool office by July 7th.

**Winners must be available to be at the pool on Friday, July 18th at 11:45 a.m. – 3:00 p.m.

Inflatable Splash Bash

Saturday, August 9th, 1:00 – 4:00 p.m.

A special day to swim with inflatable prizes and inflatable games! We'll have a jumping castle

For all ages.

We will also have kickboard races for everyone. Prizes!

FOR POOL PROGRAM CANCELLATION INFORMATION CALL 769-1766

CAMPS

Welcome to the 2008 Mt. Pleasant Recreation and Parks Department's SUMMER CAMP Program. We offer a comprehensive camp program for children ages 3 years old to entering 9th grade. Our camps are operated under the direction of trained professionals who have many years of camp and teaching experience. The Town of Mt. Pleasant Recreation and Parks Department Summer Camps operate under the New York State and Westchester County Board of Health regulations. Our goal is to provide a safe, fun-filled and well-rounded summer camp experience. We invite you to read on and look forward to serving you this summer! * IN ADDITION, 7TH GRADERS WILL HAVE THE CHOICE OF ATTENDING EITHER CAMP GREAT VENTURES OR TEENScape. DUE TO A LIMITED AMOUNT OF SPACE AVAILABLE, PLEASE REMEMBER TO REGISTER EARLY FOR TEENScape.

ELIGIBILITY

Children living in the unincorporated portions of the Town of Mt. Pleasant, Mt. Pleasant School District residents and Valhalla School District residents are eligible to enroll in the Mt. Pleasant Day Camps.

MEDICAL INFORMATION

Under the regulations of New York State and Westchester County Health Department it is required that upon registering your child for camp, you must complete the required medical and immunization records form found on the back of the camp registration form. All medical and immunization records must be completed at the time of registration. You are not required to have a doctor's signature on this form. You must fill out the dates of your child's immunization. We cannot accept "up to date" or attachments. Please note: If your child is required to take medication at camp, a separate form must be completed by both the parent and the child's physician and handed in with the medication on the first day of camp. This form is available at the Recreation Office.

When filling out your child's medical form, please remember, it is always in your child's best interest to provide us with all his/her medical/special needs (i.e. ADD/ADAH but not taking medication in summer; afraid of the water, has difficulty in group setting, etc) so that we can provide the best experience possible.

PLEASE FILL OUT ONE FORM PER CAMPER

CAMP MINI MOUNT

Director: Nancy Weis

Asst. Director: Patty Kreamer

For children ages 3 to entering Kindergarten

Camp Mini Mount provides various activities in a safe, nurturing, structured and fun environment. Campers will take part in arts and crafts, story time, outdoor play, quiet games, music, weekly entertainment and special events.

Day/Dates: Beginning Tuesday, July 1 thru Friday, August 8 (**No camp Friday, July 4th**)

LOCATION: Hawthorne Elementary School

Time/Fee:

Morning Session:	9:00 am – 11:30 am	\$452.00
Afternoon Session:	12:15 pm – 2:45 pm	\$400.00
All Day Program:	9:00 am – 2:45 pm	\$842.00

Registration Information: All children must be toilet trained

Camper registration form must be completed for each camper.

Mail in registration and registrations dropped in a drop box at the Recreation Office will be accepted through Friday, April 4th.

Registration will be processed randomly beginning on Monday, April 7th Registration received on April 7th will be processed on April 8th, registration received on April 8th will be processed on April 9th, etc. (Please refer to registration information on page 2)

Parent Orientation: Monday, June 30th at 11:00 a.m. at Hawthorne Elementary School. Come meet the staff and tour the facility. Group lists and activity calendars will be distributed at this time.

Registration Information for CAMP SUMMER FUN, GREAT VENTURES

Registration will begin on Monday, April 14th and continue through Friday, May 9th. After May 9th, registration will be accepted on a space available basis with a **late charge of \$50.00 per camper**.

Camper registration form must be completed and returned to the Recreation Department upon registration. **One Form per child.**

A discount of \$50.00 per child is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. This does not include Sports Camps.

Parent Orientation: Wednesday, June 25th at 7:30 pm at the Mt. Pleasant Community Center.

An information meeting for all the parents of the campers enrolled in Camp Summer Fun and Great Ventures. At this time you will get to meet your child's director, assistant director, trip coordinator and pool staff who over sees the camp aquatics program. The overall camp program will be discussed including swim lessons, free swim, trips and special events. There will be ample time to answer questions. **Camp handbooks and special events calendars will be distributed at this time.** If you do not attend this meeting, information will be passed out the first day of camp.

****CAMP SUMMER FUN and GREAT VENTURES PARTICIPANTS ARE ELIGIBLE FOR EXTENDED CAMP PROGRAMS AND TRANSPORTATION FOR AN ADDITIONAL CHARGE.****

CAMP SUMMER FUN

Director: Rob Del Greco Asst. Director: Dave Grazioli

For Campers entering 1st thru 3rd grade in Fall, 2008

Camp Summer Fun provides a variety of activities for campers in a safe, structured and fun atmosphere. Campers will participate in activities such as sports, art and crafts, nature, drama, music and story time on a regular basis. In addition, campers will receive American Red Cross Instructional Swim Lessons two times per week and when possible recreational swim one time per week at the Mt. Pleasant Town Pool. Special events and entertainment are provided on a weekly basis. Four out of camp trips (i.e. bowling, movies, arcade center) are also incorporated into the schedule.

Day/Dates: Beginning Tuesday, July 1 thru Friday, August 8 (**No camp Friday, July 4th**)

Location: Valhalla Methodist Church- located on Columbus Ave. in Valhalla. This site offers indoor classroom areas, a multi-purpose room, an outdoor playground and is adjacent to Lakeside Park which will be utilized for various camp activities and events.

Time/Fee:

Half Day session:	9:00 am – 12:00 noon	\$532.00
Full Day session:	9:00 am – 3:00 pm	\$673.00

GREAT VENTURES CAMP

Director: PJ Levins Asst. Director: Laura Milliot

For Campers entering 4th thru 7th grade in the Fall, 2008

7th graders will have the choice of attending either Great Ventures or Teenscape. Great Ventures Camp provides an array of activities in a safe, structured and fun environment. Campers will participate in activities such as sports, arts and crafts, nature, music and drama on a daily basis. In addition Great Ventures campers will receive American Red Cross Instructional Swim two times per week and when possible recreational swim one time per week at the Mt. Pleasant Town Pool. Special events and entertainment will also be incorporated into the weekly schedule. Out of camp trips (i.e. Playland, bowling, arcades) will be offered four times throughout the season to compliment this well-rounded program.

Day/Dates: Beginning Tuesday, July 1 thru Friday, August 8 (**No camp Friday, July 4th**)

Location: Westlake High School. This site offers classrooms, gym, lunchroom and play area.

Time/Fee:

Half Day session:	8:45 am – 11:45 am	\$532.00
Full Day session:	8:45 am – 2:45 pm	\$673.00

TRANSPORTATION

(Camp Summer Fun & Great Ventures Camp only)

The Town provides transportation to and from Camp Summer Fun and Great Ventures Camp at limited bus stops within the Town. Hawthorne Elementary School lower ball field at Brookline St., Carroll Park, Easter Seals building (formally Valhalla Columbus Avenue School). The fee for this service is \$33.00 per camper for the season. The drop off times and pick up times for each site will be available at Parent Orientation.

EXTENDED DAY PROGRAMS

(For Camp Summer Fun and Great Ventures Camp ONLY)

The Town offers an extended day program before and after camp for campers enrolled in Camp Summer Fun and Great Ventures.

EARLY RISERS

Director: Diane Stonis

This program provides a safe, supervised environment for your camper to begin his/her day. Activities are provided in the Recreation Room including ping-pong, foosball, board games and small arts and craft projects.

Location: Mt. Pleasant Community Center- Recreation Room

Time: Campers can be dropped off beginning at 7:30 a.m. Campers will be bussed from the Community Center to their respective campsite at approximately 8:30 a.m.

Fee: \$137.00

AFTER CAMP CLUB

This program is held at Valhalla Methodist Church for Summer Fun Campers and Westlake High School for Great Ventures Campers. The After Camp Club ends at 5:30 pm. There is no transportation provided at dismissal. **ALL CAMPERS MUST BE PICKED UP AT THEIR RESPECTIVE SITE BY 5:30.** The After Camp Club is supervised by camp staff (Directors, specialists and counselors). Campers will take part in various games, sports and arts and crafts. In addition, a snack will be provided.

Fee: \$272.00

TEENScape

Director: Ken Barios

For campers entering 7th thru 9th grade in the Fall, 2008

7th graders will have the choice of attending either Teenscape or Camp Great Ventures. Due to there only being 45 spots available, please remember to register your child early for Teenscape. Campers will travel to various trip sites throughout the New York, Pennsylvania, Connecticut and Massachusetts areas. Due to the nature of the program, campers enrolled are expected to be mature, responsible, well behaved, respect the rights and property of others and able to function independently within a group of other campers under staff supervision.

Day/Dates: Mondays-Thursdays, July 7th-August 7th - camp does not meet on Fridays.

Location: Mt. Pleasant Community Center.

Trip Times: will vary daily based on scheduled trip. Camp begins each day at 8:45 am (unless otherwise noted). The end of the camp day will be based on the trip destination. The end of the day could vary from 3:00 to 9:00 pm. The trip locations, departure and return times and other pertinent information will be discussed and available at the parent orientation meeting.

Fee: \$955.00 that includes trip admission, transportation and supervision. Extra spending money for gifts, souvenirs, snacks, and food is usually the responsibility of the participant. On some trips, food will be provided. Individual trip information will be provided in the parent handbook.

Registration: begins Monday, April 14th and will be accepted at the Recreation Office on a first come, first served basis. Teenscape has a limited enrollment of 45 campers. Registration will be accepted, if space permits, thru May 9th. After May 9th, registration will be accepted on a space available basis with a late charge of \$50.00 per camper. A discount of \$50.00 per camper is provided for each additional child in the same family who attends the Mt. Pleasant Day Camp program. (This does not include Sports Camps)

Camper registration form must be completed and returned to the Recreation Department. **One Form per child.**

Parent Orientation: Wednesday, June 18th at 7:30 pm at the Mt. Pleasant Community Center.

Meet the camp director and counselors and discuss in detail camp trips, policies and procedures. There will be ample time to answer questions. **Parent handbooks and the camp trip schedule will be distributed at this time.**

TENNIS CAMP

39411

Registration: Please fill out an Activity Registration Form

This camp is designed for the beginner and low intermediate tennis player with little or no previous experience. Your child will have an introduction to all the basic tennis strokes through the use of games and drills. We will also work on conditioning, hand-eye coordination and footwork. The camp is designed for children in grades 1 through 8.

Instructors: Maria Borg, Jessica Woolf and Dee Young. All instructors are PTR (professional tennis registry) certified, have coached high school sports and are CPR and First Aid certified. Between them, they have 20 years of experience teaching tennis.

Westlake High School

July 21 thru July 25

Grades 1 to 3 – 9:00 a.m. to 10:30 a.m.

(A)

Grades 4 to 8 – 10:30 a.m. to 12:30 p.m.

(B)

Fee: **\$101.00**

SPORTS CAMPS for Boys and Girls

Registration: Please fill out an Activity Registration Form
NOTE: No refunds will be given 2 weeks prior to starting dates.

GRADES 3 to 7

39400

FEE: \$125

July 7 – July 11	BASEBALL CAMP	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(A)
July 14 – July 18	BASKETBALL CAMP	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(B)
July 14 – July 18	SOCCER CAMP	9:00 a.m. to 2:30 p.m.	Broadway Field	(C)
July 21 – July 25	SPORTS SAMPLER I	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(D)
July 28 – Aug 1	SPORTS SAMPLER II	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(E)
Aug 4 – Aug 8	SPORTS SAMPLER III	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(F)
Aug 11 – Aug 15	SPORTS SAMPLER IV	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(G)
Aug 18 – Aug 22	SPORTS SAMPLER V	9:00 a.m. to 2:30 p.m.	Westlake M.S.	(H)



AGES 5 to 7

39401

FEE: \$65

July 7 – July 11	SPORTS SAMPLER A	10:00 a.m. to 12 noon	Westlake M.S.	(A)
July 14 – July 18	SPORTS SAMPLER B	10:00 a.m. to 12 noon	Westlake M.S.	(B)
July 21 – July 25	SPORTS SAMPLER C	10:00 a.m. to 12 noon	Westlake M.S.	(C)
July 28 – Aug 1	SPORTS SAMPLER D	10:00 a.m. to 12 noon	Westlake M.S.	(D)
Aug 4 – Aug 8	SPORTS SAMPLER E	10:00 a.m. to 12 noon	Westlake M.S.	(E)
Aug 11 – Aug 15	SPORTS SAMPLER F	10:00 a.m. to 12 noon	Westlake M.S.	(F)
Aug 18 – Aug 22	SPORTS SAMPLER G	10:00 a.m. to 12 noon	Westlake M.S.	(G)

NORTH EAST WESTCHESTER SPECIAL RECREATION

2008 Summer Day Camp Program

Location: Columbus Elementary School

Monday - Friday, June 30– August 8 (No camp on July 4th)

9:00 am - 3:00 pm

The North East Westchester Summer Day Camp Program provides an opportunity for children and teens with developmental disabilities to experience the benefits of participating in a local community day camp program. Participants enjoy a six week program packed with swimming, field trips, and a variety of special activities designed with the specific support needed for success in this environment. We provide at least a 1:3 staff ratio, individual assessment, on-going evaluation and collaboration with family members, school personnel and other outside professionals. North East day camp consists of four camp groups:

Roadrunners:	Children ages 4, 5, 6 - Developmental Delays
Dragons:	Children/youth ages 7, 8, 9 - Neurologically impaired (NI)
Panthers:	Children/youth ages 9, 10, 11 - Neurologically impaired (NI)
Eagles:	Youth ages 12-20 - NI, Moderate Mental Retardation, Physically Challenged

Bus transportation is provided to and from central pick up points by Royal Coach Bus Lines. The camp fee for residents in the North East District (Bedford, Briarcliff Manor, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, North Salem, Sleepy Hollow, Pleasantville, Pound Ridge and Somers) is \$825.00. For additional information on North East Westchester Recreation's Summer Camp Program or year round programs call the North East office at 347-4409.

CAMPER MEDICAL FORM

(This form needs to be completed for application to be accepted)

All information is confidential. Please complete all questions in detail for your child's welfare and enjoyment. Remember to sign bottom - a doctor's physical or signature is not required

CHILD'S NAME _____ GRADE IN FALL : _____

EMERGENCY INFORMATION: If you are not available in an emergency notify: _____

NAME: _____ PHONE: _____

MEDICAL HISTORY: Please fill out completely: _____

DOCTOR'S NAME: _____ PHONE: _____

DENTIST'S NAME: _____ PHONE: _____

ALLERGIES:
Please specify what your child is allergic to in the space provided
Medication(s): _____ Food: _____
Insect bites/stings: _____ Other: _____
Emotional concerns (explain): _____
Physical limitations (explain): _____

Significant health history (i.e., diabetes; seizures, heart disease, etc.) _____

Medications/precautions necessary for above: _____

Does your child have asthma? ____Yes ____No Does he/she need an inhaler? ____Yes ____No

Is your child required to take any medication during camp hours including an inhaler if necessary? ____Yes ____No
If yes a separate medical authorization form must be completed by both the parent and doctor and returned with the medication the first day of camp. Medical authorization forms are available at the Recreation Office.

OTHER COMMENTS: _____

MEDICAL HISTORY: Immunization Records - Required by N.Y. S. - **YOU MUST LIST DATES**- no attachments!

Diphtheria/Tetanus (4 doses) Dates: 1) _____ 2) _____ 3) _____ 4) _____

Oral Polio (3 or 4 doses) Dates: 1) _____ 2) _____ 3) _____ 4) _____

MMR Vaccine (Mumps, Measles, Rubella) (2 doses) Dates: 1) _____ 2) _____

Hepatitis B (Hep B) (3 doses): 1) _____ 2) _____ 3) _____

Haemophilus Influenza Type B (HIB): 1) _____ 2) _____ 3) _____

Varicella (Chicken Pox) Date of inoculation or chicken pox infection: _____ 1) _____

EMERGENCY AUTHORIZATION: In the event that I cannot be reached and an emergency occurs, I hereby give permission to the physician selected by the Camp Director to hospitalize and secure proper treatment for the child named above.

Parent/Guardian Signature Required: _____ Date: _____

Medical Insurance Company: _____ ID#: _____

MT. PLEASANT RECREATION & PARKS REGISTRATION FORM
ACTIVITY/POOL REGISTRATION
 Return to: 1 Town Hall Plaza, Valhalla, New York 10595 ☎ 742-2310
COMPUTER REGISTRATION - PLEASE PRINT CLEARLY
Make Checks Payable To: Town of Mount Pleasant

ADULT NAME	LAST:	FIRST:	RECEIPT#:
ADDRESS			
	CITY:	STATE:	ZIP: SCHOOL DISTRICT:
PHONE NO'S	HOME: ()	WORK: ()	EMERGENCY: ()

ACTIVITY NUMBER	SESSION LETTER 1 ST CHOICE	SESSION LETTER 2 ND CHOICE	SESSION LETTER 3 RD CHOICE	PARTICIPANT'S NAME		GRADE	AGE	SEX	D.O.B.	ACTIVITY NAME	FEE
				LAST	FIRST						
12345	A	B		Doe	John	1	6	M	00/00/00	Sample	\$00.00

The undersigned hereby releases the Town of Mt. Pleasant, it's Town Board, employees and volunteers of any liability whatsoever in connection with any damage and/or injuries that the above named person(s) may sustain as a result of his/her participation in the above named programs(s). I further state the above information is accurate and realize that any false information will result in cancellation of program participation or pool membership with no refunds.

Signature _____ Date _____ CASH _____ CHECK # _____ INITIALS _____

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ACTIVITY/POOL REGISTRATION**

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COMPUTER REGISTRATION - PLEASE PRINT CLEARLY

Make Checks Payable To: Town of Mount Pleasant

ADULT NAME	LAST:	FIRST:	RECEIPT#:
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PHONE NO'S	HOME: ()	WORK: ()	EMERGENCY: ()

ACTIVITY NUMBER	SESSION LETTER 1 ST CHOICE	SESSION LETTER 2 ND CHOICE	SESSION LETTER 3 RD CHOICE	PARTICIPANT'S NAME		GRADE	AGE	SEX	D.O.B.	ACTIVITY NAME	FEE
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