

TOWN OF MOUNT PLEASANT
RECREATION & PARKS
DEPARTMENT
FALL 2009 BROCHURE



Mail-In Registration Processing Begins September 10th

See Page 2 for Registration Policy and Procedures

Walk-In Registration Begins September 16th

www.MtPleasantNY.com/rec

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TOWN OF MT. PLEASANT TELEPHONE DIRECTORY

<u>Departments</u>	<u>Phone No.</u>
Assessor	742-2345
Building	742-2305
Comptroller	742-2360
Engineering	742-2317
Highway	769-1045
Justice Court	742-2324
Planning & Zoning	742-2330
Police Dept. (Non-Emergency)	769-1941
Receiver of Taxes	742-2348
Recreation	742-2310
Office of Elder Americans	592-6441
Sanitation	592-4129
Supervisor's Office	742-2300
Town Attorney	742-2326
Town Clerk	742-2312
Water & Sewer	831-1062

**THE PROGRAM HOTLINE NUMBER IS
742-2364
SPORTS HOTLINE NUMBER IS 742-2367**

SPECIALISTS NEEDED!!
If you have a special skill and would be interested in teaching a class in the fall, winter or spring or be a specialist in one of our camps please call the Recreation Office at 742-2310.

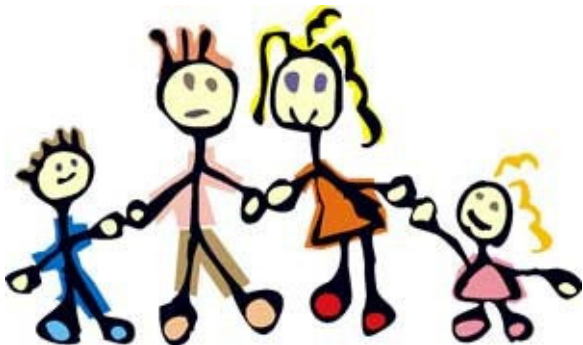
SPECIAL EVENTS

Hardscrabble Wilderness Area Trail Hike Sat., Oct. 3
 Halloween Window Decorating Friday, Oct. 16
 Fall Foliage Festival Saturday, Oct. 17
 Halloween Costume Parade Saturday, Oct. 31



WEBSITE

For information and form downloads please visit the Town of Mt. Pleasant's website at www.MtPleasantNY.com/gov. For Recreation Department only use www.MtPleasantNY.com/rec.



IMPORTANT

REGISTRATION POLICY AND PROCEDURES

1. All mailed-in and dropped-off registrations received by Wednesday, September 9, 2009 will be processed on a random basis starting Thursday, September 10, 2009. All registrations received by 4:30 p.m. on Thursday, September 10th will be processed on a random basis starting Friday, September 11th. Registrations received on September 11th will be processed on a random basis starting on the 14th. The same process will be followed on the 14th and 15th. The drop-off box will be available upon receipt of the brochure.
2. Starting Wednesday, September 16th, walk-in registrations will be accepted at the Recreation Office on a space available basis in the order in which they are received. Mail-in registrations will be processed randomly each day and interspersed with the walk-in registrations as they are received.
3. Registration forms are required for most programs. Phone registrations will not be accepted unless noted.

Please fill out your registration form completely to help expedite processing.

A SEPARATE CHECK IS REQUIRED FOR EACH INDIVIDUAL PROGRAM

Remember...

- ❖ Register early,
 - ❖ No credit/debit cards accepted,
 - ❖ Call the Sports Hotline and Activity Hotline for program information;
Activity Hotline Number- 742-2364
Sports Hotline Number- 742-2367
-

MESSAGE TO PARENTS (AGE REQUIREMENTS)

For all programs age requirements will be as of the date of the first class unless otherwise specified. Please do not request to, or sign your child up for, a class he/she does not belong in. If you should do so and we discover the error, it may be too late to get your child in the correct class because it is full. All age requirements are set to benefit the children and make instruction more consistent for the program leader.

THANK YOU FOR YOUR COOPERATION

REGISTRATION INFORMATION LOCATED ON PAGE 2

PARTICIPATION & FEES

Participation is restricted to residents of the Town of Mt. Pleasant living outside the Villages of Briarcliff Manor, Pleasantville and Sleepy Hollow. If space is available in any program one week prior to the start of the program, non residents and Village residents will be allowed to participate by paying a 20% surcharge.

Senior Citizens age 60 and over who live in the Town Outside are entitled to a 50% reduction in program fees for all adult programs other than trips. Proof of age is required.

The Recreation and Parks Commission maintains a policy that requires individuals in programs to help defray costs involved. Fees have been established for each program based on the cost of operating the program and number of individuals served. It is the intention of the Town that no resident of the Town Outside be denied the ability to participate in programs because of an inability to pay. Fee reduction and scheduled payment applications are available in the Recreation and Parks Office.

SORRY!
**Credit cards are
not accepted!**

REFUNDS

Generally, refunds are granted only if a program is canceled. The participant assumes the risk of all changes in personal and business affairs. Any refund request will be reviewed individually and will, if granted, be prorated and subject to a \$15.00 processing fee. The Recreation and Parks Department reserves the right to cancel any program and issue appropriate refunds whenever it is considered in the best interest of the Department.

INSURANCE

The Town of Mt. Pleasant does not provide accident insurance for any of its programs. All persons participate at their own risk and should make certain they have their own insurance.

ACTIVITY CHANGES/SCHEDULES

Due to circumstances beyond our control, some activities may require time or location changes. All participants will be notified, when possible, if a change or cancellation does occur.

WAITING LIST

If your desired class is filled, you will be notified and placed on a waiting list. The department will make every effort to accommodate those on the waiting list. If any openings become available, we will then go to the waiting list to fill the class.

PROGRAM CANCELLATION

If programs are canceled due to inclement weather, notification will be made over radio station WFAS (103.9 FM or 106.3 FM and 12.30 AM). You can also log onto the WFAS website at www.wfasfm.com. In addition, the Recreation and Parks Department has a Hotline service that gives information on program changes and cancellations.

The Hotline Number- 742-2364
Sports Hotline Number- 742-2367

PROGRAM BEHAVIOR

Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Participants shall:

- show respect to all participants and staff.
- refrain from using foul language.
- refrain from causing bodily harm to other participants or staff.
- show respect for equipment, supplies and facilities.

Toddler/Preschool Programs

SORRY, SIBLINGS MAY NOT ATTEND PARENT & TOT PROGRAMS

ART & LIT FOR PARENTS & TOTS

41101

Instructor: Robin Cambria

An art class designed for 2 year olds and their parents that will ignite their imaginations through stories and art projects with an assortment of materials and books. Holiday crafts are included in this program. **Smocks are suggested.**

Mondays, Community Center

September 21 thru November 23 (no class Sept. 28, Oct. 12)

10:00 a.m. to 10:30 a.m. (A)

10:45 a.m. to 11:15 a.m. (B)

Maximum of 10 children

8 sessions

Fee: \$70.00

ART & LIT FOR LITTLE ONES

41102

Instructor: Robin Cambria

Inspired by books and stories, 3 and 4 year olds will work independently with an assortment of materials to create many wonderful projects. Holiday themes will be included in this session. **Smocks are suggested.**

THIS IS A DROP OFF CLASS.

Mondays, Community Center

September 21 thru November 23 (no class Sept. 28, Oct. 12)

11:35 a.m. to 12:15 p.m. (A)

Maximum of 10 children

8 sessions

Fee: \$76.00

MUSIC & MOVEMENT FOR PARENTS & TOTS

41103

Instructor: Burr Johnson

A fun and exciting musical experience for tots (18 months to age 3) and their parents. This program is designed to develop perceptual motor skills, learning and socialization thru songs, movement, instrument playing and activities using a variety of props such as hoops, balls and more.

Wednesdays, Community Center

September 23 thru November 18 (no class Nov. 11)

10:15 a.m. to 10:45 a.m. (A)

10:45 a.m. to 11:15 a.m. (B)

Maximum of 12 children

8 sessions

Fee: \$64.00



MUSIC & MOVEMENT

41104

Instructor: Burr Johnson

A fun and exciting musical experience encouraging active participation. This program is for 3 and 4 year olds and develops perceptual motor skills, learning and socialization thru songs, instrument playing and activities using a variety of props; hoops, balls, and more.

Maximum of 12 children **THIS IS A DROP OFF CLASS.**

Wednesdays, Community Center

September 23 thru November 18 (no class Nov. 11)

11:15 a.m. to 12:00 Noon (A)

8 sessions

Fee: \$68.00

PARENT & TODDLER SPORTS INTRO

41105

Instructor: Chris Gifas

Parents & toddlers will participate in an interactive introduction to sports -- soccer/t-ball/basketball.

Toddlers will be taught basic skills with an emphasis on having fun. Ages 2 & 3

Tuesdays, Community Center

September 22 thru November 17 (no class Nov. 3)

11:15 a.m. – 12:15 p.m. (A)

8 sessions

Fee: \$60.00

ABC 123

41106

Instructor: Nora Pierce

Moms & teeny tots from 2 to 3 years old will spend quality time together playing & growing. Toddlers will be encouraged to interact and explore with toys, center-based activities & a variety of materials to spark their creativity. Join us to learn together while sharing ideas & introducing your toddler to new situations to prepare for pre-school. Max 10 participants

Tuesdays, Community Center

September 22 thru November 17 (no class Nov. 3)

10:30a.m. – 11:15a.m. (A)

8 sessions

Fee: \$65.00

TINY BALLERINAS

41107

Instructor: Leslie Schor

A class to guide young dancers through ballet stretches, movements and various dance games. Through role play as princesses and animals, they will learn basic ballet positions and jumps. This is a fun introduction to classical ballet for any child. For ages 3 & 4.

Tuesdays, Community Center Max 12 Children

September 22 thru November 17 (No class Nov. 3)

12:30 p.m. to 1:15 p.m. (A)

1:30 p.m. to 2:15 p.m. (B)

8 sessions

Fee: \$72.00

LIL' COOKS

41501

Instructors: Rosa Carra & Rosalie Fierro
This program for 3, 4 and 5 year olds introduces children to the art of cooking and baking. Children will prepare, cook and eat their own foods! This program will also enhance many skills such as early math skills, pre-reading skills, and language skills as they learn about measuring, counting, word and symbol recognition. Parents are invited to arrive 15 minutes prior to class ending, to enjoy their children's cooking creation. **THIS IS A DROP OFF CLASS**
Maximum of 8 Children.

Wednesdays, Town Hall Tower Room (A)
September 30 thru November 25 (no class Nov. 11)
12:30p.m to 2:00p.m.
Thursdays, Town Hall Tower Room
October 1 thru November 19
10:00 a.m. to 11:30 p.m. (B)
12:30 p.m. to 2:00 p.m. (C)
Fridays, Town Hall Tower Room
October 2 thru November 20
12:30 p.m. to 2:00 p.m. (D)
8 sessions
Fee: \$113.00

Children Programs

PRE- BALLET

42108

Instructor: Leslie Schor
Coordination, rhythm, body awareness and basic ballet principles are emphasized through age- appropriate activities. Students are introduced to elementary ballet terminology, positions, movements and musicality. Parents will have an opportunity to view a group presentation at the end of the session to admire the work the children have accomplished. Maximum 12 children
Tuesdays, Community Center
September 22- November 17 (no class November 3)
For ages 5 & 6
3:45 p.m. to 4:30 p.m. (A)
8 sessions
Fee: \$72.00



CREATIVE KIDS CRAFT

42103

Instructor: Nora Pierce
For K – 2nd grade
This program will include drawing, painting, constructions and crafts. Lots of materials for big imaginations and tiny hands to explore. **Bring a smock.**
NOTE: If your child attends Hawthorne Elementary School they will be supervised by the instructor immediately following dismissal.
NOTE: You must send a note to school every week if your child will be attending this program.
Mondays, Hawthorne Elementary School
September 21 thru November 23
(no class Sept. 28 & Oct. 12)
2:30 p.m. to 3:30 p.m. (A)
Maximum of 12 children
8 sessions
Fee: \$65.00

SAFE ON MY OWN

42401

Safe On My Own is a program for children in grades 3 thru 5, taught by a Red Cross Instructor, on the safety measures of what to do when home alone.
Bradhurst Community Center
September 23 – Diane Stonis (A)
November 5 – Diane Stonis (B)
December 4 – Joe Pepe (C)
4:00 p.m. to 6:00 p.m.
Maximum of 12 children
Fee: \$25.00

***NEW* ACTING THROUGH EXERCISES** **42210**

Instructor Michael C. Williams (Blair Witch Project, Altered, and The Objective) brings this new class to the residents of Chappaqua and Mt. Pleasant. The class will focus on providing the basics of the craft of acting through the use of many different games and exercises. Students will also work on small scenes through improvisation as well as scripted material. A great class to enhance self expression, creativity, teamwork, and confidence.
Fridays, New Castle Community Center, 10 Senter St., Chappaqua, NY
September 25th thru November 13th
Ages 8 thru 10- 6:00pm to 7:00pm (A)
Ages 11 thru 13- 7:15pm to 8:15pm (B)
Maximum 14 students.
8 sessions
FEE: \$80.00

BABYSITTERS TRAINING COURSE

Registration will be accepted upon receipt of this brochure.

BABYSITTERS TRAINING COURSE 42402

Instructor: Frank Pepe

Prepares students between the ages of 11 thru 15 with the training every parent wants in a babysitter.

This course includes safety, basic childcare, safe play, critical emergency action skills, CPR. Student will become certified in babysitting, and.

Friday, & Saturday, Community Center (A)

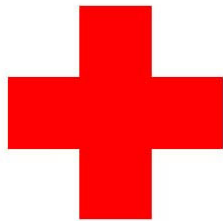
Friday, September 11 5:30p.m. to 8:30 p.m.

Saturday, September 12 10:00a.m. to 5:00 p.m.

NOTE: Student must attend both sessions.

Maximum of 10 children

Fee: \$85.00



***NEW* LIGHTNING LEARNERS 42102**

Instructors: Susan Kinlen & Loreen Forella

This after school Tutoring Program in run by two NYS certified teachers, specializing in Reading and Math.

During this hour, your child will be assisted with their individual academic needs, while developing the organizational skills and habits needed so that he/she can experience success at school.

Parent meeting first 10 minutes of first class

Wednesdays, Community Center

October 7 thru December 9 (No class Nov. 11 & 25)

Reading- Grades 1 – 5

3:30 p.m. – 4:30 p.m. (A)

Math – Grades 1 – 5

4:30 p.m. – 5:30 p.m. (B)

Maximum 12 participants

8 Sessions

Fee: \$98.00



JUNIOR COOKS 42502

Instructor: Rosa Carra & Rosalie Fierro

For 4th and 5th graders

The art of cooking & baking will be introduced. Children will prepare, cook and eat their own creations through hands-on experiences. All math, reading and language arts skills will be enhanced through the cooking process. Parents are invited to join their children 15 minutes before class ends to enjoy the finished product.

Fridays, Town Hall Tower Room

October 2 thru November 20

3:30 p.m. to 5:00 p.m. (A)

Maximum of 8 children

8 sessions

Fee: \$113.00



YOUTH TENNIS 42204

Instructor: Linda Rosensweig

Certified instruction for all levels of ability

Beginner: Enjoy the fundamentals including forehand, backhand, serve and basic play.

Intermediate: Instruction in ground strokes, volley and game strategy.

For ages 8 to 14.

Saturdays, Westlake High School Tennis Courts

September 19 thru October 17 (no class Oct. 10)

Beginner: 11:00 a.m. to 12:00 p.m. (A)

Intermediate: 12:00 p.m. to 1:00 p.m. (B)

Maximum of 12 children

4 sessions

Fee: \$57.00

AFTER SCHOOL SPORTS 42205

Instructor: Ken Fisher

A variety of sports and games are played emphasizing fun for all. For children attending schools listed.

IMPORTANT: Children may sign up for one class only. 2:30 p.m. to 3:30 p.m.

Columbus Elementary School

Wednesdays

September 23 thru Nov. 18 (no class Nov. 11) (A)

Thursdays

September 24 thru Nov. 12 (B)

Fridays

September 25 thru November 13 (C)

Maximum of 25 children per class

8 sessions

Fee: \$47.00

MT. PLEASANT FLAG FOOTBALL 42206

Program Director: Ken Fisher
Divisions of play are 3rd & 4th graders; 5th & 6th graders. First practices will be held in early September with games starting October and finishing early November. Flag football is non-contact...The offensive team plays for a first down midfield and a touchdown in the end zone. Running and passing plays are allowed. The defensive team covers the receivers, rushes the passer, and grabs flag belts to make "tackles." All youths play in each game. Practices/games are once a week.

Bradhurst Park – September 7 thru Nov. 2

Mondays, 4:00 p.m. to 4:45 p.m.

3rd & 4th Grade (A)

5th & 6th Grade (B)

Maximum of 60 children per grade group

NOTE: This program was advertised in the spring.

Registration for each grade group is limited.

Fee: \$65.00

MT. PLEASANT AMERICAN HERITAGE GOJU KARATE 42208

Head Instructor: Sensei Dayton Guinee
Welcome to our new program called "Little Lions"! This class meets twice a week for boys and girls ages 6 and 7 years of age. Our program is designed to train the students to further develop their basic motor skills, and to increase their balance, and hand eye coordination. Students will develop a healthier and stronger body through our effective exercise routine, while they are learning fundamental martial arts skills and acquiring other constructive knowledge. Our instructors use drills that are exciting and motivating, encouraging all to do their best through positive reinforcement. Non-aggressive self defense skills are taught at a speed and level that is appropriate for this age group. Male and female instructors focus on *Individual Growth for Individual Achievement!* Official uniform and school patch are *required* and can be purchased through the instructor. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate- Do organization.

**Additional \$15.00 discount per additional child
Community Center**

Mondays & Wednesdays

Sept. 21 thru Nov. 18 (no class Oct. 12 & 14)

4:00 p.m. to 5:00 p.m.

16 sessions

Maximum of 16 Participants

Fee: \$170.00

AFTER SCHOOL CLUB 42209

Stained Glass Painting Workshop

Instructor: Debbie Carr

For 3rd and 4th graders

Sign up early for this very popular workshop. Children will have fun painting in the authentic style of stained glass. Create your own designs on safe plexiglass while learning about color, line and patterns.

Creativity and imagination are encouraged while learning about this style of artwork.

Tuesdays, Kensico Elementary School

September 22 thru November 10 (no class Nov. 3)

3:00 p.m. to 4:15 p.m. (A)

Maximum of 15 children

7 sessions

Fee: \$80.00

INTRO TO COMET CHEERLEADING 42223

Instructors: Candace & Alex Munoz

This program is available to participants who have no cheer experience. Basic cheers, explosive jumps and various cheer techniques will be taught.

Thursdays, Community Center

Sept 24 thru Jan 28 (no class Nov. 26, Dec. 24, and 31)

Grades K to 3

3:45 p.m. to 4:30 p.m. (A)

Maximum of 12 children

16 sessions

Fee: \$136.00



INDOOR STREET GAMES 42207

Instructor: Pat Tufano

Come play the same games that Derek Jeter, Mark Teixeira, David Wright and Gary Sheffield played when they were kids. A weekly rotation of different street games: punch ball, slap ball, stick ball, kick ball, wiffle ball and running bases.

Fridays, Community Center

September 25 thru November 20 (no class Oct. 9)

Grades 1 & 2

3:30 p.m. to 4:30 p.m. (A)

Grades 3 – 5

4:30 p.m. – 5:30 p.m. (B)

Maximum of 30 children

8 sessions

Fee: \$44.00

HOLIDAY CRAFT WORKSHOP 52125

Instructor: Carol Rodrigues
This class will use different types of craft materials to create projects for gift giving during this holiday season. Treasure boxes, wreaths, greeting cards, ornaments, and decoupage are some of the examples of gifts your child will create.

Tuesdays, Town Hall Tower Room
November 17 thru December 22
Grades 1-5
4:00p.m. – 5:15 p.m. (A)
Maximum of 10 Children
6 sessions
Fee: \$77.00

SHINING STARS 42215

Instructors: Candace & Alex Munoz
This program incorporates teamwork with fundamentals of the Comet class. Cheerleaders experience the enjoyment of working together learning performance routines as a Cheerleading Squad. This program is goal-driven and our instructors will try to coordinate performances outside the regular curriculum so that the Stars can present their routines to the public. Such performances include tournaments, festivals, sporting events, senior citizen groups, and special events.

Tuesdays, Community Center
September 22 thru January 19
(no class Nov. 3 & Dec. 29)
Grades 1 to 3 (no cheer experience)
Red Team - 3:45 p.m. to 5:15 p.m. (A)
Grades 2 to 4 (with cheer experience)
Black Team – 5:15 p.m. to 6:45 p.m. (B)
Grades 5 to 12 (strong cheer & tumbling experience)
Senior Team – 6:45 p.m. to 8:30 p.m. (C)
Maximum of 25 children per class
16 sessions
Fee: \$268.00

NOTE: Uniforms are available for purchase through the instructor for an additional fee.

COMET CHEERLEADING 42214

Instructors: Candace & Alex Munoz
Beginning and experienced cheerleaders learn the fundamentals of cheerleading. Basic cheers, explosive jumps, dynamic dance, tumbling techniques, and various stunts are taught by experienced coaches. Comet promotes a fun-filled class teaching cheerleaders of all ages that combining their hard work with dedication can result in achieving great goals. Maximum of 25 children
Thursdays, Community Center
Sept 24 thru Jan 28 (no class Nov 26, Dec. 24, & 31)
Grades 1 to 4
4:30 p.m. to 5:15 p.m. (A)
16 sessions

Fee: \$126.00
NOTE: Uniforms are available for purchase through the instructor for an additional fee.

KEN FISHER YOUTH BASKETBALL 52213

Program Director: Ken Fisher
League games and instructional clinics for area youths. There are separate divisions for boys and girls in grades 3 thru 12.

Divisions of Play:
Midgets 3rd and 4th grades
Elementary 5th and 6th grades
Junior 7th and 8th grades
Seniors 9th thru 12th grades

Training and team assignments are held in November. League play starts in December. Any player in 5th to 12th grade that would like to be considered as a team captain should fill out the CAPTAIN'S form at the Recreation Office, when registering. Player registration must be submitted to the Recreation Office no later than Friday, October 2nd. After October 9th, registrations will be accepted on a space available basis only. **NOTE: BOTH REGISTRATION AND TRYOUT FORMS MUST BE FILLED OUT.**
Fee: \$58.00

Tentative Playing Days

- Boys Midget (3rd & 4th grades)
Saturday afternoons, 12:30pm & 4:30pm rotating
- Boys Elementary (5th & 6th grades)
Rotates – Mondays & Thursdays, 6:00pm and 7:00pm
- Boys Junior (7th & 8th grades)
Rotates Mondays, 8:00pm and 9:00pm
- Boys Senior (9th – 12th grade)
Rotates –Wed, Tues, & Thurs, 8:00pm and 9:00pm
- Girls Midget (3rd & 4th grades)
Wednesdays, 6:00pm and 7:00pm
- Girls Elementary (5th & 6th grades)
Tuesdays, 6:00pm and 7:00pm
- Girls Junior (7th grade & up)
Tuesday, 8:00pm

CARTOONING CLUB 42121

Instructor: Carol Rodriguez
Grades 1 to 5
This after school club will give your child a chance to learn the art of cartooning. A variety of different types of cartoons will be drawn including superheroes, animals, made-up creatures and whatever your child's imagination wants to create.
Tuesdays, Town Hall Tower Room
September 22 thru November 10 (no class November 3)
Intro to Cartooning – first time cartoonist
4:00 p.m. to 5:15 p.m. (A)
Maximum of 10 children
7 sessions
Fee: \$70.00

Teen Programs

AMERICAN HERITAGE GOJU KARATE 44201

Sensei: Dayton Guinee

WELCOME! This exciting and high energy martial arts program is designed by American Heritage Goju Karate – Do for boys and girls ages 7 thru 12. Students in this class will be taught a wide variety of self defense techniques in a motivating, structured, safe and friendly environment. Students will develop a healthier and stronger body through our effective exercise routine. Learning to achieve their goals by developing a more positive attitude is just one of the many benefits and rewards that our program has to offer. Male and Female instructors focus on *Individual Growth for Individual Achievements!* Sessions are held throughout the school year. Official uniforms and school patches are *required*, and can be purchased through the instructors. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate –Do organization.

Ages 7 ½ - 11.

Mondays & Wednesdays, Community Center

September 21 thru November 11 (no class Oct. 12 & 14)

All Belt levels

5:30 p.m. to 7:00 p.m.

(A)

14 sessions

Fee:

\$190.00



“ALL NEW PREMIER”

The Town of Mt. Pleasant Recreation Department and D.A.R.E. want to provide a unique, safe and fun environment for our young teens, so they can have a special night to mingle with friends, sing karaoke, dance to a hoppin’ DJ, and play games in the recreation room.

DATES: Fridays,

September 25, October 23, November 20

TIME: 7:00 p.m. to 10:00 p.m.

Fee: \$5.00 in advance / \$7.00 at the door

NOTE: Tickets can be purchased in the recreation office at Town Hall. Please dress appropriately.

Adult Programs

ADULT TENNIS 44204

Instructor: Linda Rosensweig

Certified instruction for all levels of ability.

Beginner: Basic instruction including forehand, backhand, serve, and game play.

Intermediates: Instruction in ground strokes, volley and game strategy.

Saturdays, Westlake High School Tennis Courts

September 19 thru October 17 (no class Oct. 10)

Beginner: 9:00 a.m. to 10:00 a.m. (A)

Intermediate: 10:00 a.m. to 11:00 a.m. (B)

Maximum of 10 participants

4 sessions

Fee:

\$70.00

DEFENSIVE DRIVING

Instructor: Dan Oderifero

Upon successful completion of this program, you may be eligible for a 10% insurance discount as well as a 4 point removal from your driving record. An additional fee of \$11.00, payable to the “National Safety Council” at the first class is required to receive the certificate.

Monday and Wednesday, Town Hall Tower

7:00 p.m. to 10:00 p.m.

September 21 and September 23 **24401 (B)**

October 19 and October 21 **44401 (A)**

November 9 and November 11 (B)

Monday & Tuesday

December 7 and December 8 (C)

January 11 and January 12 (D)

Maximum of 25 participants

Fee:

\$35.00

THE KNITTING CIRCLE 44118

Instructor: Sharon Campbell Rubens
This course is for all skill levels including no-skills-at-all. Beginners will learn the basics of this ancient craft and move on to hat and scarf projects. More experienced knitters can hone their skills, acquire new techniques, and work on projects of their choice. Bring to first class a pair of medium-size needles (US sizes 7-9) and any basic worsted weight yarn of a medium or light color or you may purchase a starter kit containing yarn, needles, book and tote from the instructor. Note: Sharon has taught knitting for over 20 years to all ages and also designs and sells specialized embroidery kits. She currently works in the yarn department at A.C. Moore in Yorktown Heights.

September 22 thru November 17 (no class Nov. 3)

Tuesdays, Community Center

9:30 a.m. to 11:30 a.m. (A)

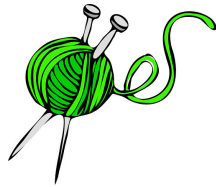
Tuesdays, Town Hall Tower Room

7:45 p.m. to 9:45 p.m. (B)

Maximum of 12 participants

8 sessions

Fee: \$72.00



TRAPSHOOTING FOR BEGINNERS THROUGH ADVANCED 45202

Instructors: Sue and Jack Gullotta
An introduction to clay bird shooting with instruction by experienced marksmen and more advanced instruction for experienced participants. Program includes discussion on fire arm safety and individual instruction. **Participants must be 16 years or older.** Program will be held at and with the cooperation of the Mt. Pleasant Sportsman's Club. Although there is no charge for this program, you must register by completing and mailing in the registration form. In the event of inclement weather please call the clubhouse at, 941-3607. Participants will receive a free gun lock compliments of Project Childsafe.

NOTE: Questions, please call Roger Buglione at 769-0470, or Sue Gullotta at 741-0452.

Mt. Pleasant Sportman's Club

9:00 a.m. to 1:00 p.m. (A)

Saturday, October 3 (A)

Saturday, November 7 (B)

Sign in at 8:45 a.m.

Program begins 9:00 a.m. sharp

Maximum of 15 participants

NOTE: Participants must purchase their own ammunition at \$7.00 per round of 25 shells. Anticipate shooting 2 or 3 rounds.

Fee: FREE

ALWAYS CHECK WITH YOUR PHYSICIAN PRIOR TO PARTICIPATING IN THESE ROUTINES AND/OR EXERCISE PROGRAMS.

YOGA 44304

Instructor: Chris Tangerman

This century's old practice is today's most popular fitness endeavor. Increase your body's strength, endurance and flexibility like no other program. As you practice Asanas (postures) along with conscious breathing, you will achieve a sense of calm, balance and well-being on more than just the physical plane. The session ends with deep relaxation and guided meditation. Men and women welcome. Wear comfortable clothing and bring a floor mat.

Wednesdays, Community Center

September 23 thru November 18 (no class Nov. 11)

Tues. 6:00 p.m. to 6:55 p.m. (A)

Tues. 7:00 p.m. to 7:55 p.m. (B)

Maximum of 20 participants

8 sessions

Fee: \$96.00



POWER SCULPT PLUS 44303

Instructors: Stacey Christiano & Michelle Saccurato

This is most effective combination fitness program to get you in great shape. Give us two mornings a week and we will give you a body to be proud of. Be prepared to sweat!

NOTE: Please bring an exercise mat and 3-5 lb. weights to class.

Wednesdays & Fridays, Community Center

10:00 a.m. to 11:00 a.m.

September 23 thru November 6

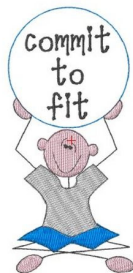
Maximum of 25 participants (A)

14 sessions

Fee per session Wed. & Fri.: \$120.00

Zumba (Co-Ed) **44310**
 Instructor: Peggy Raiskums, Certified Zumba Instructor
 The hottest fitness craze is here! Dance off those calories, burn that fat, tone and sculpt that body! Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating dynamic, exciting and effective fitness levels. Move at your own pace. Guaranteed to energize... it's easy to learn so come join the fun.
 Maximum 15 participants
Thursdays, Community Center
 September 24 thru November 5
 5:00 p.m. to 6:00 p.m. (A)
 6:05 p.m. to 7:05 p.m. (B)
7 sessions
Fee: **\$80.00**

FIT BALL WORKOUT **44314**
 Instructor: Carol Migliorelli
 ISCA/Promise Certified Instructor
 Do you have a "fit" ball (resistance ball) and don't know how to use it? This class is for you...learn correct positioning and exercise to tone and strengthen your body.
Mondays, Community Center
 September 21 thru November 23 (no class Sept. 28 & Oct. 12)
 8:00 p.m. to 9:00 p.m. (A)
 Maximum of 15 participants
NOTE: Please bring a workout mat and of course "The Ball"
8 sessions
Fee: **\$72.00**



20-20-20 **44302**
 Instructor: Carol Migliorelli
 ISCA/Promise Certified Instructor
 20 minutes of aerobic, 20 minutes of basic step, and 20 minutes of target exercises for those not-so-toned areas. Come workout – sweat – and feel great! Please bring your own step.
Thursdays, Community Center
 September 24 thru November 19
 8:00 p.m. to 9:00 p.m. (A)
 Maximum of 20 participants
9 sessions
Fee: **\$80.00**

PILATES **44309**
 Instructor: Stacy Christiano
 Pilates is a target sequence of movements designed to firm and strengthen the abdominal thigh and buttocks muscles. These focused exercises enable you to achieve a flatter stomach and firmer legs while improving your posture and coordination. Pilates is a fun and healthy way to reduce your stress level and attain a beautifully sculpted body. **NOTE:** Advanced beginners class uses Pilates balls.
Tuesdays, Community Center
 September 22 thru November 17 (no class Nov. 3)
Beginners: 6:00 p.m. to 6:55 p.m. (A)
Advanced beginners: 7:00 p.m. to 7:55 p.m. (B)
Thursdays, Community Center
 September 24 thru November 12
 9:30 a.m. to 10:30 a.m. (C)
 Maximum of 20 participants
NOTE: Please bring a towel and your own mat, if you have one. People without a mat are also welcome.
8 sessions
Fee: **\$80.00**

***NEW* 30 MINUTES TO FITNATION!** **44311**
 Sean Power, AFFA Certified Personal Trainer, Yonkers Firefighter
 Come on out for some fun and some intense interval training! Get the body you want in 30 minutes that would take most, at least an hour at the gym! Our routine will consist of constantly changing, fun exercises which combine weight training and cardio while traveling between stations. No heavy weights are necessary; in fact you'll be mostly lifting your own body weight. The best news is that this overall; 30 minute workout is all you'll need for the entire day! To wrap it up, we'll go over important stretches that will both reduce soreness and benefit the flexibility and health of the spine. All you need is a towel, an exercise mat and water, I will bring the rest!
NOTE: Check with your physician before taking this training. This program is outdoors. Schedule may change due to instructor availability.
 Three days a week: **Monday, Wednesday, and Friday**
Broadway Field
 September Session- September 21st thru October 16th
 5:30a.m. to 6:00a.m. (A)
 9:00a.m. to 9:30a.m. (B)
 7:00p.m. to 7:30p.m. (C)
 October Session- October 26th thru November 20th
 5:30a.m. to 6:00a.m. (D)
 9:00a.m. to 9:30a.m. (E)
 7:00p.m. to 7:30p.m. (F)
 If you cannot make a session, or if it is rained out, we will post, via e-mails, possible make up sessions.
12 sessions
 Maximum of 10 participants.
Fee: **\$120.00**

FIT AND FLEXIBLE**44307**

Instructor: Carol Migliorelli

One of the most helpful things you can do for your arthritis is to exercise wisely. A proper balance of exercise can help relieve stiffness and maintain or improve your joint mobility and muscle strength. This program is subsidized by a grant from the Arthritis Foundation.

Tuesdays, Community Center

September 22 thru November 17 (no class Nov. 3)

12:15 p.m. to 1:15 p.m. (A)

Maximum of 20 participants

8 sessions**Fee: \$60.00****SHALL WE DANCE: BALLROOM AND SWING DANCE****44103**

Instructor: Cameron Kelly & instructors

Dancing with a partner is back! Why sit on the sidelines at weddings, bar mitzvahs and parties when you can get up and dance? It's easy! Learn to swing, foxtrot, salsa and cha cha to great music. You'll be turning, dipping and swinging your lady with ease. Men are taught easy ways to lead so you make your partner look great. Put some spice back in your relationship! Singles meet some fun new people! Everyone has fun!

NOTE: The intermediate program is for those who have participated in the beginner program and have a firm knowledge of all basic steps.

Thursdays, Community Center

September 24 thru November 12

Beginners: 7:30 p.m. to 8:30 p.m. (A)**Intermediate:** 7:30 p.m. to 8:30 p.m. (B)

Maximum of 20 participants

8 sessions**Fee: \$80.00 per person****BEGINNER TAP DANCING FOR ADULTS****44104**

Instructor: Donna Simone

Have you always wanted to tap but never had the chance? Or do you want to brush up on some steps you used to do, but to today's popular tunes? Donna will inspire you to dance using new and exciting music along with your favorite show tunes. Burn more calories in one hour than the hardest workout just having fun and dancing up a storm! Tap shoes required.

Fridays, Community Center

September 25 thru November 13

12:00 p.m. to 1:00 p.m. (A)

Maximum of 20 participants

8 sessions**Fee: \$88.00 per person****BELLY DANCING****44306**

Instructor: Gina Bergamini

Have fun, lose weight, tone up, feel confident! As featured in the latest issue of Time Magazine, Belly Dancing is now being discovered by modern women as a great workout! This ancient dance is gaining in popularity in health clubs around the country as a way to stay in shape, burn calories, relax your mind and nurture your soul! Veils will be provided for use at first class. Barefoot please!

Tuesdays, Community Center

September 22 thru November 17 (no class Nov. 3)

8:00 p.m. to 9:00 p.m. (A)

Maximum of 20 participants

8 sessions**Fee: \$88.00 per person****MT. PLEASANT AMERICAN HERITAGE GOJU KARATE****44201**

Sensei: Dayton Guinee

WELCOME! Our Martial Arts Program is designed for adults and youths ages 12 and up. Students will learn a wide variety of self-defense techniques in a motivating, highly structured, safe and friendly environment.

Students will develop a stronger and healthier mind, body and spirit with our effective instruction, including meditation and relaxation techniques for stress management. Our program encourages respect for yourself and others while developing a more positive attitude, enhancing self-esteem and peaceful resolutions to conflict. Male and female instructors focusing on *Individual Growth for Individual Achievement!* Sessions are held continuously throughout the year. Uniforms and school patch are required and can be purchased through the instructor. All instruction, requirements, standards and rank promotions are governed by the American Heritage Goju Karate-Do Organization. **Ages 12 & up**

Mondays & Wednesdays, Community Center

September 21 thru November 11 (no class Oct. 12 & 14)

7:00 p.m. to 8:30 p.m. (A)

14 sessions**Fee: \$190.00****TOTALLY TONING****44301**

Instructor: Carol Migliorelli, ISCA/Promise Certified

Start off with low impact aerobic warm-up and then focus on toning the major muscle groups with specific exercises. Abdominal and glutes will be targeted.

X-ertubes will be provided. Please bring hand weights (3-5 lbs.) and an exercise mat.

Mondays, Community Center

September 21 thru November 23 (no class Sept. 28 & Oct. 12)

7:00 p.m. to 8:00 p.m. (A)

Maximum of 15 participants

8 sessions**Fee: \$60.00**

OPEN BASKETBALL

Swish! Take a few of your best shots at that hoop and you are headed for fun! Resident men and women and persons employed within the Town ages 18 and older.

When: Tuesdays
Sept 15 thru Nov 24
8:30p.m. to 10:00p.m.
Where: Community Center
Fee: \$3.00 each evening

OPEN VOLLEYBALL

Bump, volley, and serve, just get it over the net! Come join the fun and play a few friendly games of volleyball. Have twice the fun, bring a friend. Resident men and women and persons employed within the Town ages 18 and older.

When: Wednesdays
Sept 16 thru Nov 25
(No program November 11)
8:30p.m. to 10:00p.m.
Where: Community Center
Fee: \$3.00 each evening

Adult Basketball League

An organized meeting for ADULT BASKETBALL LEAGUES will be held on Thursday, November 12, at 7:00p.m. At the Mt. Pleasant Town Hall Rec Office. Enter via the Police Station. If you are interested in entering a team, you must attend or send a representative. Each league is limited to 24 teams. For additional information, contact the Recreation Department- 742-2365.



Family & Special Events

HARDSCRABBLE WILDERNESS AREA - TRAIL HIKE **Saturday, October 3** **45501** **FREE**

Residents of all ages are invited to "take a hike" on Saturday, October 3. This hike will be run under the direction and guidance of resident Bud Mortsch, who has been instrumental in maintaining the trails at Hardscrabble. Participants can enjoy a leisurely hike while admiring the breathtaking beauty of the area. Trails are of moderate difficulty and hiking shoes and a water bottle are recommended. This is a wonderful family or scout activity.

WHERE: Meet at Hardscrabble Wilderness Area entrance at Dogwood Lane, off Pleasantville Road in Briarcliff.

TIME: 9:00 a.m.

NOTE: Although there is no charge for this program, you must register by completing and mailing in the registration form in this booklet.

Maximum of 20 participants

PARENTS NITE OUT

56501

For grades K to 5

Parents, go out and enjoy yourself for a few hours on your own. We'll take care of the kids – you take care of yourself. Under the supervision of Recreation Staff, children will enjoy organized games in the gym; arts and crafts, ping pong, pool, air hockey and board games in the rec hall. **NOTE:** Please leave all electronics, including cell phones, home.

Saturdays, Community Center

5:30 p.m. to 9:30 p.m.

September 12

(A)

October 3

(B)

November 7

(C)

December 5

(D)

NOTE: Pre-registration required

Maximum of 70 children per session

Fee per session:

\$12.00 per child

Fee at door:

\$17.00 per child

***Includes 2 slices of pizza, ice cream & drinks**

KIDZ NIGHT OUT 46516

For grades 1 to 5

Friday, October 30 – MAD SCIENTIST (A)

The Mad Scientist is coming to the Town of Mt. Pleasant, just in time for Halloween! Get ready for a night of exciting entertainment, games, prizes, arts & crafts, food and fun. Who knows, we may even have some tricks & treats!

Friday, January 15, 2010 – WILD, WILD WEST (B)

Come to the Wild, Wild West here in our own town! All you Cowboys & Cowgirls come and gallop your way to the community center for games, sports in the gym, prizes, arts & crafts, food and lots of Hoedown fun!

Free Cowboy hat for all who pre- register!

Community Center

5:30 p.m. to 9:00 p.m.

NOTE: Pre-registration required

Maximum of 70 participants

Fee: \$17.00

Fee at door: \$22.00

***Includes 2 slices of pizza, drinks & snacks**

LADIES NIGHT OUT 44000

Yes ladies, here is your night!

B-I-N-G-O is back!

What can be better than a room full of ladies playing BINGO, enjoying great food & drinks, winning prizes and being with your friends!?! Leave your worries at the door!

For ladies 21 & over

WHEN: Friday, November 6

WHERE: Community Center

TIME: 6:00 p.m. – 9:00 p.m.

FEE: \$20.00

\$30.00 at the door

FALL FOLIAGE FESTIVAL

Saturday, October 17

Come out and enjoy this fabulous community celebration with the family. The day will include pumpkin decorating, face painting, games, music, food, refreshments and more!

Broadway Field, Hawthorne

11:00 a.m. to 3:00 p.m.



HALLOWEEN WINDOW DECORATING 42504

Friday, October 16

For ages 5 thru 12

Sponsored by the Mt. Pleasant Recreation and Parks Department and the Rosehill Shopping Center Merchants Association. Windows will be assigned at Rosehill Shopping Center.

Group 1: 3:15 p.m. to 4:15 p.m. (A)

Group 2: 4:15 p.m. to 5:15 p.m. (B)

All registration forms must be in the Recreation Office by October 9. Window assignments will be available on October 15.

NOTE: You must use permanent or paint markers. They are available at Thornwood Office Essentials or any art supply store.

Fee: \$5.00 per person



13TH ANNUAL HALLOWEEN COSTUME PARADE

Saturday, October 31

Parade begins at 11:00 a.m. The parade route begins at the American Legion, Legion Drive in Valhalla and continues to the Gazebo in the Village.

HALLOWEEN PARTY 41503

Saturday, October 31

For ages 3 to 6

Join us for some Halloween fun at the Mt. Pleasant Community Center. Come in your costume, enjoy a hot dog, chips and juice, make a Halloween craft and receive some Halloween treats.

12:00 p.m. to 1:30 p.m.

Maximum of 40 children

Fee: \$15.00

STUFF A CRITTER/ MAKE A PIE 46518

Saturday, November 21

Instructors: Nora Pierce

For grades K to 3

Stuff a critter, then make a delicious pie to bring home. While waiting for the pie to bake, read a Thanksgiving story and make a craft.

THIS IS A DROP OFF PROGRAM.

Community Center

12:00 p.m. to 1:30 p.m. (A)

Maximum of 15 children

Fee: \$20.00

Senior Citizen Programs & Activities

CLUB MEETINGS

All meetings are held at the Mt. Pleasant Community Center on Lozza Drive in Valhalla, from 12:00 p.m. to 3:30 p.m. except holidays. Coffee is available as is the opportunity to socialize with your friends, old and new. All persons 55 years of age and older, living in the Unincorporated portions of the Town of Mt. Pleasant, are eligible to join the clubs. Other activities include: arts and crafts, cards, bingo, pool, ping pong and much, much more.

THORNWOOD NEIGHBORHOOD GROUP

President: Mr. Anthony Sardinelli
Club meets Mondays, except holidays.

PLEASANT SENIORS OF MT. PLEASANT

President: Mr. Dominick D'Arrigo
Club meets on Thursdays, except holidays.

SENIOR CITIZEN DISCOUNTS

Residents over 60 years of age are entitled to discounts of 50% on all programs listed in the Adult Programs sections of this brochure except trips.

SENIOR CITIZEN TRIPS AND LOCAL EVENTS

All residents of the Unincorporated Town of Mt. Pleasant who are at least 55 years old are eligible to participate in senior citizen trips. A monthly senior citizen flyer detailing upcoming senior activities is available the first workday of each month at the Recreation Department Office and Community Center. Registration for new programs start approximately one week later. One month after a trip first appears in the senior flyer, non-resident guests will be accepted on a space available basis.

Day trips, extended trips and local events currently being planned:

Sept. 8 & 11	AARP Driving Course
October 13	Platzl Brauhaus Oktoberfest
October 27	Foxwoods Casino
November 17	Flu Shots
November 24	Mohegan Sun
November 30	Radio City Christmas Show

All trips and events are subject to change. Please check our Senior Flyer each month for details on all upcoming trips!

MONTHLY BOOK CLUB

Facilitator: Karen Rippstein
The Book Club welcomes new members to come join them for book reading and discussion. Meeting dates are generally the third Wednesday of the month at the Community Center beginning at 1:30 p.m. Please check the Senior Flyer for details.

WEEKLY PROGRAMS

Mondays

10:00 a.m.	Lunch Bunch Lunches Suggested contribution \$3.00 with transportation \$2.50 without transportation
12:00 p.m.	Thornwood Neighborhood Group Club Meeting
12:30 p.m.	Blood Pressure Testing (2 times a month, see senior flyer for dates)
1:00 p.m.	Strengthen and Tone with Michelle Saccurato \$1.00 fee

Tuesdays

10:00 a.m.	Shopping Trips to local shopping centers – call 592-6441
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Wednesdays

10:00 a.m.	Lunch Bunch Lunches Suggested contribution \$3.00 with transportation \$2.50 without transportation
11:00 a.m.	Line Dance and Exercise with Cameron Kelly \$1.00 fee

Thursdays

11:00 a.m.	Seniorize with Stacey Christiano \$1.00 fee
12:00 p.m.	Pleasant Seniors of Mt. Pleasant Club Meeting
12:30 p.m.	Blood Pressure Testing (2 times a month, see senior flyer for dates)

Fridays

10:00 a.m.	Lunch Bunch Lunches Suggested contribution \$3.00 with transportation \$2.50 without transportation
11:15 a.m.	Floorworks deluxe with Margaret Cunzio \$2.00 fee

All programs are located in the **Community Center** unless otherwise noted and do not take place on holidays.

BOCCE COURTS

The Thornwood Lions Club has constructed and donated two bocce courts. The courts are at the Mt. Pleasant Community Center. Bocce balls will be available to sign out at the Community Center and Pool.

Office of Elder Americans

914-592-6441

63 Bradhurst Avenue

Hawthorne, NY 10532

Director of OEA, Kathryn Fox

Recreation Supervisor, Robin Fleming

Services are offered to residents 60 years old

The Office of Elder Americans offers support and guidance to individuals and families living within the unincorporated areas of the Town of Mount Pleasant, including Thornwood, Hawthorne and Valhalla.

The purpose of the Office is to provide services and support that reduce social isolation allowing the individual to be maintained in their home environment, preserving their dignity and independence.

NUTRITION PROGRAMS

You **must** call ahead two business days if you wish to participate, attend or need transportation for the following programs:

***The Pleasant Lunch Bunch** (3 days/week) M,W, F

Community Center 11:00 am. to 2:00 p.m. A nutritious hot lunch is provided as well as nutrition education. Activities include Bingo, Cards and Friendship!

***Bradhurst Senior Day Center** (3 days/week) T,W,Th

Bradhurst Community Center 11:00 am. to 2:00 p.m. Frail and/or socially isolated individuals are provided therapeutic activities, socialization, and a hot lunch in a warm, supportive setting. This atmosphere also provides respite for caregivers.

***Home Delivered Meals** (5 days/Week, Monday – Friday)

Up to two nutritious meals a day can be provided for any person 60 years or older who are frail, isolated, homebound individuals, unable to meet his/her nutritional needs because of difficulty in shopping and preparing meals. This program is available on a temporary or on-going basis.

HEALTH AND SUPPORT SERVICES

Information, referral and or assistance with issues pertaining to the senior population such as entitlements, benefits and home health care.

Visiting Nurse Service of Westchester. Blood pressure and blood sugar screening is available on the second Wednesday of the month from 11:00 a.m. to 12 noon at the Mt. Pleasant Community Center except during the months of July, August, December and 2nd Tuesday at Bradhurst Community Center..

***Weekly shopping** trip to local supermarkets on Tuesdays.

- Please limit your groceries to **only two bags**.
- Should be able to **carry them without help**.
- **The 1st, 3rd & 5th** weeks of the month we shop at **Shop Rite**.
- **The 2nd & 4th** weeks of the month we shop at **A&P**.
- **Reservations** for shopping are taken the **TUESDAY** before the week you want to shop on a first come first serve basis.

CONTRIBUTIONS

For services indicated *, a contribution is requested. Call OEA Office for more information. No individual is denied a meal if they are unable or unwilling to meet the suggested contribution.

Employment opportunities, community service, internship and a variety of volunteer experiences are also available. For information, call 592-6441.

Office of Elder Americans is a subcontractor of the Department of Health and Human Services, NYS Office for Aging, Westchester County Department of Senior Programs and Services.

AMERICANS WITH DISABILITIES ACT

The Mt. Pleasant Recreation and Parks Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy our programs and activities to the fullest extent possible. When registering, please let us know if you or your family members have any special needs.

NORTH EAST WESTCHESTER SPECIAL RECREATION



Programs offered by North East Westchester Special Recreation, an agency supported and sponsored by Mt.

Pleasant, are available to children and adults with developmental disabilities from our community. North East programs offer a variety of year-round recreation activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, professionally staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies.

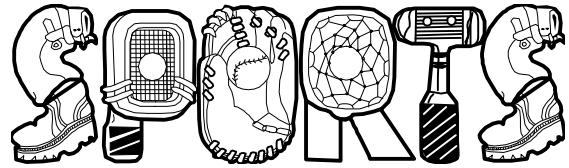
For information call 347-4409.

Employment opportunities, community service credit, educational internships, and a variety of volunteer experience are also available at North East.

MOUNT PLEASANT BRANCH LIBRARY 741-0276

The Mt. Pleasant Branch Library is located in the Community Center. The branch has a collection of approximately 17,000 books (adult and juvenile), popular magazines and a small reference area, as well as a rotating collection of videos, talking books, compact discs and large print books. A variety of craft programs and story times are offered for children. Access to the Internet and other computer databases are also available.

Hours:	Mondays	10:00 a.m. to 5:00 p.m.
	Tuesdays	10:00 a.m. to 5:00 p.m.
	Wednesdays	10:00 a.m. to 8:00 p.m.
	Thursdays	10:00 a.m. to 5:00 p.m.
	Fridays	10:00 a.m. to 2:00 p.m.
	Saturdays	10:00 a.m. to 2:00 p.m.



YOUTH SPORTS ORGANIZATIONS

Many youth sports in the Town are organized by voluntary organizations. These groups are listed below:

Baseball/Softball

Sherman Park Little League

Hawthorne, Thornwood, parts of Valhalla and Pleasantville
Programs for ages 6 to 15

Contacts: Steve Surace 447-3184

Kensico Little League

Valhalla, North White Plains and parts of Greenburgh.
Programs for ages 4 to 15

Contact: Bob Candrea 288-0504

Football

Mt. Pleasant Wildcats Football Club

Contact Football & Cheerleading for 3rd, 4th, 5th & 6th grade students of the Mt. Pleasant Central School District. Program runs from August through November

Contact: Vito Virgilio 449-6139

Soccer

AYSO

Program for ages 4 to 18
Coaches, referees, and volunteers needed.

Contact: Jim Dore 909-6651

Mt. Pleasant United Soccer Club

A competitive travel soccer league

Contact: Denise Addorisio 682-7808

TOWN OF MOUNT PLEASANT

RECREATION AND PARKS DEPARTMENT

PARK FACILITIES

PARKS & FACILITIES	Tennis	Soccer	Bocce	Basketball	Baseball/Softball	Volleyball	Swimming	Fishing	Ice Skating	Picnicking	Camping	Hiking Trails	Natures Study	Playground	Community Center	Shelter	Acres			
																	Passive	Active		
1 Hardscrabble Wilderness Area Dogwood Ave., Briarcliff											3	6	1					235		
2 Mountain Trail Park Lake Shore Dr., Pleasantville												1						5		
3 Bear Ridge Lake Lake Shore Dr., Pleasantville								1	1	1									2	
4 Old Farm Hill Park Old Farm Rd., Pleasantville				U	N	D	E	V	E	L	O	P	E	D					22	
5 Water District Field Garrigan Ave., Thornwood		1			1														6	
6 Opperman's Pond Lake Dr., Pleasantville								1	1	1								2	4	
7 Mt. Pleasant Town Pool & Community Center 125 Lozza Dr., Valhalla			2	1		1	1			1				1	1				12	
8 Broadway Field Broadway, Hawthorne				3	1	1				1				1		1			6	
9 Pheasant Run Park Pheasant Run Rd., Pleasantville				U	N	D	E	V	E	L	O	P	E	D					16	
10 Carroll Park Rolling Hills Rd., Thornwood					1			1	1	1				1				5	7	
11 Westlake H.S. Joint Venture Westlake Dr., Thornwood	4	3		2	3														20	
12 Stonegate Park Eastview Ave., Valhalla				1	1					1		1	1			1		9	3	
13 Valhalla H.S. Joint Venture Columbus Ave., Valhalla	4	1			1															
14 Bradhurst Park & Community Center 63 Bradhurst Ave., Hawthorne					1					1				1	1				7	
15 Lakeside Park Westlake Dr., Valhalla		2																	6	
16 Pat Henry Field S. Kensico Ave., Valhalla					1														2	
17 Hawthorne Elementary School Memorial Dr., Hawthorne					2									1				10	7	
18 Columbus Ave. School Columbus Ave., Thornwood					1									1				10	6	
19 Bronx River Reservation Field Virginia Road, Valhalla					1														2	

**MAP
NEEDS
TO
BE
INSERTED**



Mt. Pleasant Recreation & Parks Department

(Please fill out & return with your basketball registration)

Name _____ . School Grade _____ .

PHONE _____ . (MALE) (FEMALE)
(CIRCLE ONE)

.....
(DO NOT WRITE BELOW)

DIVISION: MIDGET ELEMENTARY JUNIOR SENIOR

HEIGHT: (S) (M) (T)

PASSING: _____

LAYUP: _____

ABILITY: (A) (B) (C)

SET SHOT _____

FOUL SHOT _____

TOTAL POINTS _____ .

DRIBBLE: _____ **(SCALE OF POINTS) 1 2 3 4 5 (5 BEING HIGHEST)**

Team Captain _____

.....
TEAM CAPTAIN _____ **TEAM NAME** _____ .

Captain phone _____ **GRADE** _____ .

(A) (B) (C) **Tryout #** _____ .

